

# SIGNS & SYMPTOMS OF PROBLEM GAMBLING

## AN EDUCATIONAL WORKSHOP WITH REVIEW OF COMMUNITY RESOURCES

LED BY CT COUNCIL OF PROBLEM GAMBLING (CCPG)  
WITH INTRODUCTION BY DR. REGINALD W. HOLT, LPC



Join us for an educational workshop designed to increase knowledge of problem gambling and awareness of local and national support resources.



**Wednesday, October 28, 2026**  
**3 PM - 4 PM**



**Central Community Health  
Education Clinic**

180 Paul Manafort Dr.,  
New Britain, CT 06053

*Accessible via CTFastrak Bus Stop #144*

### Who should attend?

This workshop is ideal for:

- Individuals concerned about gambling behaviors
- Healthcare providers, counselors, and educators
- College and university students in helping professions
- Anyone interested in learning how to recognize the signs of problem gambling and access support resources

***DISCLAIMER:*** This educational workgroup is not designed to diagnose, prevent, or treat any condition nor are the sessions intended as a substitute for professional healthcare services.



**CENTRAL  
COMMUNITY HEALTH  
EDUCATION CLINIC**



[ccsu.edu/chec](https://ccsu.edu/chec)



860.832.0235



[clinic@ccsu.edu](mailto:clinic@ccsu.edu)

### **FOLLOW US!**



Central Community Health  
Education Clinic



[central.communityclinic](https://www.instagram.com/central.communityclinic)



SCAN ME