BACK IN THE SPRING OF THINGS

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#### **Student Activities & Leadership Development**

phone. 860.832.1990 virtual office. <u>https://tinyurl.com/y3p2udkr</u> social media. @ccsusald website. <u>thelink.ccsu.edu</u> Student Center 2nd Floor, Room 201 Past publications on the <u>Student Affairs website</u>



#### Meet the Money Coach "No Budget Babe"

On Thursday, March 25, the Senior Class Committee is hosting Nicole Victoria, also known as the "No Budget Babe" for a virtual presentation on financial literacy. A viral TikTok sensation, she focuses on the psychology behind why we self sabotage, and how to prime your mindset for success.

"I believe that personal finance is 80% behavior and 20% tactic - and where most people go wrong is by focusing solely on the tactic, without addressing the behaviors that will make the tactic work", says Nicole. For more information and to tune in, please visit the event page on <u>Collegiate Link</u>.



Image from the Blockbuster Trivia Night on February 19 in Alumni Hall

#### "Vegas" themed Student-led Events

With Spring Break being canceled, the students in Central Activities Network (CAN) worked hard to figure out ways to make the best of it! The week that would have consisted of beaches and waves for some, will now consist of fun and engaging events.

CAN will be hosting programs by and for students revolving around a Las Vegas theme. Encourage students to go to the Student Center on March 5 to enjoy crazy milkshakes, like you would see on the Las Vegas strip! Students can spin the wheel to win a gift card while supplies last, gift cards range from \$10-\$50. They have 40 gift cards to give away to places like Amazon, Starbucks and Dunkin'! Students can also make a custom word tile using three words of their choice to make the shape of a famous Las Vegas landmark!

CAN will be hosting a hybrid scavenger hunt on March 11. Students can visit CAN in the Student Center lobby to get the clue to 20 different locations on campus where a prize is hidden. To receive a clue, students must show that they are following CAN's Instagram account. Prizes can then be claimed in the CAN office by 8pm.

Comedian Jasmine Ellis will be hosting a live and in-person stand-up set in Welte Auditorium, Monday, March 15 at 7pm. Students from CAN discovered her during the Northeast National Association for Campus Activities (NACA) virtual conference they attended this past October.

They are also hosting a Virtual Magic show on March 19. Students can log onto the event at 7:00 pm to join a magic show mixed with trivia. They will be giving out gift cards as well as prizes that sports fans will go crazy for. They can win a football signed by Amari Cooper, a baseball signed by ARod, a puck signed by Davis Pastrnak, and even a basketball signed by THE Shaq.



#### Seniors Interested in Graduate Degrees



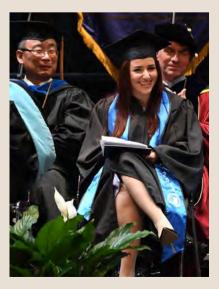
What do seniors have planned for life after college? Out of the 433 seniors who responded to the Senior Needs Survey, 58 indicated that they were interested in applying to graduate school (13.4%). In order to prepare students for an advanced degree, the Senior Class Committee, advised my Michael Theriault, hosted a panel about the application process, how graduate school is different from undergraduate life, and on campus resources to help with seniors' next moves.

On February 4, Rhiannon Grimmett, a senior Chemistry major, moderated the panel. There was an introductory informational presentation from Patricia Gardner, the Associate Director for Graduate Recruitment and Admissions. Aimee Pozorski, from the English Department, was able to recruit 3 graduate students for the panel. Matthew Landrigan, from Student Wellness, represented the Student Development in Higher Education program, and Mark Kubasak spoke on behalf of the Career Success Center.

Landrigan stated that, "Being a part of the Graduate School panel was a great opportunity to share my experience in my grad program with prospective graduate students while also hearing about the various unique experiences of other panel members. I enjoyed being able to reflect on my graduate school career to offer insight to students interested in pursuing a graduate program." The panel covered topics such as how to prepare an application, how to select the right program for you, and how grad school has impacted their personal lives.

"Participating in the panel was a good opportunity to reflect on my experiences and learn from other students in different programs. The discussion of grad school expectations and services offered by the Career Success Center should help provide students with the knowledge and tools to succeed if they choose to pursue a masters degree," said Mark Kubasak.

To watch the panel, head to the SA/LD YouTube Channel: https://youtu.be/KVBulxU N8Ww



## Campus Recreation is Ready



The C.J. Huang Recreation Center has successfully reopened their doors for CCSU students, faculty & staff for the Spring 2021 semester. The student Area Supervisors have been working hard on various projects:



#### **Fitness Classes**

"Fitness Classes are up and running below are the classes we are hosting alongside days/times they occur. Interested members can register in advanced at my rec.ccsu.edu to secure a spot," said Morgan McGinnis, Area Supervisor of Fitness Programs. (Please note spots are limited with COVID policies.)

