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THE PSYCHOLOGICAL SCIENCE MAJOR
AT
CENTRAL CONNECTICUT STATE UNIVERSITY

General Education, BA & Minor Requirements

IMPORTANT FOR STUDENTS

◆ You need to follow the curriculum that was in effect during the year that you officially became a Psychological Science Major. For many, this would be the year that you matriculated at CCSU. However, if you declared your Psychological Science Major after you matriculated you need to follow the curriculum in place at the time of your declaration.

◆ This version of The Psychological Science Major presents the program of study for all Psychological Science majors entering CCSU in Spring 2008 and thereafter.

◆ Students who become a Psychology major at CCSU prior to that should see the appropriate appendix for a description of the major and general education requirements in place at that time.

If you declared your major:
Between Spring 2007 to current, see Appendix A
Between Fall 2003 and Fall 2006, see Appendix B
Between Fall 2001 and Spring 2003, see Appendix C
Between Fall 1998 and Spring 2001, see Appendix D
Between Fall 1993 and Spring 1998, see Appendix E
Between Fall 1989 and Fall 1993, see Appendix F
Before Fall 1989, see Appendix G

1. INTRODUCTION

Psychology is one of the most popular majors at Central Connecticut State University (CCSU). A background in psychology prepares students for a wide variety of careers. This booklet gives you basic information about the requirements for students who major in Psychological Science at Central Connecticut State University. This includes information regarding General Education requirements, the specific courses required for the major in Psychological Science, an explanation of minors, as well as some guidance in terms of planning a career in psychology. This booklet is not designed to substitute for regular meetings with your advisor, a faculty member in the Department of Psychological Science. You should meet with your advisor each semester to receive your alternate PIN number needed for registration and continue to plan your courses and career goals. Please note, we do not give alternate PIN numbers over the phone or e-mail. You need to meet with your advisor. Also, visit our website regularly at www.ccsu.edu/psychology.

860-832-3100 Department of Psychological Science Office
860-832-3123 Fax
www.ccsu.edu/psychology
How do I become a Psychological Science major?

The first step in becoming a Psychological Science major is to declare your major. Go to https://docs.ccsu.edu/Change_of_Major.pdf, and complete your section of the form. Make an appointment with the chair of Psychological Science who will review information about the major and sign the form (Room # 227, Marcus White Hall). The chair will also assign you an advisor. EARLY consultation with your advisor will result in effective academic planning.

What programs does CCSU offer in Psychology?

The Department of Psychological Science, as part of the College of Liberal Arts and Social Sciences (CLASS), offers the Bachelor of Arts (B.A.) and Masters of Arts (M.A) degree in Psychology. Starting in Spring of 2021, we will now also be offering the option of completing your BA and MA at the same time. This is called Accelerate CCSU. Please see more about that option in this booklet. Neither a B.A. nor an M.A. degree in Psychology will certify you to teach at the elementary or secondary level in Connecticut.

For information regarding Teaching Certification, please contact the School of Education and Professional Studies: https://www.ccsu.edu/seps/.

2. GENERAL EDUCATION FOR PSYCHOLOGICAL SCIENCE MAJORS

What is General Education?

The goal of a liberal arts education is to broaden your horizons. We want you to learn skills that will help you in your future career endeavors, but we also want you to expand your appreciation of the world around you and prepare you to be an effective citizen. To this end, the General Education (GE) program at CCSU helps students gain a breadth of knowledge in the liberal arts and sciences. Students entering as of Fall 1998 will take courses in 4 Study Areas and 4 Skill Areas (see below). Only courses that indicate that they have been approved will fulfill each requirement. (e.g., in your registration booklet the course description will include SA1, meaning Study Area I). A list of courses that fulfill these requirements is found in the college catalog on the University website. In addition, students must satisfy the International Requirement, the Equity, Justice, and Inclusion requirement, and those entering with less than 15 hours of transfer credit must take a First Year Experience (FYE) course. Each of these program areas is explained below.

<table>
<thead>
<tr>
<th>Study Areas</th>
<th>Skill Areas</th>
<th>Graduation Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Arts and Humanities</td>
<td>1. Communications Skills</td>
<td>1. International Requirements</td>
</tr>
<tr>
<td>2. Social Sciences</td>
<td>2. Mathematics requirement</td>
<td>2. Equity, Justice, &amp; Inclusion</td>
</tr>
<tr>
<td>3. Behavioral Sciences</td>
<td>3. Foreign Language Proficiency</td>
<td>Requirement</td>
</tr>
</tbody>
</table>

STUDY AREAS

Study Area I — Arts and Humanities — 9 credit hours. At least 3 credit hours required in literature, and no more than 6 credit hours from any one discipline.

Courses that focus on creative expression and interpretations of human experience, or the appreciation and development of thought and ideas. [In this Study Area, students will typically be exposed to courses in literature, philosophy, and fine arts (music, theatre, and art).]
Study Area II — Social Sciences — 9 credit hours. At least 3 credit hours required in history, and no more than 6 credit hours from any one discipline. Courses that deal with formal social structures (such as governments, interest groups, territorial entities, economic firms) in their historical and contemporary contexts. [In this Study Area, students will typically be exposed to courses in economics, geography, history, and political science.]

Study Area III — Behavioral Sciences — 6 credit hours. Courses that focus on the interaction(s) between and among individuals and/or groups and social/cultural institutions. [In this Study Area, students will typically be exposed to courses in anthropology, psychology, and sociology.]

Study Area IV — Natural Sciences — 6-7 credit hours. A laboratory experience is required. Courses that focus on the scientific analysis of the natural world. [In this Study Area, students will typically be exposed to courses in biology, chemistry, earth science and physics.]

SKILL AREAS

Skill Area I — Communications Skills — 6 credit hours
Writing 110 required. Students who have not completed WRT 110 prior to earning 61 credit hours are required to take WRT 202 instead.

Skill Area II — Mathematics Requirement — 6 credit hours.
Mathematics course appropriate to the student’s major interests plus either one additional mathematics or computer science course. Normally, STAT 215 will count as 3 credits toward Skill Area II. We recommend that you take the psychology-only section of STAT 215. We strongly recommend that you take STAT 216 as your second math course.

Skill Area III — Foreign Language Proficiency Requirement — 0-6 credit hours.
Proficiency in a foreign language must be demonstrated before graduation. This requirement may be met by any of the following:

1) 3 sequential years of one foreign language at the high-school level.

2) Elementary proficiency as demonstrated by successfully completing a second semester-level CCSU foreign-language course (112 or 114). Students with no previous background in a language must take the first and second semesters (111 and 112, or 120); students who place out of 111 due to previous background in the language may satisfy the requirement by taking 112 or 114 only.

3) Successful completion of a foreign-language course at a level higher than the second-semester level.

4) Passing a standardized examination that demonstrates knowledge of a foreign language equivalent to completion of a second-semester course or higher.

5) Demonstration of native proficiency in a language other than English (requires evaluation of skill level by an appropriate faculty member and/or official documentation, and approval by the Chair of the Department of Modern Languages).

Skill Area IV — University Requirement — 2 or 3 credit hours.
Courses designed to foster personal well-being and the development of academic skills essential for the
successful pursuit of a university education. PE 144 (Fitness/Wellness Ventures) will be required of all students who enter with fewer than 15 credit hours. Those entering with 15 credit hours or more may complete this requirement with a Skill Area IV course or by taking 2-3 additional credit hours in the Skill Areas described above (I, II or III). Remedial courses, Math 099, and elementary language courses (111 or 112) will not fulfill the Skill Area IV requirement.

