



College of Health and Rehabilitation Sciences Advising Center

Exercise Science Professional Program Information

Undergraduate applicants seeking admission to the exercise science program are required to submit a complete application on Task Stream and meet all specific requirements listed below. Acceptance to the professional program is typically completed by the second semester sophomore year.

REQUIREMENTS FOR ADMISSION:

- Completion of 45 credits (15 credits at CCSU).
- Cumulative grade point average (GPA) of 2.50.
- Department grade point average (GPA) of 2.70.
- Successful completion of EXS 109 Introduction to Human Performance, plus 7 additional credits of EXS courses. Courses must be completed before full admission will be granted.
- Two letters of recommendation from persons who can best assess the candidate's potential.
(one letter of recommendation must be from a PEHP faculty member)
- The presentation of an essay demonstrating command of the English language, citing reasons for wanting to enroll in the program, and emphasizing experiences related to exercise science.
- An interview with the Physical Education Department Screening Committee, which is conducted AFTER the application is submitted.

NOTE: The Physical Education department reserves the right to seek recommendations from faculty concerning candidates for admission.

APPLICATION DEADLINE

Fall Semester: September 10

Spring Semester: February 10