

CAN YOU RECOGNIZE DEPRESSION?: DEPRESSION AS A CO-MORBIDITY TO PHYSICAL ILLNESS

AN EDUCATIONAL WORKSHOP

LED BY DR. JACKIE CANTOR, APRN & DR. REGINALD W. HOLT, LPC



Tuesday, October 27, 2026
3 PM - 4 PM



**Central Community Health
Education Clinic**

180 Paul Manafort Dr.,
New Britain, CT

Accessible via CTfastrak Bus Stop #144



Workshop Learning Objectives

- Demonstrate an understanding of the need to de-stigmatize depression.
- Identify physical illnesses could include depression.
- Identify at least 3 symptoms of depression.
- Identify a health-promoting behavior to incorporate into their lifestyle.
- Identify patient/client support resources.

DISCLAIMER: This educational workgroup is not designed to diagnose, prevent, or treat any condition nor are the sessions intended as a substitute for professional healthcare services.



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