Graduation Requirements

International Requirement: Each student must complete 6 credit hours designated as “International” (I). Such courses shall be defined as ones: 1) dealing with a country or region other than the United States; 2) involving the comparative study of two or more countries or regions, one of which may be the United States; 3) that focus upon global themes; or 4) any foreign language course at the 112 level or higher. Please note: meeting the Foreign Language Proficiency Requirement (Skill Area III above) by taking 2 semesters of a language, for example, Spanish 111 and Spanish 112, only provides 3 credit hours towards meeting the International Requirement.

Equity, Justice, and Inclusion: Each student must complete 3 credit hours designated as “EJI”. All students must complete one equity, justice, and inclusion (EJI) designated course as part of their program of study. The EJI requirement may be met through a general education (Study Area, Skill Area, or International Requirement), major, minor, or elective course in a student’s program of study. An EJI-designated course will use course content, course design (such as variety of methods of instruction, assessment, and assignment type), and classroom interactions to highlight obstacles to and strategies required to promote equity and social justice and inclusion in the United States. An EJI-designated course will integrate equity, social justice, and inclusion into the established course content through course design and heightened attention to classroom interactions and culture. An EJI-designated course will explore bias and discrimination in the United States.

First Year Experience: Encouraged for students with fewer than 15 credit hours and to be taken in the student’s first semester. This requirement may be completed by an FYE section of an introductory course or an FYE introductory course to a discipline in the Study Areas section of the general education program.

Note: Double-Counting Restriction
Of the courses taken in the major and minor/concentration, a total of two courses may be counted to fulfill the Study Areas portion of the general education program. Please note, this does not mean that a 3-credit course counts for 6 credits.

Degree Evaluation
Students can access an unofficial degree evaluation on-line through Central Pipeline by clicking on “Degree Evaluation”. This will help you to determine what courses you still need to take but does not replace the need to see your advisor every semester.
Specific Notes for Psychological Science Majors Concerning Some Study and Skill Areas.

Study Area III — Behavioral Sciences — 6 credit hours.

Since two courses in a student's major or minor may be applied to fulfill general education requirements, psychology majors will meet the Study Area III requirement by taking the psychology courses needed to complete their major. The specific Psychology courses that fulfill the Study Area III requirement are: PSY 112, PSY 125, PSY 136, PSY 200, PSY 241, and PSY 281. Psy 112 and Psy 136 are required for all Psychological Science majors.

Study Area IV — Natural Sciences — 6-7 credit hours. A laboratory experience is required.

For Study Area IV, at least one of the courses taken must include a laboratory. Read the course descriptions in the Undergraduate Catalog to be sure a lab course is selected. While some courses include the lab in a 4-credit course, some courses have an optional related laboratory course of one credit.
Skill Area II — Mathematics Requirement — 6 credit hours.

STAT 215 - Statistics for Behavioral Sciences, is required as one of the courses for Skill Area II because it is a prerequisite for PSY 301 - Research Methods in Psychology I. You are required to take the Math Placement Exam before you register for your first mathematics course. If you score well on this test, you will be permitted to register for STAT 215. If you do not show sufficient proficiency, you may be required to take MATH 099 (remedial mathematics) and/or MATH 102 as a prerequisite to STAT 215. Taking Math 099 will not serve towards meeting this Skill Area requirement. [Students who have taken STAT 104 or STAT 200 in the past should not take STAT 215. Students will not receive credit for both STAT 104, STAT 200, and STAT 215 (all same level STAT courses). Although your grade in Math 099 is factored into your GPA, you will not receive any course credits for this course.

NOTE: Students who score 550 or higher on the Math SAT are exempt from Math 102 and qualify to enroll directly in STAT 215.

Skill Area III — Foreign Language Proficiency Requirement — 0-6 credit hours.

Proficiency in a foreign language, besides enriching your life, will greatly increase your marketability in the Human Services Field.

International Requirement. Students are required to take 6 credits designated as international in content. To find these courses look for the letter "I" in the Undergraduate Catalog course descriptions and the listings of general education (GE) courses.

Equity, Justice, and Inclusion Requirement. Students are required to take 3 credits designated as “EJI” in content. To find these courses, look for EJI in the Undergraduate Catalog course descriptions and the listing of general education (GE) courses.

Psychology majors will need to meet this requirement through some courses in General Education, your minor, or your additional electives. In addition, Cross-Cultural Psychology (Psy 420) can count as 3 credits of international coursework.

First Year Experience. The Department of Psychological Science sometimes offers FYE sections of PSY 112 each year. If you are taking psychology courses in your first semester at CCSU, please try to enroll in one of these sections.
A Special Word for Re-entry Students Concerning General Education

Students who re-enter CCSU after a period of withdrawal are generally expected to complete the program requirements, which were in effect when they first entered Central, but may opt for the most recent curriculum and program requirements. You should consult with your advisor or the Department Chair if you have questions.

In many cases, this means that the General Education requirements, as well as the major and minor/concentration requirements, may be different from the current requirements. The Office of the Registrar normally will provide a student with an evaluation of his or her program, which indicates what General Education requirements, must be completed. Consult your academic advisor. For a brief description of the General Education requirements in previous years:

If you started between Spring 2007 to current, see Appendix A
If you started between Fall 2003 – Fall 2006, see Appendix B
If you started between Fall 2001 and Spring 2003, see Appendix C
If you started between Fall 1998 and Spring 2001, see Appendix D
If you started between Fall 1993 and Spring 1998, see Appendix E
If you started between Fall 1989 and Fall 1993, see Appendix F
If you started before Fall 1989, see Appendix G

A Special Word for Students Concerning Financial Aid

Students will have their financial aid impacted if they are repeating a course for which they had previously received a “D” and they are registered for only 12, not 15 credits. Anytime a student repeats a course for which they received credit and they repeat that course, it is not counted toward a full-time schedule by the feds and it could impact a student’s financial aid. If the student repeats a course for which he/she did not receive credit (got grade of “F” or “W”) then repeating the course will count toward full time status.
3. THE MAJOR IN PSYCHOLOGICAL SCIENCE

The Psychological Science major provides an overview of the field of psychology, its methods of study, and the various sub-fields within psychology. Students decide to major in psychological science for many reasons. For some, psychological science provides a vehicle for personal development and an avenue for pursuing a liberal arts education. Others study psychology to build an understanding of people, which can be used in later careers in business or other professions. Some psychological science majors seek future careers in psychology itself or in psychology-related positions, while others take the psychological science major as a preparation for graduate school. Whatever a student's reasons for choosing the psychological science major, the study of psychology will broaden their knowledge and will provide empirical basis for understanding people and behavior.

**Learning Goals and Outcomes for the Department of Psychological Science**

**Learning Goals:**

1. Knowledge Base in Psychology
2. Scientific Inquiry and Critical Thinking
3. Communication
4. Sociocultural and International Awareness
5. Ethical and Social Responsibility
6. Professional Development

**Learning Outcomes:**

Students completing the BA in Psychology will be expected to:

1. Identify, describe, and apply key concepts, principles, and overarching themes in psychology.
2. Interpret, design, and conduct basic and applied research.
3. Write and orally communicate effectively in various formats and for various purposes.
4. Evaluate theories, philosophies, and research from diverse sociocultural perspectives, including those that do not represent mainstream Western perspectives.
5. Apply ethical standards to evaluate psychological science and practice.
6. Identify and develop skills and experiences relevant to achieving selected career goals.
Required Courses: The following seven (7) courses are required for all psychological science majors:

PSY 112 - Introduction to Psychology

PSY 113 - Exploring Psychology

PSY 136 - Life-Span Development

PSY 301 - Research Methods in Psychology I (previously PSY 221)  
(Prerequisite: PSY 112, STAT 215*)

PSY 302 - Research Methods in Psychology II* (previously PSY 222)  
(Prerequisite: PSY 301)

PSY 330 - Abnormal Psychology

PSY 490: History and Systems of Psychology  
(Prerequisites: PSY 112, three other psychology courses and junior standing)

* Starting in Spring 2007, PSY 221 and 222 became 4 credit classes. If you took PSY 221 or PSY 222 before Spring 2007, the 3 credits that you earned will meet the requirements of the Psychology Major. Regarding the required courses, keep in mind:

1. You CANNOT take both PSY 235 and PSY 136/236 for credit. PSY 136 is the required course for Psychology majors. PSY 235 is no longer being taught, but if you transferred courses to CCSU, please check to see if you received credit for PSY 235. If you take both courses, you will not receive credit for PSY 235 toward the major or towards graduation! If you transferred PSY 235, you should fill out a course substitution form to have it count as PSY 136/236 (please note – PSY 136 is the new course number for PSY 236).