- Aerobic Boxing with Abbie (M,W 12:00-1:00) PM
- Yoga with Morgan (M 7:30-8:00, 8:30-9:00) (T 8:00-8:30, 9:00-9:30) PM
- Circuit Training with Sam (T, Th 9:00-10:00) AM (Sat. 12:00-1:00) PM
- Strong with Mary Jo (T 4:15-5:00) PM Zumba with Mary Jo (T 6:00-7:00) PM
- Ladies who Lift (Debut March 8th)

#### **Smartphone App**

Lastly, their Recreation App features many notifications on REC Central events, sign-ups for intramurals through IMLeagues, sign-ups for REC Daily Zen, links to our social media pages, sign into building with virtual barcode. Make sure to download it on the App Store! For both Apple and Android



### Late-Night Events During Covid

In times of uncertainty, students are appreciating some consistency when it comes to late-night programming on Thursdays. The tradition of the "Devils Den at 10pm" program is still moving forward, though the events are starting earlier to adjust to state COVID curfews.

While a handful of Devils Den events have taken place entirely online, Program Advisor, Christina Genovese has been coordinating oncampus late-night events throughout the fall and now the spring semester.

On January 28, students participated in a fully virtual Superbowl Speed Trivia. While the host asked many questions related to the National Football League, other topics were intertwined into the event, including questions about college mascots and NCAA sports.

The Student Wellness Center teamed up with the Devils Den program to host a glitterjar DIY de-stress event in the Semesters section of the Student Center on Thursday, February 4.

The Central Activities Network transformed the Devils Den into a mall on **February 11**. Jordyn Williams, CAN's Outreach Coordinator, worked to plan and execute this event along with other members of CAN.

#### **Upcoming Devils Den Events:**

- March 4: Communi-Tea Talk hosted by the Tea Club, Semesters, 8:00PM
- March 18: Limerick Poetry Slam with IRC, Semester 8:00PM
- April 8: Habitat for Humanity Be Mindful Event
- April 15: Paint Night with the Muslim Student Association
- May 6: PRIDE Drag Ball

If you know any clubs or departments that would be interested in co-sponsoring a Thursday night event, please share this link: <u>https://thelink.ccsu.edu/submitter/form/start/456077</u>



She stated that "even though we are still in the pandemic, we were able to safely plan this event and execute it well. Since there were so many people interested and many were not able to obtain a spot, I plan on hosting another Stuff-A-Pal event that is Spring themed!"

In spite of the snow on February 18, students came to the Student Center to watch Space Jam, the 1996 film starring Michael Jordan and Bugs Bunny.

On Thursday, February 25, the Black Student Union hosted a BSU BINGO Night, where students could reserve a spot to come in-person to Semesters and participated in Lyric BINGO and have refreshments.

## **REC STAFF ALLSTARS**



#### MAINTENANCE

KJ Smith, Area Supervisor of Maintenance, stated that they "are working hard keeping the facility a safe & clean space for all patrons."

### **MEMBERSHIP**

The Area Supervisor of Membership, Claire Viola, said "we are training our welcome desk & equipment checkout staff to follow protocol & make sure things are running smoothly behind the scenes. And we have some great equipment that can be rented out."





#### AQUATICS

Area Supervisor of Aquatics, Joe Asmus, stated that they, "are currently making fitness videos for social media pages for students, staff & faculty at home to follow along."

#### **INTRAMURALS**

Area Supervisor of Intramurals, Mackenzie Lalashuis, gave an update on how they are "currently are hosting intramural dodgeball which takes place on Tuesday & Wednesday nights. We've had a great turnout with teams. Registration for Intramural Volleyball is now open on imleagues.com, starting March 8th."



# **CAMPUS REC VOICES**



#### **CLUB SPORTS**

Dantae Maddock, the Area Supervisor of Club Sports, said that, "club sports are up & running. Practices are being held both virtually & in person while abiding to Campus REC. COVID policies."

#### MARKETING

Grace Little, Area Supervisor of Marketing/Media, stated they, "are working to market what Campus Recreation has to offer! Also collaborating with Women's Center for a new program debuting March 8th."





### **Upcoming Events**

Upcoming activities are being worked on by the Campus Recreation Events Committee, who meets Wednesdays at 3pm to discuss upcoming events & programs. Things on their current agenda, include; Intramurals, Ladies who Lift, and Spring Week. They are working on promoting intramural dodgeball and volleyball sign-ups:

https://myrec.ccsu.edu/IMLeague. And, the possible upcoming program, Ladies who Lift, will be an opportunity for women to come work-out and learn various skills in a comfortable environment taught by women. Also, Spring Week, is a possible week of activities for students on-campus, and the committee has been brainstorming various events like a cardboard canoe, a triathlon, and painting pots for succulent plants.



