



## CENTRAL COMMUNITY HEALTH EDUCATION CLINIC

PRESENTS

# BINGOCIZE

**LED BY DEAN JAYANTHI KANDIAH,  
DR. LISA MCMAHON, PT  
AND CENTRAL STUDENTS**

**February 9 - April 29**

**Mondays and Wednesdays  
1:30 - 2:30 PM**

*No session on February 16 or March 16 & 18*



**Central Community  
Health Education Clinic**

180 Paul Manafort Dr., New Britain, CT  
*Accessible via CTfastrak Bus Stop #144*

▶ Bingocize® is an evidence-based health promotion program approved through both SNAP-Ed and The National Council on Aging (NCOA). Bingocize® combines exercise and health information with the familiar game of Bingo, which is a great and fun way to get seniors and those with disabilities moving and socializing.



*This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$123,925 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.*

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 Central Community Health Education Clinic

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