2. Since STAT 215 is a prerequisite for PSY 301, and PSY 301 is a prerequisite for PSY 302, it will take 3 semesters to complete the statistics and research methods sequence: STAT 215, PSY 301 and PSY 302. Eligibility for STAT 215 is determined by your SAT score or your score on the Math Placement Exam. If you do not score well on this exam, you may have to take Math 099 and/or Math 102 before you can take STAT 215. It is strongly recommended that psychology majors take the Math Placement Exam upon arrival at
The Core Areas: These courses cover the main sub-fields of psychology. You must take one course from each of the FOUR areas below:

<table>
<thead>
<tr>
<th>Area</th>
<th>Personality/Social:</th>
<th>Biological:</th>
<th>Experimental:</th>
<th>Diversity</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>PSY 371 – Theories of Personality OR PSY 372 – Social Psychology</td>
<td>PSY 441 - Sensation &amp; Perception OR PSY 450 - Biopsychology</td>
<td>PSY 200 - Learning and Memory OR PSY 281 - Cognitive Psychology</td>
<td>PSY 412 – Diversity of Latino/a PSY OR PSY 420 - Cross Cultural OR PSY 430 – Intergroup Relations</td>
</tr>
</tbody>
</table>

Electives: Three (3) additional psychology courses must be taken beyond the seven (7) required courses and the four (4) core courses. These elective courses can be selected from any of the undergraduate courses offered in psychology. Courses not taken as part of the psychology core areas may be used as electives. For example, if you selected PSY 372, Social Psychology, as your core course for area “A”, you could use PSY 371, Theories of Personality, as an elective. A wide sampling of psychology core courses is particularly recommended for majors who plan to enter graduate programs in any area of psychology.

Course Clusters: In addition to the required and core area courses, Psychological Science majors must take three psychology electives of their choosing to complete the major. Options for psychology electives include independent research and internships for credit, as well as any other psychology courses of interest. Students are free to sample a variety of elective courses or may wish to focus their electives on a specific area of psychology by taking courses that fall within a specific cluster. While your choice of a minor (e.g., Gerontology, Peace Studies) allows you to develop expertise in an area aside from your major, careful selection of your psychology and free electives, is another way to increase your knowledge in an area of interest. Course Clusters are sets of related courses that when taken collectively contribute to breadth and depth of understanding in a particular domain.

Taking courses within the cluster might strengthen career opportunities or applications to graduate/professional programs. However, you may choose to sample across more than one cluster. Course Clusters do not lead to certification or a specialized major/minor/academic concentration. Course Clusters are not required, nor is it required that you take all the courses within the cluster. Furthermore, Course Clusters will not be identified as such on your transcript or degree evaluation. It would be wise to discuss your interest in clusters with your academic advisor or one of the faculty members listed as contacts below.
Course Clusters

Clinical Psychology
PSY 330 Abnormal Behavior
PSY 365 Psychology of the Exceptional Child
PSY 371 Theories of Personality
PSY 446 Introduction to Psychotherapy
PSY 451 Psychological Evaluation
PSY 454 Drugs and Behavior
PSY 450 Biopsychology
PSY 458 Human Neuropsychology
For more information contact: Drs. Austad, Corbera, Fallahi, June, or Sikorski

Cognitive Psychology
PSY 200 Learning and Memory
PSY 281 Cognitive Psychology
PSY 410 Media Psychology
PSY 441 Sensation and Perception
PSY 450 Biopsychology
PSY 453 The Psychology of Language
PSY 458 Human Neuropsychology
460 Behavior Modification
For more information contact: Drs. Boncoddo, Bowman, Corbera, Fallon, or Blau

Community Psychology
PSY 125 Environment and Behavior
PSY 250 The Psychology of Community Service
PSY 270 Psychology and the Law
PSY 420 Cross-Cultural Psychology
PSY 430 Intergroup Relations
PSY 444 Positive Psychology
For more information contact: Drs. Conway or Thai

Developmental Psychology
PSY 361 Psychology of Early Childhood
PSY 362 Child Psychology
PSY 363 Adolescent Psychology
PSY 364 Adult Development and Aging
PSY 380 Death and Dying
PSY 365 Psychology of the Exceptional Child
PSY 410 Media Psychology
PSY 460 Behavior Modification
For more information contact: Drs. Andreoletti, Boncoddo, Corbera, June, Waite, or Wood

Law and Psychology
PSY 125 Environment and Behavior
PSY 281 Cognitive Psychology
PSY 270 Psychology and the Law
PSY 330 Abnormal Psychology
PSY 371 Theories of Personality
PSY 372 Social Psychology
PSY 430 Intergroup Relations
PSY 451 Psychological Evaluation

For more information contact: Dr. Sikorski

Health Psychology and Well-Being
PSY 125 Environment and Behavior
PSY 241 Introduction to Health Psychology
PSY 364 Adult Development and Aging
PSY 444 Positive Psychology
PSY 380 Psychology of Dying and Death
PSY 390 Human Sexuality
PSY 450 Biopsychology
PSY 454 Drugs and Behavior

For more information contact: Drs. Austad, Andreoletti, DiPlacido, or June

Peace Psychology
PSY 125 Environment and Behavior
PSY 202 Peace Psychology
PSY 250 The Psychology of Community Service
PSY 372 Social Psychology
PSY 410 Media Psychology
PSY 420 Cross-Cultural Psychology
PSY 430 Intergroup Relations
PSY 444 Positive Psychology

For more information contact: Dr. Austad

Psychology of Organizations
PSY 234 Industrial and Organizational Psychology
PSY 241 Introduction to Health Psychology
PSY 250 The Psychology of Community Service
PSY 270 Psychology and the Law
PSY 420 Cross-Cultural Psychology
PSY 430 Intergroup Relations

For more information contact: Drs. Bragg or Conway

School Psychology
PSY 200 Learning and Memory
PSY 362 Child Psychology
PSY 363 Adolescent Psychology
PSY 365 Psychology of the Exceptional Child
PSY 410 Media Psychology
PSY 430 Intergroup Relations
PSY 451 Psychological Evaluation
PSY 454 Drugs and Behavior

For more information contact: Drs. Austad, Boncoddo, Fallahi, or Wood

Social Relationships
PSY 202 Peace Psychology
PSY 270 Psychology and the Law
PSY 371 Theories of Personality
PSY 372 Social Psychology
PSY 390 Human Sexuality
PSY 410 Media Psychology
**PSY 420 Cross-Cultural Psychology**
**PSY 430 Intergroup Relations**
**PSY 444 Positive Psychology**
**PSY 448 Psychology of Women**

*For more information contact: Drs. Mealy or Wallace*

**Psychology Assessment Test:** As of the Fall 2002 semester, all Psychological Science majors are required to take a Psychology Assessment Test to graduate. The test is administered according to the following guidelines:

- All students with Senior standing will be eligible to take the test.
- The test will be administered via e-mail once per semester. All eligible students will receive an e-mail from the assistant chair of the department with all the information for the test.