#### RESIDENCE LIFE CORNER



# Our residence halls are full of life, even during COVID times.

In January our resident students elected a new Inter Residence Council (IRC) E-Board for the Spring 2021 semester. The newly elected E-Board has gotten right to work getting General Body and Committee Meetings up and running. IRC Meetings are every Tuesday at 2pm via Microsoft Teams. Committee Meetings include Food Committee, Budget Committee, Recognition Committee and Campus Life Committee.

The links for all of these meetings are available to Resident Students via MyHousing. This semester ResLife and IRC are working together again with Student Activities and the Central Activities Network to plan some fancy program collaborations for Spring Week. Keep an eye out.

The live-in staff with the Department of Residence Life continue to be boots on the ground, 24 hours a day, 7 days a week, and are happy to have some regular face time with our students. We are starting to prepare for the Fall 2021 semester. We are working to create new Living Learning Communities (LLCs) in our residence halls that will allow students in certain programs to study and live together with programming targeted to specialized interests. More information regarding our LLCs will be available in the upcoming months. In the meantime, we are in full swing of students enrolling to housing for fall 2021.

We are encouraging all current continuing students to #LIVEWITHUS again. The housing deposit and applications are due March 1st via MyHousing. By enrolling now, residents can participate in room selection and have our best options. This is also an opportunity to have time to set up payment plans, and get finances in order. It's going to be a great fall!

For the most up to date information regarding the Department of Residence Life throughout the semester please follow our Instagram at @CCSUReslife. The Residence Halls and the Inter Residence Council each have their own Instagram accounts to follow as well. Log in and support our resident student community!

Faculty and staff, "Want to partner on programs with @CCSUResLife?" Email us Reslife@ccsu.edu[]



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#### **Important Dates for**



### **MARCH 1 FINANCIAL AID DEADLINE**

CCSU priority financial aid deadline is March 1, 2020 (FAFSA must be in by then)

Students interested in pursuing financial hardship scholarships for 21-22 can visit <u>Student</u> <u>Financial Literacy - CCSU</u> FAFSA can be done at www.fafsa.ed.gov anytime, even after the CCSU priority deadline (CCSU FAFSA school code is 001378)

Students that are undocumented & can't complete FAFSA, please encourage them to visit <u>Student</u> <u>Financial Literacy - CCSU</u> to seek the AACTUS scholarship

#### March 22 - April 1 Fall 2021 Advisement period

March 24 Summer 2021 registration begins (Financial aid may be available) And a PIN is not required, however students should still connect with their advisor if possible.

April 1 – 16 Fall 2021 Early Registration period for matriculated students

May 9 Last day of Spring classes

May 10 – 16 Final Exams

July 15 Fall 2021 bill due date (payment plans available)



#### Student Activities

#### UPCOMING **EVENTS**

**Imitation Game Movie Viewing** Hosted by: Pride March 3 at 7PM Online

Songwriting Workshop with Maddie & Tae Hosted by: SA/LD March 3 at 9PM Online

Communi-Tea Talk Hosted by: Tea Club March 4 at 8pm Semesters, Student Center

Safe Zone Training with LGBT Center Hosted by: National Association for Music Educators Online

**Exploring Vegas with CAN** Hosted by: Central Activities Network March 5 at 6PM Semesters, Student Center

Minecraft Game Night Hosted by: Muslim Student Association March 15 at 6:30pm Online

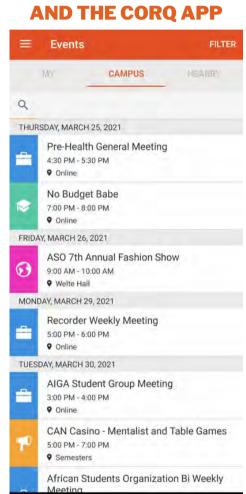
Las Vegas Live Comedy Show Featuring Jasmine Ellis Hosted by: Central Activities Network March 15 at 7:30PM Welte Auditorium

St. Patrick's Celebration Hosted by: Central Activities Network March 16 or 17 details TBD Details to follow

Soccer Tennis Tournament Hosted by: REC Central March 15 **Details to follow** Sign up on IM Leagues

Pickleball Tournament Hosted by: REC Central March 17 Details to follow Sign Up on IM Leagues

**Casino Game Show** Hosted by: Central Activities Network March 19 at 7PM **Online & Alumni Hall, Student Center** 





**CLICK HERE FOR MORE: THELINK.CCSU.EDU/EVENTS** 



