

## CCSU Food & Housing Insecurity - 2023

Food insecurity, noun. The state of being without reliable access to a sufficient quantity of affordable, nutritious food: running out of food, not able to afford balanced meals, cutting the size of meals and/or going a full day without eating.

| Question   | Response Summary                         |               |     |            |     |             |     |
|--|--|---------------|-----|------------|-----|-------------|-----|
|  | Response                                 | Undergraduate |     | Graduate   |     | Overall     |     |
|  |  | N             | %   | N          | %   | N           | %   |
| <b>Total Responses</b>   |  | <b>1489</b>   |     | <b>266</b> |     | <b>1755</b> |     |
| <b>Food Access</b>   |  |               |     |            |     |             |     |
| In the last three months, how often have you worried whether your food would run out before you had money to buy more? | Sometimes, Often, or Very Often          | 755           | 51% | 106        | 40% | 861         | 49% |
| In the last three months, how often has the food you bought not lasted, and you didn't have money to buy more?         |  | 689           | 46% | 91         | 34% | 780         | 44% |
| In the last three months, how often could you not afford to eat a balanced meal?                                       |  | 792           | 53% | 119        | 45% | 911         | 52% |
| How often did you have to cut the size of your meals because you didn't have enough money for food?                    | 1-2 Weeks, Some Weeks, Almost every Week | 610           | 41% | 78         | 29% | 688         | 39% |
| How frequently have you gone a full day without eating due to finances?  | Once a week or more frequently           | 372           | 25% | 33         | 12% | 405         | 23% |
| Do you utilize SNAP (Supplemental Nutrition Assistance Program) benefits?  | Yes                                      | 81            | 5%  | 13         | 5%  | 94          | 5%  |

| <b>Food</b>  |     |     |     |     |     |     |     |
|--|-----|-----|-----|-----|-----|-----|-----|
| Are you familiar with CCSU Food Pantry: Maria's Place?                             | Yes | 844 | 60% | 130 | 49% | 974 | 55% |
| <b>How did you learn about Maria's Place Food Pantry? (Select all that apply.)</b> |     |     |     |     |     |     |     |
| At Orientation event   |     | 250 | 31% | 20  | 18% | 270 | 15% |
| An On-Campus event   |     | 106 | 13% | 9   | 8%  | 115 | 7%  |
| Faculty  |     | 140 | 18% | 16  | 14% | 156 | 9%  |
| Counselor or Staff   |     | 62  | 8%  | 9   | 8%  | 71  | 4%  |
| Website  |     | 91  | 11% | 25  | 23% | 116 | 7%  |
| Brochure or Poster   |     | 149 | 19% | 32  | 29% | 181 | 10% |