---

**A Word to the Wise:**

*It is strongly recommended that students involve themselves in some form of special study, research, or field work in their junior or senior year choosing as an elective one of the following courses:*

- PSY 496 - Internship in Psychological Applications*
- PSY 498 - Topics in Psychology*
- PSY 499 - Independent Reading and Research in Psychology*

*These are special courses in which you will work closely with a particular faculty member. Please talk with your advisor about how to enroll in them.*

---

4. **Selecting a MINOR**

All Psychological Science majors must complete a minor in a discipline other than psychology. Depending upon your interests and future goals, select a minor that will complement your Psychological Science major. Check the CCSU Undergraduate Catalog for the specific requirements of the minor you choose. The requirements will be listed under the heading of "Minor, BA" for each Department. Commonly selected minors include Statistics, Spanish, Sociology, Biology, Communication, Criminal Justice, Marketing or Business, Gerontology, Women Gender and Sexuality Studies, Peace Studies, etc. However, you may minor in any discipline that offers a minor, such as English or History, etc.

If you have an interest in focusing upon one or two sub-fields of psychology, such as Cognitive Psychology or Developmental Psychology, take courses that cover your area of interest as part of your psychology electives.
Minor in Gerontology

Psychological Science majors are eligible to minor in gerontology. The gerontology minor is an interdisciplinary minor (housed in the Department of Psychological Science) designed to provide students with a solid background in different issues related to adult development and aging. Students interested in getting more information about the minor or working with the aging population should look at the Gerontology Minor website (www.ccsu.edu/gerontology) or contact Dr. Carrie Andreoletti (andreolettic@ccsu.edu) or Dr. Andrea June (ajune@ccsu.edu) in the Department of Psychological Science. (Note: Courses used for the Gerontology Minor may not be “double counted” toward the Psychology Major).

The Minor in Gerontology consists of the following (18-19 credits):

Required courses: GERO 101 - Introduction to Gerontology, PSY 364 - Adult Development and Aging, NRSE 342 - Ethical Issues Confronting the Geriatric Patient, GERO 495 - Internship in Gerontology.

5. TRANSFER STUDENTS

The Office of Transfer and Academic Articulations is your one place to stop for help with all your transfer needs. Go to: https://www.ccsu.edu/transferarticulations/ for more information on transfer issues.

For the transfer equivalency guide, an online tool to determine which credits will transfer upon your matriculation, go to: https://webapps.ccsu.edu/CTAB/CCSU_TransCourses.aspx.

Just So you know:

In order to be eligible for graduation honors, you MUST complete at least 62 credits in-house (at CCSU).
## 6. Four-year Academic Map for Psychology Majors (EFFECTIVE TERM SPRING 2008)

<table>
<thead>
<tr>
<th>Semester 1</th>
<th>Credit</th>
<th>Minimum Grade</th>
<th>Milestones</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 112 Introduction to Psychology</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>PSY 113 Exploring Psychology</td>
<td>1</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Math 099/Math101 or STAT 215*</td>
<td>3</td>
<td>C-</td>
<td>Depending upon your score on the Math Placement Exam, you may need to take Math 099 and/or Math 102/103 as a prerequisite for STAT 215.*</td>
</tr>
<tr>
<td><em>We recommend STAT 215 (P) – these are Psychology Only sections of STAT 215.</em> Note, if you are transferring or have taken STAT 104 or STAT 200, that will waive this requirement. You cannot earn credit for both. We prefer that you take STAT 215 when you have a choice. There are 2 psychology-only sections each semester.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PE 144 Health/Wellness Ventures</td>
<td>2</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>15</strong></td>
<td></td>
<td></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Semester 2</th>
<th>Credit</th>
<th>Minimum Grade</th>
<th>Milestones</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 136 Life Span Development</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Writing 110 Freshman Composition</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Math 099/Math101 or STAT 215*</td>
<td>3</td>
<td>C-</td>
<td>Depending upon your score on the Math Placement Exam, you may need to take Math 099 and/or Math 102/103 as a prerequisite for STAT 215.*</td>
</tr>
<tr>
<td><em>We recommend STAT 215 (P) – these are Psychology Only sections of STAT 215.</em> Note, if you are transferring or have taken STAT 104 or STAT 200, that will waive this requirement. You cannot earn credit for both. We prefer that you take STAT 215 when you have a choice. There are 2 psychology-only sections each semester.</td>
<td></td>
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<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
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<tr>
<td>Minor and/or General Education Course</td>
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<td>C-</td>
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<td><strong>TOTAL</strong></td>
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<tr>
<th>Semester 3</th>
<th>Credit</th>
<th>Minimum Grade</th>
<th>Milestones</th>
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</thead>
<tbody>
<tr>
<td>PSY 301 Research Methods I</td>
<td>4</td>
<td>C-</td>
<td>STAT 215 is a prerequisite for PSY 301 Research Methods I. PSY 301 is a prerequisite for PSY 302.</td>
</tr>
<tr>
<td>PSY Core Area Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
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<td><strong>TOTAL</strong></td>
<td><strong>16</strong></td>
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<th>Credit</th>
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<tbody>
<tr>
<td>PSY 302 Research Methods II</td>
<td>4</td>
<td>C-</td>
<td>To meet the graduation requirements of 120 credits, one semester you may need to take 17 credits.</td>
</tr>
<tr>
<td>PSY 330 Abnormal Psychology</td>
<td>3</td>
<td>C-</td>
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<td>C-</td>
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</tr>
<tr>
<td>Minor and/or General Education Course</td>
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<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
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<td>C-</td>
<td></td>
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<tr>
<td>PSY Core Area</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>PSY elective</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>2</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>17</strong></td>
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<tr>
<th>Semester 6</th>
<th>Credit</th>
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<th>Milestones</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY Core Area</td>
<td>3</td>
<td>C-</td>
<td>After you have earned 86+ credits, sign up for the Psychology Assessment Test</td>
</tr>
<tr>
<td>PSY elective</td>
<td>3</td>
<td>C-</td>
<td>For graduation, a student must maintain a cumulative GPA of 2.0 and receive grades of C- or better in courses in the Psychology major or the minor.</td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
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<tr>
<td>Semester 7</td>
<td>Credit</td>
<td>Minimum Grade</td>
<td>Milestones</td>
</tr>
<tr>
<td>------------------------------------------------</td>
<td>--------</td>
<td>---------------</td>
<td>------------------------------------------------</td>
</tr>
<tr>
<td>PSY 490 History &amp; Systems of Psychology</td>
<td>3</td>
<td>C-</td>
<td>Don’t forget to take the Psychology Assessment Test</td>
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<tr>
<td>PSY elective</td>
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<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
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<table>
<thead>
<tr>
<th>Semester 8</th>
<th>Credit</th>
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<th>Milestones</th>
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<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td>Don’t forget to take the Psychology Assessment Test</td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
<td>3</td>
<td>C-</td>
<td></td>
</tr>
<tr>
<td>Minor and/or General Education Course</td>
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<td>C-</td>
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<tr>
<td><strong>TOTAL</strong></td>
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</table>

**TOTAL 120**

This academic map is not a contract, either expressed or implied, between the University and the student, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. The University reserves the right to change, delete or add to any Map at any time within the student’s period of study at the University.

**CCSU Accelerate**

- Requirement Type
  - Five Year Accelerated Program in Psychological Science
- Requirement Narrative
  - Eligible students can apply for admission to the Five Year Accelerated B.A./M.A. in the Spring of their third year of full-time study. Selected students will be able to complete a B.A. in Psychological Science and a M.A. in Psychology in 5 years. For accepted students, three graduate courses will double-count as three undergraduate Psychological Science elective courses. Students apply in the Spring of their third year of full-time study and must meet the requirements specified below:
  
a) Completed 83 earned credit hours by the end of the Fall semester of their third year of full-time study. At least 30 credits must have been earned at CCSU.
b) Completed PSY 301 and 302 (research methods) with at least a B.
c) Have at least a 3.3 cumulative grade point average.
d) Have at least a 3.0 grade point average in Psychological Science courses.
- **How to apply:** Students will submit a personal statement*, and one recommendation letter from a CCSU Psychology professor to the Graduate Studies Chair by February 10th.

