

## CCSU Food & Housing Insecurity - 2024

Food

insecurity,noun. The state of being without reliable access to a sufficient quantity of affordable, nutritious food: running out of food, not able to afford balanced meals, cutting the size of meals and/or going a full day without eating.

Question	Response Summary						
	Response	Undergraduate		Graduate		Overall	
		N	%	N	%	N	%
Total Responses		1252		269		1633	
Food Access							
In the last three months, how often have you worried whether your food would run out before you had money to buy more?	Sometimes, Often, or Very Often	661	53%	108	40%	830	51%
In the last three months, how often has the food you bought not lasted, and you didn't have money to buy more?		611	49%	94	35%	763	47%
In the last three months, how often could you not afford to eat a balanced meal?		712	57%	118	44%	891	55%
How often did you have to cut the size of your meals because you didn't have enough money for food?	Sometimes, Often, or Very Often	599	48%	103	38%	761	47%
How frequently have you gone a full day without eating due to finances?	1, 2, or 3 times a week or more	365	29%	45	17%	447	27%
Do you utilize SNAP (Supplemental Nutrition Assistance Program) benefits?	Yes	81	6%	19	7%	110	7%
Food Pantry							
Are you familiar with CCSU Food Pantry: Maria's Place?	Yes	797	64%	108	40%	970	59%
How did you learn about Maria's Place Food Pantry? (Select all that apply.)							
At Orientation event		314	25%	21	8%	351	36%
An On-Campus event		158	13%	18	7%	182	19%
Faculty		171	14%	23	9%	200	21%
Counselor or Staff		96	8%	11	4%	109	11%
Website		121	10%	20	7%	147	15%
Brochure or Poster		165	13%	24	9%	193	20%
Housing							
In the last three months, were you at risk of losing your home or place to live due to financial issues?	Yes	106	8%	27	10%	136	8%
In the last three months, did you have to choose between paying rent/mortgage or paying for other basic needs such as transportation, utilities, toiletries, etc.?		220	18%	64	24%	286	18%
Miss a rent/mortgage payment?							
In the last three months, did you or head of household miss a rent/mortgage payment or not pay the full amount?	Yes	146	12%	39	14%	187	11%
In the last six months, did you move three or more times due to financial hardship?	Yes	32	3%	12	4%	44	3%
Are you familiar with the CCSU's Circle of Care which provides resources and assistance to students with basic need challenges like food and housing insecurity?		182	15%	37	14%	222	14%
Unhoused							
In the last year, have you been homeless?	Yes	41	3%	3	1%	44	3%
If you responded yes to the previous question: How many months did you not have housing?	1 – 2 months	14	34%	0	0%	14	32%
	3 – 4 months	11	27%	1	33%	12	27%
	5 months or more	11	27%	2	67%	13	30%
Where did you stay? (Select all that apply.)							
The home of a friend or family member		22	53%	1	33%	22	50%
Car		9	23%	1	33%	14	32%
Shelter		1	3%			1	2%
Choose not to answer		3	8%			18	41%
Financial Assistance							
Did you file a Free Application for Federal Student Aid (FAFSA) form?		1048	87%	171	65%	1,219	75%

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		N	%	N	%	N	%
Are you PELL eligible? A Pell Grant is a subsidy the United States Government provides for college students who qualify for this financial assistance.	Yes	493	63%	29	19%	522	32%
Have you participated in financial counseling?		152	12%	48	18%	201	12%

Demographic Profile:		
Student Level	N	%
Freshman	298	20%
Sophomore	277	18%
Junior	365	24%
Senior	327	21%
Grad	257	17%
Grand Total	1524	100%

Age	Undergraduate		Graduate		Overall	
	N	%	N	%	N	%
17 and Under	28	2.2%	0	0.0%	28	1.8%
18-20	636	50.9%	5	1.9%	641	42.2%
21-24	386	30.9%	76	28.3%	462	30.4%
25-34	135	10.8%	93	34.6%	228	15.0%
35-44	44	3.5%	49	18.2%	93	6.1%
45-54	10	0.8%	33	12.3%	43	2.8%
55+	10	0.8%	13	4.8%	23	1.5%
Grand Total	1249	100%	269	100%	1518	100%

Employment	Undergraduate		Graduate		Overall	
	N	%	N	%	N	%
Part-Time On Campus	173	13.2%	16	5.7%	189	12%
Part-Time Off Campus	651	49.6%	65	23.1%	716	45%
Full-Time On Campus	37	2.8%	21	7.5%	58	4%
Full-Time Off Campus	158	12.0%	134	47.7%	292	18%
I do not work	294	22.4%	45	16.0%	339	21%
Grand Total	1313	100%	281	100%	1594	100%

Current Gender Identity	Undergraduate		Graduate		Overall	
	N	%	N	%	N	%
I Prefer Not to Share	29	2.3%	3	1.1%	32	2.1%
Man	415	33.4%	68	25.4%	483	31.9%
Nonbinary	26	2.1%	7	2.6%	33	2.2%
Woman	774	62.2%	190	70.9%	964	63.8%
Total	1244	100%	268	100%	1512	100%

Current Sexual Identity	Undergraduate		Graduate		Overall	
	N	%	N	%	N	%
Bisexual / Queer/ Pansexual	177	14.2%	36	13.4%	213	14.0%
Gay / Lesbian	74	5.9%	13	4.8%	87	5.7%
Heterosexual / Straight	892	71.4%	196	72.9%	1088	71.6%
I Prefer Not to Share	89	7.1%	22	8.2%	111	7.3%
Other	18	1.4%	2	0.7%	20	1.3%
Total	1250	100%	269	100%	1519	100%

Race / Ethnicity	Undergraduate		Graduate		Overall	
	N	%	N	%	N	%
American Indian or Alaska Native	16	1.1%	3	1.0%	19	1.1%
Asian	109	7.7%	19	6.5%	128	7.5%
Black or African American	225	15.9%	39	13.4%	264	15.5%
Hispanic / Latino	297	21.0%	46	15.8%	343	20.1%
Native Hawaiian or Other Pacific Islander	4	0.3%	4	1.4%	8	0.5%
Non-Resident (International)	8	0.6%	2	0.7%	10	0.6%
White	697	49.3%	165	56.5%	862	50.6%

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		Undergraduate		Graduate		Overall	
	Response	N	%	N	%	N	%
Race and Ethnicity unknown	6	0.4%	0	0.0%	6	0.4%	
Prefer Not to Share	51	3.6%	14	4.8%	65	3.8%	
Total	1413	100%	292	100%	1705	100%	