| Question   | Response Summary       |               |     |          |     |         |     |
|--|------------------------|---------------|-----|----------|-----|---------|-----|
|  | Response               | Undergraduate |     | Graduate |     | Overall |     |
|  |                        | N             | %   | N        | %   | N       | %   |
| <b>Housing</b>   |                        |               |     |          |     |         |     |
| In the last three months, were you at risk of losing your home or place to live due to financial issues?   | Yes                    | 128           | 9%  | 17       | 6%  | 145     | 8%  |
| In the last three months, did you have to choose between paying rent/mortgage or paying for other basic needs such as transportation, utilities, toiletries, etc.? |                        | 269           | 18% | 47       | 18% | 316     | 18% |
| <b>Miss a rent/mortgage payment?</b>   |                        |               |     |          |     |         |     |
| In the last three months, did you or head of household miss a rent/mortgage payment or not pay the full amount?  | Yes                    | 161           | 11% | 27       | 10% | 188     | 11% |
| If you responded yes to the previous question: In the last year, how many payments did you miss?   | One                    | 25            | 16% | N<=5     |     | 25      | 13% |
|  | Two to Four            | 61            | 38% | 13       | 48% | 74      | 39% |
|  | Five to Seven          | 14            | 9%  | N<=5     |     | 14      | 7%  |
|  | Eight to Twelve        | 6             | 4%  | N<=5     |     | 6       | 3%  |
| In the last six months, did you move three or more times due to financial hardship?  | Yes                    | 49            | 3%  | N<=5     |     | 49      | 3%  |
| Are you familiar with the CCSU's Circle of Care which provides resources and assistance to students with basic need challenges like food and housing insecurity?   |                        | 262           | 18% | 34       | 13% | 296     | 17% |
| How much do you agree with the statement: "People who are experiencing housing insecurities are under unfortunate circumstances."                                  | Somewhat Agree & Agree | 1323          | 89% | 238      | 90% | 1561    | 89% |
| <b>Unhoused</b>  |                        |               |     |          |     |         |     |
| In the last year, have you been homeless?  | Yes                    | 48            | 3%  | N<=5     |     | 48      | 3%  |
| If you responded yes to the previous question: How many months did you not have housing?   | 1 – 2 months           | 14            | 29% | N<=5     |     | 14      | 29% |
|  | 3 – 4 months           | 7             | 15% | N<=5     |     | 7       | 15% |
|  | 5 months or more       | 15            | 31% | N<=5     |     | 15      | 31% |
| <b>Where did you stay? (Select all that apply.)</b>  |                        |               |     |          |     |         |     |
| The home of a friend or family member  |                        | 31            | 51% | N<=5     |     | 31      | 65% |
| Car  |                        | 12            | 20% | N<=5     |     | 12      | 25% |
| Shelter  |                        | 6             | 10% | N<=5     |     | 6       | 13% |
| Choose not to answer   |                        | 6             | 10% | N<=5     |     | 6       | 13% |
| How much do you agree with the statement: "There is a stigma applied to people who are homeless."  | Somewhat Agree & Agree | 1301          | 88% | 242      | 91% | 1543    | 88% |
| <b>Financial Assistance</b>  |                        |               |     |          |     |         |     |
| Did you file a Free Application for Federal Student Aid (FAFSA) form?  | Yes                    | 1219          | 82% | 168      | 64% | 1387    | 79% |
| Are you PELL eligible? A Pell Grant is a subsidy the United States Government provides for college students who qualify for this financial assistance.             |                        | 563           | 38% | 39       | 15% | 602     | 34% |
| Have you participated in financial counseling?   |                        | 181           | 12% | 43       | 16% | 224     | 13% |

| Question                    | Response Summary |               |   |          |      |         |   |
|-----------------------------|------------------|---------------|---|----------|------|---------|---|
|                             | Response         | Undergraduate |   | Graduate |      | Overall |   |
|                             |                  | N             | % | N        | %    | N       | % |
| <b>Demographic Profile:</b> |                  |               |   |          |      |         |   |
| Student Level               |                  |               |   |          | N    | %       |   |
| Freshman                    |                  |               |   |          | 308  | 18%     |   |
| Sophomore                   |                  |               |   |          | 306  | 18%     |   |
| Junior                      |                  |               |   |          | 439  | 25%     |   |
| Senior                      |                  |               |   |          | 434  | 25%     |   |
| Graduate                    |                  |               |   |          | 243  | 14%     |   |
| Grand Total                 |                  |               |   |          | 1730 | 100%    |   |

| Age          | Undergraduate |       | Graduate |       | Overall |        |
|--------------|---------------|-------|----------|-------|---------|--------|
|              | N             | %     | N        | %     | N       | %      |
| 17 and Under | 5             | 0.3%  | 0        | 0.0%  | 5       | 500.0% |
| 18-20        | 688           | 46.3% | 7        | 2.7%  | 695     | 39.7%  |
| 21-24        | 559           | 37.6% | 67       | 25.4% | 626     | 35.8%  |
| 25-34        | 158           | 10.6% | 112      | 42.4% | 270     | 15.4%  |
| 35-44        | 46            | 3.1%  | 45       | 17.0% | 91      | 5.2%   |
| 45-54        | 21            | 1.4%  | 28       | 10.6% | 49      | 2.8%   |
| 55+          | 8             | 0.5%  | 5        | 1.9%  | 13      | 0.7%   |
| Grand Total  | 1485          | 100%  | 264      | 100%  | 1749    | 100%   |