- **Note:** After acceptance, students must maintain a 3.0 cumulative grade point average.

*The personal statement should present the applicants professional goals, any specific experiences that helped prepare applicants for the MA psychology program, such as relevant employment, research or training, internships, etc.

---

### Five-Year BA/MA for Psychological Science

**Sample Sequence**

<table>
<thead>
<tr>
<th>Study 1</th>
<th>3 classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study 2</td>
<td>3 classes</td>
</tr>
<tr>
<td>Study 3</td>
<td>2 classes</td>
</tr>
<tr>
<td>Study 4</td>
<td>7 credits – 2 sciences and 1 lab</td>
</tr>
<tr>
<td>Skill 1</td>
<td>2 classes</td>
</tr>
<tr>
<td>Skill 2</td>
<td>2 classes</td>
</tr>
<tr>
<td>Skill 3</td>
<td>2 classes or foreign language waived</td>
</tr>
<tr>
<td>Skill 4</td>
<td>1 class</td>
</tr>
<tr>
<td>Average minor</td>
<td>18 credits</td>
</tr>
<tr>
<td>45 without foreign language</td>
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<tr>
<td>48-51 with foreign language</td>
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**Semester 1**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 112</td>
<td>3</td>
</tr>
<tr>
<td>PSY 113</td>
<td>1</td>
</tr>
<tr>
<td>MATH 099/MATH 102 or STAT 215</td>
<td>3</td>
</tr>
<tr>
<td>PE 144</td>
<td>2</td>
</tr>
<tr>
<td>WRT 110</td>
<td>3</td>
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<td>Minor and/or General Education/Skill Area Course</td>
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<td><strong>Total:</strong> 15 credits</td>
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**Semester 2**

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<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 136</td>
<td>3</td>
</tr>
<tr>
<td>MATH 102 or STAT 215 or STAT 216</td>
<td>3</td>
</tr>
<tr>
<td>Minor and/or General Education/Skill Area Course</td>
<td>3</td>
</tr>
<tr>
<td>Minor and/or General Education/Skill Area Course</td>
<td>3</td>
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<tr>
<td>Minor and/or General Education/Skill Area Course</td>
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</tr>
<tr>
<td>PSY 200 or 281</td>
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<td><strong>Total:</strong> 18 credits</td>
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**Semester 3**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>STAT 215 or STAT 216</td>
<td>3</td>
</tr>
<tr>
<td>PSY 330</td>
<td>3</td>
</tr>
<tr>
<td>PSY 301</td>
<td>4</td>
</tr>
<tr>
<td>Minor and/or General Education/Skill Area Course</td>
<td>3</td>
</tr>
<tr>
<td>Minor and/or General Education/Skill Area Course</td>
<td>3</td>
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<tr>
<td><strong>Total:</strong> 16 credits</td>
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**Semester 4**

<table>
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<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 302</td>
<td>4</td>
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<tr>
<td>PSY 371 or 372</td>
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<tr>
<td>Minor and/or General Education/Skill Area Course</td>
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</tr>
<tr>
<td>Minor and/or General Education/Skill Area Course</td>
<td>3</td>
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<tr>
<td>Minor and/or General Education/Skill Area Course</td>
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<tr>
<td><strong>Total:</strong> 16 credits</td>
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**Semester 5**

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<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 420 or 430</td>
<td>3</td>
</tr>
<tr>
<td>PSY 441 or 450</td>
<td>3</td>
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<td>Minor and/or General Education/Skill Area Course</td>
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<tr>
<td>Minor and/or General Education/Skill Area Course</td>
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<tr>
<td>Minor and/or General Education/Skill Area Course</td>
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<tr>
<td>Minor and/or General Education/Skill Area Course</td>
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<tr>
<td><strong>Total:</strong> 18 credits</td>
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Assumptions: No skill 3 requirements
Assumption minor is 18 credits
**Assuming 63 credits for gen ed + minor**
<table>
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<tr>
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<th>Total 101 credits</th>
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<tbody>
<tr>
<td>PSY 490 (3)</td>
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<tr>
<td>PSY elective (3)</td>
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<td>Minor and/or General Education/Skill Area</td>
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<tr>
<td>Course (3)</td>
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<td>Minor and/or General Education/Skill Area</td>
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<tr>
<td>Course (3)</td>
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<tr>
<td>Minor and/or General Education/Skill Area</td>
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<td>Course (3)</td>
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<td><strong>18 credits</strong></td>
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**Accelerate CCSU**

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<th>Semester 7 Senior (Graduate Year)</th>
<th>Community</th>
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<tbody>
<tr>
<td>General</td>
<td>Health</td>
</tr>
<tr>
<td>Undergraduate Courses (6)</td>
<td>Undergraduate Courses (6)</td>
</tr>
<tr>
<td>PSY 501 (1)</td>
<td>PSY 501 (1)</td>
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<tr>
<td>PSY 596 (4)</td>
<td>PSY 596 (4)</td>
</tr>
<tr>
<td>PSY 512 (3)*</td>
<td>PSY 541 (3)*</td>
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<tr>
<td><strong>14 credits (8 grad)</strong></td>
<td><strong>14 credits</strong></td>
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<tbody>
<tr>
<td>General</td>
<td>Health</td>
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<tr>
<td>Undergraduate Courses (6)</td>
<td>Undergraduate Courses (6)</td>
</tr>
<tr>
<td>PSY 597 (4)</td>
<td>PSY 597 (4)</td>
</tr>
<tr>
<td>Directed Grad Elec (3)*</td>
<td>PSY 542 (3)*</td>
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<tr>
<td>Directed Grad Elec (3)*</td>
<td>PSY 543 (3)*</td>
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<tr>
<td><strong>16 credits (10 grad)</strong></td>
<td><strong>16 credits</strong></td>
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<tr>
<td>General</td>
<td>Health</td>
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<tr>
<td>Directed Grad Elec. (3)</td>
<td>PSY 547 (3)</td>
</tr>
<tr>
<td>Directed Grad Elec (3)</td>
<td>PSY 591 (3)</td>
</tr>
<tr>
<td>PSY 591 (3)</td>
<td>PSY 595 (3)</td>
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<tr>
<td>Grad Elective (3)</td>
<td>Grad Elective (3)</td>
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<tr>
<td>9 credits</td>
<td><strong>12 credits</strong></td>
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<tr>
<td></td>
<td><strong>9 credits</strong></td>
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<td>Semester 10</td>
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<tr>
<td>---------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>PSY 599 (3)</td>
<td>PSY 599 (3)</td>
</tr>
<tr>
<td>Directed Grad Elec (3)</td>
<td>Directed Elective (3)</td>
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<tr>
<td>Directed Grad Elec (3)</td>
<td>Directed Elective (3)</td>
</tr>
<tr>
<td><strong>9 credits</strong></td>
<td><strong>9 credits</strong></td>
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<tr>
<td><strong>36 credits grad</strong></td>
<td><strong>39 credits grad</strong></td>
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</table>

* Double count for psychology elective
7. Psychology Major Worksheet (for students entering in the Spring 2007 - Present)

Study Area I - Arts & Humanities (9 cr hrs)
[Literature, Philosophy, Fine Arts]
(No more than 6 cr in one discipline)

Literature

Study Area II - Social Sciences (9 cr hrs)
[Economics, Geography, History, Political Science]
(No more than 6 cr in one discipline)

History

Study Area III - Behavioral Sciences (6 cr hrs)

