

# CENTRAL COMMUNITY HEALTH EDUCATION CLINIC

# MENTAL HEALTH & SUBSTANCE USE SCREENINGS

CONDUCTED BY DR. REGINALD W. HOLT  
AND CLINICAL PROFESSIONAL COUNSELING STUDENTS

WEDNESDAYS AND THURSDAYS  
1 - 3 PM

FEBRUARY 4 - MAY 14



Central Community  
Health Education Clinic

180 Paul Manafort Dr., New Britain, CT  
Accessible via CTfastrak Bus Stop #144

Dr. Reginald W. Holt and graduate students in the Clinical Professional Counseling program in the Department of Counselor Education & Family Therapy will offer confidential mental health and substance use screenings\* for students, staff/faculty, and community members.

Screenings are available for adults, and include those related to:

- Depression
- Anxiety
- Bipolar Disorder
- Eating Disorders
- ADHD
- PTSD/Trauma
- OCD
- Substance Use

\* **DISCLAIMER:**

The screening process is **not** a diagnostic tool nor will counseling services be provided; however, general feedback will be given and referrals suggested if a more comprehensive assessment by a qualified healthcare provider is recommended.

Email [clinic@ccsu.edu](mailto:clinic@ccsu.edu) to Schedule a 30-Minute Appointment\*

\*One screening per appointment - Indicate your selection from the list above upon scheduling

Please arrive at least 5 minutes before your appointment to complete initial paperwork



SCAN ME

 [ccsu.edu/clinic](http://ccsu.edu/clinic)

 860.832.0235

 [clinic@ccsu.edu](mailto:clinic@ccsu.edu)

 Central Community Health Education Clinic

 [central.communityclinic](https://www.instagram.com/central.communityclinic)