| Employment           | Undergraduate |      | Graduate |      | Overall |      |
|----------------------|---------------|------|----------|------|---------|------|
|                      | N             | %    | N        | %    | N       | %    |
| Part-Time On Campus  | 255           | 16%  | 15       | 5%   | 270     | 15%  |
| Part-Time Off Campus | 780           | 50%  | 58       | 21%  | 838     | 45%  |
| Full-Time On Campus  | 36            | 2%   | 22       | 8%   | 58      | 3%   |
| Full-Time Off Campus | 215           | 14%  | 141      | 52%  | 356     | 19%  |
| I do not work        | 288           | 18%  | 37       | 14%  | 325     | 17%  |
| Grand Total          | 1574          | 100% | 273      | 100% | 1847    | 100% |

| Question                                  | Response Summary |               |          |          |         |         |   |
|---|------------------|---------------|----------|----------|---------|---------|---|
|   | Response         | Undergraduate |          | Graduate |         | Overall |   |
|   |                  | N             | %        | N        | %       | N       | % |
| <b>Current Gender Identity</b>            | Undergraduate    |               | Graduate |          | Overall |         |   |
|   | N                | %             | N        | %        | N       | %       |   |
| Gender nonconforming                      | 6                | 0.4%          | 2        | 0.8%     | 8       | 0.5%    |   |
| I Prefer Not to Share                     | 35               | 2.4%          | 7        | 2.6%     | 42      | 2.4%    |   |
| Man                                       | 506              | 34.1%         | 67       | 25.3%    | 573     | 32.8%   |   |
| Nonbinary                                 | 39               | 2.6%          | 4        | 1.5%     | 43      | 2.5%    |   |
| Transgender                               | 12               | 0.8%          | 3        | 1.1%     | 15      | 1.0%    |   |
| Woman                                     | 886              | 59.7%         | 182      | 68.7%    | 1068    | 61.1%   |   |
| Total                                     | 1484             | 100%          | 265      | 100%     | 1749    | 100%    |   |
| <b>Current Sexual Identity</b>            | Undergraduate    |               | Graduate |          | Overall |         |   |
|   | N                | %             | N        | %        | N       | %       |   |
| Asexual                                   | 5                | 0.3%          | 0        | 0.0%     | 5       | 0.3%    |   |
| Bisexual / Queer/ Pansexual               | 207              | 14.0%         | 23       | 8.7%     | 230     | 13.2%   |   |
| Gay / Lesbian                             | 68               | 4.6%          | 13       | 4.9%     | 81      | 4.6%    |   |
| Heterosexual / Straight                   | 1086             | 73.4%         | 208      | 78.8%    | 1294    | 74.2%   |   |
| I Prefer Not to Share                     | 109              | 7.4%          | 19       | 7.2%     | 128     | 7.3%    |   |
| Other                                     | 5                | 0.3%          | 1        | 0.4%     | 6       | 0.3%    |   |
| Total                                     | 1480             | 100%          | 264      | 100%     | 1744    | 100%    |   |
| <b>Race / Ethnicity</b>                   | Undergraduate    |               | Graduate |          | Overall |         |   |
|   | N                | %             | N        | %        | N       | %       |   |
| American Indian or Alaska Native          | 2                | 0.1%          | 0        | 0.0%     | 2       | 0.1%    |   |
| Asian                                     | 82               | 5.5%          | 17       | 6.4%     | 99      | 5.6%    |   |
| Black or African American                 | 170              | 11.4%         | 19       | 7.1%     | 189     | 10.8%   |   |
| Hispanic / Latino                         | 192              | 12.9%         | 27       | 10.2%    | 219     | 12.5%   |   |
| Native Hawaiian or Other Pacific Islander | 2                | 0.1%          | 2        | 0.8%     | 4       | 0.2%    |   |
| Non-Resident (International)              | 4                | 0.3%          | 0        | 0.0%     | 4       | 0.2%    |   |
| White                                     | 789              | 53.0%         | 163      | 61.3%    | 952     | 54.3%   |   |
| 2 or more                                 | 173              | 11.6%         | 22       | 8.3%     | 195     | 11.1%   |   |
| Race and Ethnicity unknown                | 11               | 0.7%          | 1        | 0.4%     | 12      | 0.7%    |   |
| Prefer Not to Share                       | 63               | 4.2%          | 15       | 5.6%     | 78      | 4.4%    |   |
| Total                                     | 1488             | 100%          | 266      | 100%     | 1754    | 100%    |   |