PSY 112
PSY 136

Study Area IV - Natural Sciences (6-7 cr hrs)
[Biology, Chemistry, Earth Science, Physics]
(Lab experience required)

Psychology MAJOR
I. Required Courses (42 credits)

PSY 112 Introduction to Psychology I
PSY 113 Exploring Psychology
PSY 136 Lifespan Development
PSY 301 Research Methods I a
PSY 302 Research Methods I a
PSY 330 Abnormal Psychology
PSY 490 History and Systems of Psychology

II. Psychology Core Areas
One course required from each of the following categories:

Personality/Social: PSY 371 or PSY 372
Biological: PSY 441 or PSY 450
Experimental: PSY 200 or PSY 281
Diversity: PSY 412 or PSY 420 or PSY 430

III. PSY Electives- Any 3 additional courses:

PSY__________
PSY__________
PSY__________

Psychology Assessment Test

MINOR (18-21 credits)

Skill Area I - Communications Skills (6 cr hrs)
[Communication and writing courses]

Writing 110

Skill Area II - Mathematics Requirement (6 cr hrs)
Stat 215

Skill Area III - Foreign Language Requirement (Check one)
-3 sequential years of one foreign language at the high school level

-passembled a standardized foreign language exam
-completion of 112 or 114 foreign language courses
-successful completion of upper-level foreign language course
-demonstration of native proficiency in a language other than English

Skill Area IV - University Requirements (2-3 cr hrs)
[PE 144 required for all students entering with less than 15 credits]

PE 144

ADDITIONAL ELECTIVES (to complete 120 hours)

International Requirement – 2 courses required
Equity, Justice, and Inclusion requirement – 1 course required (starting Spring 21)
First Year Experience Requirement

Taking the Psychology Assessment Test is a requirement for graduation

a Starting in Spring 2007, Psy 301 and 302 are 4 credit classes. If you took Psy 221 or Psy 222 (old Research Method’s numbering) before Spring 2007, the 3 credits that you earned will meet the
requirements of the Psychology Major.
8. PLANNING A CAREER IN PSYCHOLOGY

If you wish to work as a professional psychologist, a graduate degree is an absolute necessity. Admission to graduate programs in psychology is very competitive. To be admitted, you must complete a rigorous undergraduate program, score well on the Graduate Record Examination and possible other tests like the GRE Advanced Psychology or the Miller Analogies Test, demonstrate a capacity for independent research, and provide excellent letters of recommendation.

One of the best things that a student can do to gain entrance into a competitive graduate program is to participate in research. Talk with your advisor and/or approach professors about participation in available research teams. Gaining research experience not only provides you with the necessary skills for graduate school, but also allows you to have a professional relationship with a professor who can now write you a glowing letter of recommendation for graduate school. Seek out chances to present your research at local, regional, and national conventions, as well as with publications. This will help set you apart from the other applications to graduate school.

Students planning graduate study should concentrate on taking as many courses as possible from the four core areas (Developmental, Social/Personality, etc) listed in the requirements for the major. Generally, a broad undergraduate background, rather than over-specialization, is best preparation for graduate training.

8.1. Recommended Activities/Courses for Career Planning.

The following is a sample list of recommended activities (*) and courses for career planning to graduate school:

8.1.1. First Year

◆ Join the Psychology Club.

◆ While completing most of your general education requirements during your first two years, work on the basic psychology requirements, including statistics and research courses.

◆ Courses: FALL: PSY 112 - Introduction to Psychology I
PSY 113 - Exploring Psychology

SPRING: STAT 215 - Stats for Behavioral Sciences

8.1.2. Second Year

◆ Become acquainted with several faculty members in the Department of Psychological Science, who may be able to write letters of recommendation for you later.

◆ Write a preliminary resume.

◆ Courses: FALL: PSY 136 - Life-Span Development
PSY 301 - Research Methods I

SPRING: PSY 302 - Research Methods II
PSY 200 - Learning and Memory

(*) Adapted from A.P.A. (1987), Is Psychology the Major for You?
8.1.3. Third Year

♦ Continue to complete basic requirements for graduation.

♦ Select and plan for completion of your MINOR.

♦ Begin research with faculty and continue it throughout year. Talk with your advisor about how to do this.

♦ Begin to consider resources for letters of recommendation (e.g., research supervisors and professors of small classes)

♦ Explore opportunities for joining professional organizations as a student member (e.g., Eastern and/or American Psychological Associations).

♦ Redraft preliminary resume.

♦ Attend state (Connecticut Psychological Association: CPA) and/or regional (Eastern Psychological Association: EPA) Psychological Conventions/Meetings, the Psychology club sponsors a trip for members each year.

♦ Do fieldwork, if interested, in clinical or counseling psychology.

♦ Begin work on a paper on your previous research (e.g., your PSY 302 Research Project) for possible publication or presentation.

♦ Courses: FALL:  
  PSY 450 - Biopsychology  
  PSY 330 - Abnormal Psychology  
  PSY 499 - Ind. Reading & Research in Psy  

  SPRING:  
  PSY 371 - Theories of Personality  
  PSY 372 - Social Psychology

Apply to Psi Chi

8.1.4. Summer Between Third and Fourth Years

♦ Buy study guides for the GRE and MAT and begin studying them.

♦ Write a third draft of your resume.

♦ From research work, write papers for publication and/or presentation in Psychology Conventions.

♦ Begin to investigate prospective graduate programs (consult with faculty and use library resources).

♦ Through application materials, find out about all the requirements or tests needed by individual graduate school programs.

8.1.5. Fourth Year

♦ In your last semester, you will receive an e-mail from the Assistant Chair to sign up for the Psychology Assessment Test.

♦ Complete all degree requirements, research, and fieldwork by December. Continue the research and fieldwork.
| September | (a) Buy or borrow the current issue of *Graduate Study in Psychology* (published by APA, call 1-800-374-2721), and write to prospective schools for application materials or see [www.apa.org](http://www.apa.org). A copy is available in the psychology library in Dr. Fallahi’s office.  
(b) Register to take the October GRE.  
(c) Begin requesting letters of recommendation.  
(d) Have letter of intent written and polished resume completed. |
|---|---|
| November | (e) Have a faculty member or advisor check it for grammar, spelling and content.  
(f) Send completed applications to schools well in advance of deadlines. |
| December | (g) Request transcripts to be sent from all colleges/universities attended.  
(h) If you are not going on to graduate school immediately, continue research, fieldwork, and faculty affiliations as long as possible. |

- **Courses:** **FALL:** PSY 490 - History and Systems of Psych  
  PSY 496 - Internship in Psych Applications

### 8.2. **Recommended Course Selections Outside Psychology**

- Statistics (STAT) and Computer Science (CS) courses
- Natural or Physical Science courses (e.g., BIO 111/112)
- English Composition courses (e.g., WRT 110/202/401)
- Foreign language and culture courses
- Word processing and data analysis skills
- Public Speaking courses and/or classroom presentations

### 8.3. **Other Recommended Experiences**

#### 8.3.1. **Research Experience**

Almost all graduate psychology programs require that you take courses in research design and conduct research studies. To gain research experience, you can either help a faculty member with ongoing research and/or register for PSY 499 - Independent Reading and Research in Psychology. You can apply for CCSU’s student/faculty research grants for student-initiated research carried out with a professor. Plan to present your research at a conference with the help of a faculty member.

#### 8.3.2. **Getting to Know Professors**

Your application to graduate school will be judged on your letters of recommendation, along with your grade point average, your research experience, your Graduate Record Exams, and your breadth of background. During your sophomore and junior years, get to know a few of the Department of Psychological Science faculty and plan an independent project (PSY 499) with a professor. Ask your professors to write letters of recommendation before graduation while you are well known to them.
8.3.3. Professional Organizations

*Psi Chi*, the national honor society in psychology. Identifies you as an exceptionally good student in psychology. See Dr. Amanda Marin Chollom – 216 Marcus White Hall; E-mail: amarin-chollom@ccsu.edu, for further details. We require an overall GPA = 3.0, a Psychology GPA=3.5, and an A/B in Research Methods I.

