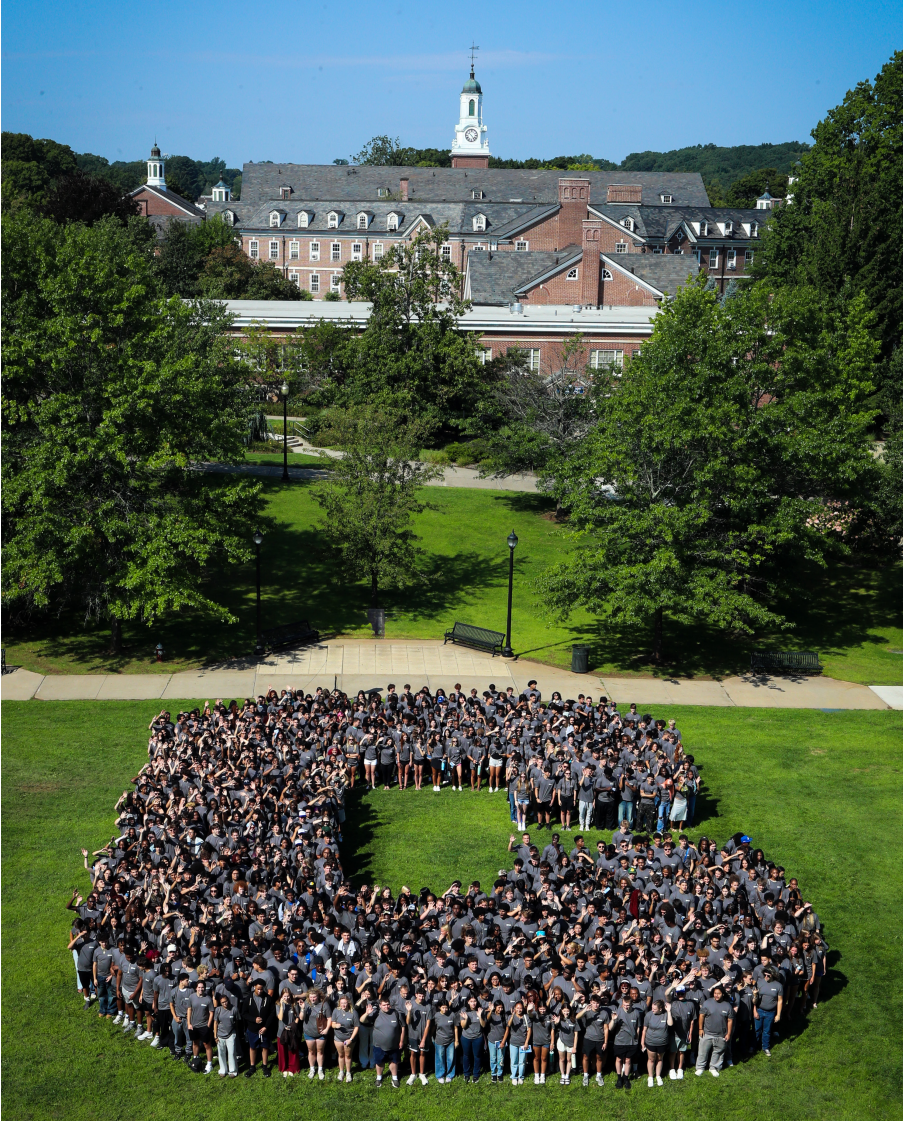




BLUE DEVIL BULLETIN

• A Newsletter for Central Families •



September Issue: What's Inside?

Move-In & Convocation Day
Highlights

First Year Experience

Campus Highlight:
Resources & Support

Parents/Families as
Partners: Success Tip

Health & Well-Being

Important Upcoming Dates

The Fall Semester is well underway!

For **new** students' families: By now, your students are settling into classes, meeting new people, and getting a feel for college life. We know this time can be exciting, but it can also come with some challenges as students adjust to being more independent.

For **returning** families: Welcome to your first issue of the Blue Devil Bulletin. This newsletter will serve as a way to connect you to Central resources and the supports & programs available to your student.

