Exercise Science Program Information

Undergraduate applicants seeking admission to the exercise science program are required to submit a file of materials for review by the Department of Physical Education and Human Performance (PE&HP). Applications for admission may be obtained in the Department of Physical Education and Human Performance, Kaiser Hall, Room 0180. Acceptance to the professional program is typically completed by the second semester sophomore year.

REQUIREMENTS FOR ADMISSION

1. Completion of application to the professional program for Exercise Science.
2. Completion of 45 credits of academic work.
3. Successful completion of EXS 113 *Foundations of Exercise Science* or equivalent, EXS 207 *Anatomy and Physiology in Exercise Science I* and EXS 211 A&P I laboratory or EXS 208 *Anatomy and Physiology in Exercise Science II* and EXS 212 A&P II laboratory.
4. Successful completion of 3 credits of required skills courses including EXS 275 *Training for Sport Performance* or equivalent or EXS 280 *Leadership in Exercise & Wellness* or equivalent.
5. University grade point average (GPA) of 2.50.
6. Departmental grade point average (GPA) of 2.70.
7. Two letters of recommendation from persons who can best assess the candidate’s potential.
8. The presentation of an essay demonstrating command of the English language, citing reasons for wanting to enroll in the program, and emphasizing experiences related to exercise science (500-750 words).
9. An interview with the Screening Committee of the Department of Physical Education and Human Performance, including at least one exercise science faculty member.

APPLICATION DEADLINE

Fall Semester: September 10
Spring Semester: February 10