- American Psychological Association student affiliation. (See www.apa.org/students) for further information.

- Association for Psychological Science student affiliation. (See http://www.psychologicalscience.org/index.php/members/apssc) for further information.

- New England Psychological Association (www.nepa-info.org) and/or Eastern Psychological Association student affiliation (www.easternpsychological.org).

- Individual faculty members have specific areas of expertise and are often members of other more specific professional organizations, so it is important to ask the faculty members about what other organizations you might consider.

8.3.4. Internships

If you are planning on going into the field upon graduation with a BA in Psychology, you may want to consider gaining some applied training and experience. Credit for these activities may be obtained through the course PSY 496, Internship in Psychological Applications. The Department of Psychological Science offers a variety of volunteer experiences under the guidance of the Internship Coordinator or individual faculty. Talk with your advisor or the Department Chair on how to arrange this.

8.4. Standardized Tests for Graduate School Applicants

Almost all graduate schools require that applicants take the Graduate Record Exam (GRE) and/or the Miller Analogies Test (MAT). Your results from these standardized tests are often as important as your grades in determining whether you are accepted. For practice exercises, there are several books available at local bookstores which review the basic math and English areas covered in the GRE general test. The GRE Advanced Test covers a wide variety of areas within psychology: personality, abnormal, clinical, social, industrial, developmental, experimental methodology, physiology, motivation, perception, and history. To prepare for the GRE Advanced Test you should review by using a solid text in Introduction to Psychology -- such as Gleitman's Psychology.

CCSU's Career Development Center has materials describing the Miller Analogies Test (MAT), application procedures, testing center, and practice analogies. Check with the Career Development Center for details about scheduling these tests.

8.5. Information on Careers in Psychology

The Department of Psychological Science’s website (www.ccsu.edu/psychology) includes links to a variety of career development sources. The American Psychological Association (APA) will provide any interested psychology major with a free copy of their booklet, Careers in Psychology. You can write to request your free copy and to get more information about other publications, such as, Graduate Study in Psychology and Is Psychology the Major for you? Write to American Psychological Association, 750 First Street, N.E., Washington, DC 20002-4242. You can also visit their web site at: www.apa.org/students.
## APPENDIX A

### Psychology Major Worksheet (for students entering in the Spring 2007 – Present)

### Study Area I – Arts & Humanities (9 cr hrs)

[Literature, Philosophy, Fine Arts]

(No more than 6 cr. In one discipline)

<table>
<thead>
<tr>
<th>Literature</th>
<th>PSY 112 Introduction to Psychology</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>PSY 113 Exploring Psychology</td>
</tr>
<tr>
<td></td>
<td>PSY 136 Lifespan Development</td>
</tr>
<tr>
<td></td>
<td>PSY 301 Research Methods I *</td>
</tr>
</tbody>
</table>

### Study Area II – Social Sciences (9 cr hrs)

[Economics, Geography, History, Political Science]

(No more than 6 cr. In one discipline)

<table>
<thead>
<tr>
<th>History</th>
<th>PSY 302 Research Methods II **</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>PSY 330 Abnormal Psychology</td>
</tr>
<tr>
<td></td>
<td>PSY 490 History and Systems of Psychology</td>
</tr>
</tbody>
</table>

### Study Area III – Behavioral Sciences (6 cr hrs)

[Psychology Core Areas]

One course required from each of the following categories:

Social/Personality: PSY 372 or PSY 470

Biological: PSY 342 or PSY 450

Experimental: PSY 200 or PSY 281

Diversity: PSY 412 or PSY 420 or PSY 430

### Study Area IV – Natural Sciences (6-7 cr hrs)

[Biology, Chemistry, Earth Science, Physics]

(Lab Experience required)

<table>
<thead>
<tr>
<th>PSY 112</th>
<th>PSY 136</th>
</tr>
</thead>
</table>

### Skill Area I – Communication Skills (6 cr hrs)

[Communication and Writing courses]

<table>
<thead>
<tr>
<th>Writing 110</th>
<th>PSY ________________</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Skill Area II – Mathematics Requirement (6 cr hrs)

<table>
<thead>
<tr>
<th>STAT 215</th>
<th>ADDITIONAL ELECTIVES (to complete 120 hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Skill Area III – Foreign Language Requirement (Check one)

-3 sequential years of 1 foreign language in high school __

-passed a standardized foreign language exam ___

-completion of 112 or 114 foreign language course ___

-demonstration of native proficiency in a language Other than English ___

### Skill Area IV – University Requirements (2-3 cr hrs)

[PE 144 required for all students entering with less than 15 credits]

<table>
<thead>
<tr>
<th>PE 144</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
International Requirement
International Requirement
Equity, Justice, and Inclusion Designation
APPENDIX B

Psychology Major Worksheet (for students entering in the Fall 2003 – Fall 2006)

Study Area I - Arts & Humanities (9 cr hrs)
[Literature, Philosophy, Fine Arts]
(No more than 6 cr. in one discipline)

- Literature ______________

Study Area II - Social Sciences (9 cr hrs)
[Economics, Geography, History, Political Science]
(No more than 6 cr in one discipline)

- History ______________

Study Area III - Behavioral Sciences (6 cr hrs)

- PSY 112 ______________
- PSY 236 ______________

Study Area IV - Natural Sciences (6-7 cr hrs)

[ Biology, Chemistry, Earth Science, Physics]
(Lab experience required)

- PSY ______________

Skill Area I - Communications Skills (6 cr hrs)
[Communication and writing courses]

- English 110 ______________

Skill Area II - Mathematics Requirement (6 cr hrs)

- Stat 215 ______________

Skill Area III - Foreign Language Requirement (Check one)
- 3 sequential years of one foreign language at the high school level
- passed a standardized foreign language exam
- completion of 112 or 114 foreign language courses
- successful completion of upper-level foreign language course
- demonstration of native proficiency in a language other than English

Skill Area IV - University Requirements (2-3 cr hrs)
[PE 144 required for all students entering with less than 15 credits]

- PE 144 ______________

International Requirement
International Requirement
First Year Experience Requirement

PSYCHOLOGY MAJOR

I. Required Courses (40 credits)

- PSY 112 Introduction to Psychology I
- PSY 113 Exploring Psychology
- PSY 221 Research Methods I* a
- PSY 222 Research Methods II** a
- PSY 236 Life-Span Development
- PSY 330 Abnormal Psychology
- PSY 490 History and Systems of Psychology

II. Psychology Core Areas
One course required from each of the following categories:

Social/Personality: PSY 372 or PSY 470
Biological: PSY 342 or PSY 450
Experimental: PSY 200 or PSY 281 or PSY 440
Diversity: PSY 350 or PSY 430

III. PSY Electives- Any 3 additional courses:

- PSY ______________
- PSY ______________
- PSY ______________

Psychology Assessment Test

MINOR (18- 21 credits)

- ______________
- ______________
- ______________

ADDITIONAL ELECTIVES (to complete 122 hours)

- ______________
- ______________
- ______________
- ______________
- ______________

* Pre-requisites for Psy 221 are:
  - Psy 112 (C or Higher) & Stat 215 (C or Higher)

** Pre-requisite for Psy 222 is:
  - Psy 221 (C or Higher)

Taking the Psychology Assessment Test is a requirement for graduation

* Starting in Spring 2007, Psy 221 and 222 will be 4 credit classes. If you took Psy 221 or Psy 222 before Spring 2007, the 3 credits that you earned will meet the requirements of the Psychology
Major.
APPENDIX C
GEN ED AND PSYCH MAJOR REQUIREMENTS FOR MAJORS WHO MATRICULATED BETWEEN FALL 33 AND SPRING 33

