TUESDAY, JANUARY 19

ALL DAY - Let’s Talk Tuesday Contest on Instagram @CCSUSALD
2PM - REC Connect, online chat for CCSU Students only on MS Teams
3PM - Mindful Meditation, Instagram @recentralccsu
4PM - Resume Writing & the Job Search on MS Teams
7PM - Trivia Night with RECentral on MS Teams and Kahoot

WEDNESDAY, JANUARY 20

ALL DAY - Photo Contest: Pets & Plants on Instagram @CCSUSALD
3PM - Ab Circuit Workout on Instagram with @recentralccsu
4PM - Women’s Basketball vs Bryant on NEC Front Row
7PM - Trivia Night with RECentral on MS Teams and Kahoot
8PM - Virtual Bingo on MS Teams and Bingo Maker

THURSDAY, JANUARY 21

ALL DAY - Photo Contest: Room Decor on Instagram @CCSUSALD
2PM - REC Connect, online chat for CCSU Students only on MS Teams
3PM - Yoga with RECentral Instagram @recentralccsu
4PM - Career Resources and Interviewing on MS Teams
7PM - Men’s Basketball vs Mount St. Mary’s on NEC Front Row
8PM - Truth or Laughs? Comedy and Trivia show on truthsorlaughs.com/ccsu

FRIDAY, JANUARY 22

ALL DAY - Photo Contest: What’s Kizer Doing? on Instagram @CCSUSALD
11AM - Guest Speaker: Interactive Conversations about Democracy and Capitalism on MS Teams
3PM - Interval Workout on Instagram with @recentralccsu
4PM - Men’s Basketball vs Mount St. Mary’s on NEC Front Row

FRIDAY, JANUARY 22, CONT’D

7:30PM - Pub Trivia for Residence Students, check your emails for details
8PM - Vision Board and Canva Tutorial on MS Teams

SATURDAY, JANUARY 23

ALL DAY - Photo Contest: Caption That! on Instagram @CCSUSALD
12:30PM - CCSU Swimming at Sacred Heart, head to ccsubluedevils.com to watch along
1PM - Winter Wonderland for Resident Students, check your emails for details
2PM - Women’s Basketball vs Mount St. Mary’s on NEC Front Row
3PM - Yoga on Instagram with @recentralccsu

SUNDAY, JANUARY 24

ALL DAY - This or That with Dr. Tully on Instagram @ccsusald
2PM - Women’s Basketball vs Mount St. Mary’s on NEC Front Row
3PM - Interval Training on Instagram with @recentralccsu
7PM - Trivia Night with RECentral in MS Teams
8PM - Download with SALD, funny video show, submit you funny videos all week MS Teams

MONDAY, JANUARY 25

ALL DAY - TikTok Challenge on TikTok @ccsusald
3PM - Motivational Meditation on Instagram with @recentralccsu
6:30PM - REC Reads Book Club, Where the Crawdads Sing with RECentral in MS Teams
6:30PM - Kizer’s Clues online scavenger hunt so Resident Students, check your email for a link
8PM - Family Feud Game Show, details and links are on thelink.ccsu.edu

THELINK.CCSU.EDU FOR LINKS