

## MARRIAGE AND FAMILY THERAPY PLAN OF STUDY BY SEMESTER

### (Sample Full Time Schedule)

#### **PHASE 1 – PRE-CANDIDACY**

**Prerequisites:** May be taken during Fall, Spring, or Summer semesters (during your first year in the program).

MFT 505 – Counseling and Human Development across the Lifespan (3) or PSY 512 - Seminar in Developmental Psychology (3)

CNSL 501 - Theories and Techniques in Counseling (6)\*\*

| <u>YEAR 1</u> | <u>Fall Semester</u>  | <u>Spring Semester</u>  | <u>Summer Semester</u>  |
|---------------|---|---|---|
|               | <b>MFT 541 - Intro to Theories of Family Systems (3)</b><br><b>MFT 542 – Ethical, Legal, and Professional issues in MFT (3)**</b><br><br>Prerequisite courses may be taken during this semester. Join AAMFT ( <a href="http://www.aamft.org">www.aamft.org</a> )  | <b>PHASE 2 – DEGREE CANDIDACY</b><br><br><b>MFT 551 - Structural/Strategic/Behavioral Family Therapies (3)</b><br><b>MFT 556 - Systemic Perspectives on Mental Disorders (3)**</b><br>MFT 557 - Action Methods in MFT (3)*<br><br>Last Friday in January – MFT Placement Fair for Practicum and Internship held at CCSU | NOTE: Some MFT courses that are scheduled for the Fall and Spring semesters (except sequenced courses – <u>in BOLD</u> ) are offered during Summer and on a rotational basis for students' convenience. Students may take courses in the summer, as offered (denoted by an asterisk [*]). Courses offered every Summer are designated with [**]).                                       |
| <u>YEAR 2</u> | <u>Fall Semester</u>  | <u>Spring Semester</u>  | <u>Summer Semester</u>  |
|               | <b>PHASE 3 – PRACTICUM YEAR</b><br><br>MFT 543 - The Family Life Cycle (3)*<br>MFT 544 - Families in Context: Gender & Cultural Dimensions (3)<br><b>MFT 552 - Experiential, Intergenerational &amp; Psychodynamic Family Therapies (3)</b><br><b>MFT 583 - Marriage &amp; Family Therapy Practicum I (3)</b> | MFT 598 - Research Methods in MFT (3)**<br>MFT 555 - Dysfunctional Family Processes (3)*<br><b>MFT 584 - Marriage &amp; Family Therapy Practicum II (3)</b><br><br>(Practicum: 12 hours on-site at agency per week plus weekly 2-hour seminar with MFT faculty – MFT 583 and MFT 584)                                   | <b>PHASE 4 – INTERNSHIP</b><br><br><b>MFT 585 - Marriage &amp; Family Therapy Internship (3)</b><br>3 semesters (12 months): 400 clinical contact hours (200 must be “relational”) with minimum 100 hours of supervision by an AAMFT Approved Supervisor (faculty supervision at CCSU) 50 hours of supervision (“raw” clinical data that includes audio/video/live supervision formats) |
| <u>YEAR 3</u> | <u>Fall Semester</u>  | <u>Spring Semester</u>  |   |
|               | MFT 554 - Couples Therapy (3)<br><b>MFT 585 - Marriage &amp; Family Therapy Internship (3)</b><br><br>Elective*   | <b>MFT 585 - Marriage &amp; Family Therapy Internship (3)</b><br><b>Capstone Project: Case Presentation</b><br><b>MFT Comprehensive Practice Exam during the Internship Year</b>  | <u>Plan E</u> – Capstone Non-Thesis (Typical)<br><u>Plan A</u> – Capstone PLUS Thesis (Optional)  |

#### **Notes:**

This is a sample semester-by-semester description of the curriculum, which shows the general structure of the program. Courses in **bold** are taken in the sequence, as shown. Other courses may be taken as available and in any order, providing that course prerequisites are met.

This curriculum is designed to expose students to key theoretical knowledge and clinical techniques prior to the Internship experience. MFT 541 is a prerequisite for all MFT specialization courses. **All MFT students must follow the sequence** of MFT 541, MFT 542, MFT 551, MFT 556, MFT 552, MFT 583, MFT 584, and MFT 585 during the specified semesters. MFT 551, MFT 542, and MFT 556 are prerequisites for MFT 583/MFT 593. **All other MFT courses may be taken anytime after completion of MFT 541 and acceptance into the program.** The elective course can be any graduate-level course that fits coherently with the student's professional interests.