All Families: In this edition, you'll find helpful tips for staying connected with your student, information about campus resources and upcoming events, and updates from our First-Year Experience. We hope you find these resources helpful as you continue to support your student throughout the semester!



MOVE-IN & CONVOCATION RECAP

What a great start to the new school year! More than 1,100 new students joined us for Move-In Day and Convocation. Despite the rain, our campus community came together to give students a warm welcome. The celebration continued with evening activities, Convocation, and our annual Kizer's Kickoff, featuring performances, a DJ, prizes, dancing, and plenty of fun!

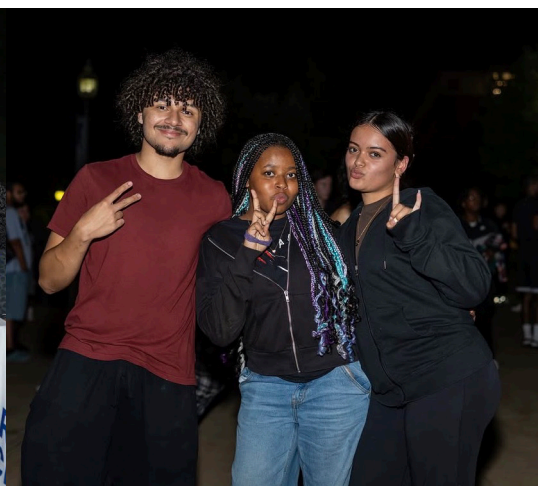
FIRST YEAR EXPERIENCE

We're nearing the halfway point of the semester, and your students have been busy! In their First-Year Experience (FYE) classes, they've been building connections with peers, faculty, and Peer Leaders while getting to know campus resources. From scavenger hunts and interactive reflections to events like Manhunt, Roblox Night, and Big Prize Bingo, they're finding their footing and getting connected to campus life.

As students enter their first college midterm season, here are a few ways you can support them from home:

- **Encourage campus support:** Remind them to take advantage of resources like the Writing Center, Learning Center tutoring, and Student Wellness & Counseling.
- **Encourage studying together:** This is a great time to form study groups or connect with their FYE Peer Leader for support and study tips.
- **Frame midterms as feedback:** Whether their grades are great or show room for growth, midterms are a chance to reflect and adjust. Ask questions like, What study habits are working well? What might you try differently next time?

It feels like we just started, but the semester is flying by! There's still plenty ahead, and before we know it, we'll be talking about finals.



*If you missed **First Day of Class** photos, you can check them out [here](#).*



HIGHLIGHT: CAMPUS RESOURCES & SUPPORT

Writing Center

The Writing Center offers free one-on-one tutoring. They provide resources, strategies, and techniques for writing across disciplines and genres.

Tutoring is free and offered by the Learning Center (TLC) for a variety of STEM-based courses. Tutoring appointments can be held in person or virtually. Appointments can be made by the student on the TLC bookings link located on the website. Drop-in tutoring is also available Monday-Thursday, 11 a.m. - 2 p.m.

Career and Professional Development offers resume and cover letter support, interview preparation, career and major exploration, job & internship connections, and a Career Closet! Students are encouraged to download the Handshake app to search for jobs and Internships, or to make an appointment with the Career team!

Success Matters is an outreach program that helps faculty and staff identify students who may be in distress. Student Affairs or Learning Center staff will reach out to students and connect them with assistance & resources to increase their network of support and chances of success.

GOOD NEWS! The 2027–2028 FAFSA Is Open!

Don't wait — complete your FAFSA as soon as possible:

[FAFSA® Application](#) | [Federal Student Aid](#)

Central's priority FAFSA deadline is March 1.

Submitting your FAFSA by the priority deadline helps ensure you are considered for available financial aid and priority funding.

Questions? Call our Financial Aid Office ☎ 860-832-2200 or **email** ✉ finaid@ccsu.edu



PARENTS/FAMILIES AS PARTNERS

College is a time of growth and independence—for students and families alike. As parents and families, you remain an important partner in your student's journey. This page offers simple tips and helpful reminders for supporting your student while giving them the space to grow, learn, and take ownership of their college experience.

