

STORIES OF REDEMPTION AN EDUCATIONAL WORKSHOP & PEER RECOVERY COACHING RESOURCES

Led by CCSU Alumnus, Virginia Adams, MFT, RCP from the Connecticut Community for Addiction Recovery (CCAR) with Introduction by Dr. Reginald W. Holt

Join us for an inspiring and educational workshop that explores the journey from addiction to recovery through stories of hope, resilience, and personal transformation. Participants will gain valuable insight into the recovery process while learning about community resources and peer recovery coaching services that support longer-term wellness.



Thursday, November 5, 2026
3 PM - 4:30 PM



Central Community Health
Education Clinic

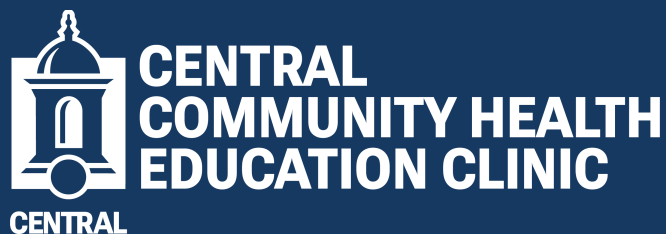
180 Paul Manafort Dr.
New Britain, CT 06053

Accessible via CTFastrak Bus Stop #144

Who should attend?

- Individuals in recovery, family members and loved ones
- Students and professionals
- Community members seeking education and awareness
- Anyone interested in understanding addiction and recovery

DISCLAIMER: *This educational workgroup is not designed to diagnose, prevent, or treat any condition nor are the sessions intended as a substitute for professional healthcare services.*



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