Healthy Communication

- As students settle into college life, communication may look a little different. They may not call or text as often, and that's okay! Give them space to grow while letting them know you're there when they need you.

Support, Don't Solve

- College is an important time for students to practice handling challenges on their own. Instead of immediately solving a problem, try asking questions that help your student think through their options and identify their next steps.

No PowerSchool—Now What?

- College students are responsible for keeping track of their grades, deadlines, emails, assignments, and appointments. See below for helpful email tips for success.

Questions to Ask

- Try questions that encourage conversation and independence:
 - "What's something that went well this week?"
 - "Is there anything you're trying to figure out?"
 - "What's your next step?"
 - "How can I support you?"



Question of the Month: Am I supporting or solving?

- When your student brings you a challenge, pause before jumping in. Ask yourself: Is this something they need me to handle, or is this an opportunity for them to practice handling it themselves? Sometimes the best support is simply listening, asking a thoughtful question, and reminding them that you believe they can figure it out.

SUCCESS TIP: Students must check their Central Email regularly!

Email is one of the most important tools students have in college. Encourage your student to make checking their college email a regular habit.

Important 'emailed' information may include:

- **Deadlines:** Registration, assignments, payments, and important dates
 - **Campus Information:** Events, Announcements, and updates
- **Opportunities:** Clubs, programs, jobs, internships, and campus activities
- **Important messages:** Communication from professors, advisors, and campus offices

A quick daily email check can help students stay informed, organized, and connected.



HEALTH & WELLBEING

Flu clinic on Wednesday, October 7

11:30 a.m. - 2:30 p.m.

Barnard Community Room

*Walk-ups welcome!

*Email sws@ccsu.edu with questions or contact [Health Services](#) at 860.832.1925

Counseling & Wellness is free and available on campus Monday-Friday from 8am-5pm in the Student Wellness Center, Willard-DiLoreto, Suite 101.

Students make appointments by calling (860) 832-1926, or stopping by in person during office hours.

Students will be assigned to a counselor who they will meet with throughout their treatment here at the counseling center. Services are confidential.



Campus Recreation is booming!

Intramurals: Students play sports to stay active & have fun with friends!

Intramural Fall Sports are underway! Intramural Spring Sports include: Basketball, Flag Football, Softball & Dodgeball.

Fitness Classes include Yoga, Lifting, Sculpt/Tone, Pilates & Cycling. Students sign up to attend at myrec.ccsu.edu.

Clubs Sports give students the opportunity to participate in competitive sports with other intercollegiate teams.

Campus Recreation also offers personal training, special events throughout the year, and wellness programs. Follow them on IG @ccsucampusrecreation

For updates on wellness-related events, follow CCSU_Counseling & CCSU_Wellness on Instagram!

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UPCOMING DATES TO NOTE:

October 8-10, Homecoming & Family Weekend

October 19: Midterms

October 19-30: Spring Academic Advising Period

October 30: Spring Registration Begins

November 25-29: Thanksgiving Recess, No Classes

December 6: Last Day of Fall Classes

December 7-13: Final Exam Period

GETTING INVOLVED & CONNECTING TO THE CAMPUS

Making new friends can be awkward; Club Central can Help! Students can log on to ClubCentral.ccsu.edu with their email account to join clubs and browse events or meetings, and meet new people!

Follow Student Activities & Leadership Development on Instagram @ccsusald

Residents: Follow CCSURESLIFE on Instagram for information on Residence Life events, hall programs and updates!

Commuters: Check out COMMUTECENTRAL on IG for events created with commuters in mind!

Attending Athletic Events is also a great way for students to meet others and connect more to the campus. Visit our Athletic Schedule here



Elihu Burritt

Library Hours:

Monday-Thursday:

7:30am-10:45pm

Friday: 7:30am-7pm

Saturday: 9am-3:45pm

Sunday: 2-9:45pm



New Student Programs

Central Connecticut State University
860.832.1234 | orientation@ccsu.edu

Follow: CCSUOrientation (IG) CCSU.Parents.Families (IG)
CCSUOfficial (IG) CCSU New Student Programs (FB)