Study Area I - Arts & Humanities (9 cr hrs)
[Literature, Philosophy, Fine Arts]
(No more than 6 cr in one discipline)

Literature ____________________________
____________________________________
____________________________________

Study Area II - Social Sciences (9 cr hrs)
[Economics, Geography, History, Political Science]
(No more than 6 cr in one discipline)

History ____________________________
____________________________________
____________________________________

Study Area III - Behavioral Sciences (6 cr hrs)

PSY 112 ____________________________
PSY 236 ____________________________

Study Area IV - Natural Sciences (6-7 cr hrs)
[Biology, Chemistry, Earth Science, Physics]
(lab experience required)

____________________________________

Skill Area I - Communications Skills (6 cr hrs)
[Communication and writing courses]

English 110 __________________________
____________________________________
____________________________________

Skill Area II - Mathematics Requirement (6 cr hrs)

Stat 215 ____________________________
____________________________________
____________________________________

Skill Area III – Foreign Language Requirement (Check one)

- 3 sequential years of one foreign language at the high school level
- passed a standardized foreign language exam
- completion of 112 or 114 foreign language courses
- successful completion of upper-level foreign language course
- demonstration of native proficiency in a language other than English

Skill Area IV - University Requirements (2-3 cr hrs)
[PE 244 required for all students entering with less than 15 credits]

PE 244 ____________________________
____________________________________

International Requirement
International Requirement

PSYCHOLOGY MAJOR

I. Required Courses

PSY 112 Introduction to Psychology I
PSY 113 Exploring Psychology
PSY 221 Research Methods I*
PSY 222 Research Methods II**
PSY 236 Life-Span Development
PSY 330 Abnormal Psychology
PSY 490 History and Systems of Psychology

II. Psychology Core Areas
One course required from each of the following categories:

Social/Personality: PSY 372 or PSY 470
Biological: PSY 342 or PSY 450
Experimental: PSY 200 or PSY 281 or PSY 440

III. PSY Electives- Any 3 additional courses:

PSY ________
PSY ________
PSY ________

MINOR (18- 21 credits)

ADDITIONAL ELECTIVES (to complete 122 hours)

____________________________________
____________________________________
____________________________________

* Pre-requisites for Psy 221 are:
Psy 112 (C or Higher) & Stat 215 (C or Higher)

**Pre-requisite for Psy 222 is:
APPENDIX C

GEN ED AND PSYCH MAJOR REQUIREMENTS FOR
MAJORS WHO MATRICULATED BETWEEN FALL 34 AND SPRING 34

First Year Experience Requirement
Psy 221 (C or Higher)

PSYCHOLOGY MAJOR

I. Required Courses
PSY 112 Introduction to Psychology I
PSY 113 Exploring Psychology
PSY 221 Research Methods I*
PSY 222 Research Methods II**
PSY 236 Life-Span Development

Study Area I - Arts & Humanities (9 cr hrs)
[Literature, Philosophy, Fine Arts]
(No more than 6 cr. in one discipline)

Literature ____________________________
____________________________________

Study Area II - Social Sciences (9 cr hrs)
APPENDIX D
GEN ED AND PSYCH MAJOR REQUIREMENTS FOR
MAJORS WHO MATRICULATED BETWEEN FALL 1998 AND SPRING 2001

Study Area I - Arts & Humanities (9 cr hrs)
[Literature, Philosophy, Fine Arts]
(No more than 6 cr. in one discipline)

Literature  

Study Area II - Social Sciences (9 cr hrs)
[Economics, Geography, History, Political Science]
(No more than 6 cr in one discipline)

History  

Study Area III - Behavioral Sciences (6 cr hrs)

PSY 112  
PSY 236  

Study Area IV - Natural Sciences (6-7 cr hrs)
[ Biology, Chemistry, Earth Science, Physics]
(Lab experience required)

PSY 112  
PSY 236  

Psychology Major

I. Required Courses

PSY 112 Introduction to Psychology I
PSY 113 Exploring Psychology
PSY 221 Research Methods I*
PSY 222 Research Methods II**
PSY 236 Life-Span Development
PSY 490 History and Systems of Psychology

II. Psychology Core Areas
One course required from each of the following categories:

Social/Personality:  PSY 372 or PSY 470
Biological:  PSY 342 or PSY 450
Clinical:  PSY 330 or PSY 451
Experimental:  PSY 200 or PSY 281 or PSY 440

III. PSY Electives- Any 3 additional courses:

PSY  
PSY  
PSY  

Concentration (18-21 credits)

Additional Electives (to complete 122 hours)

*Pre-requisites for Psy 221 are:
Psyc 112 (C or Higher) & Stat 215 (C or Higher)

**Pre-requisite for Psy 222 is:
Psyc 221 (C or Higher)
**APPENDIX E**

**GEN ED AND PSYCH MAJOR REQUIREMENTS FOR MAJORS WHO MATRICULATED BETWEEN FALL 1993 AND SPRING 1998**

<table>
<thead>
<tr>
<th>MODES (See Catalog for Courses)</th>
<th>MAJOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Philosophical 3 credits</td>
<td>I. PSY Required courses</td>
</tr>
<tr>
<td>2. Math. - Logic STAT 215 6 credits</td>
<td>PSY 112 Introduction to Psychology I</td>
</tr>
<tr>
<td>3. Literary 6 credits</td>
<td>Prerequisite for PSY 221</td>
</tr>
<tr>
<td>4. Artistic 6 credits (ART, MUSIC, TH)</td>
<td>PSY 221 Research Methods I*</td>
</tr>
<tr>
<td>5. Historical 6 credits (at least ONE HIS course)</td>
<td>PSY 222 Research Methods II**</td>
</tr>
<tr>
<td>6. Behavioral PSY 6 credits</td>
<td>PSY 236 Life-Span Development</td>
</tr>
<tr>
<td>7. Social Sci. 6 credits (ECON, GEO, PS)</td>
<td>PSY 490 History &amp; Systems</td>
</tr>
<tr>
<td>8. Natural Sci. 6 credits (BIO, CHEM, ESCI, PHYS: 1 lab course required)</td>
<td>DO NOT take both PSY 235 and PSY 236. You can NOT receive credit for both courses.</td>
</tr>
</tbody>
</table>

**AREAS**

| A. Communication Eng 110 6 credits | II. PSY Core Areas. |
| B. Foreign Lang. (2nd course in Area A or C) | One course required from the following categories: |
| C. Supplemental 6 credits (courses from any mode) | Social/Person: PSY 372 or PSY 470 |
| D. Physical 1 credit (REC, DAN) | Biological: PSY 342 or PSY 450 |
|                      | Clinical: PSY 330 or PSY 451 |
|                      | Experimental PSY 200 or PSY 281 |
|                      | or PSY 440 |

**CONCENTRATION**

(18-21 credits)

| ADDITIONAL: Electives to complete 122 hours: |

Students must select 6 credits of International (I) courses within

Modes & Areas.

* **Pre-requisites for Psy 221 are:** Psy 112 (C or Higher) & Stat 215 (C or Higher)  
**Pre-requisite for Psy 222 is:** Psy 221 (C or Higher)
<table>
<thead>
<tr>
<th>MODES</th>
<th>MAJOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Philosophical</td>
<td>I. PSY Required courses</td>
</tr>
<tr>
<td>3 credits</td>
<td>PSY 112 Introduction to Psychology I</td>
</tr>
<tr>
<td>2. Math. -Logic STAT 215</td>
<td>Prerequisite for PSY 221</td>
</tr>
<tr>
<td>6 credits</td>
<td>PSY 221 Research Methods I*</td>
</tr>
<tr>
<td>3. Literary</td>
<td>PSY 222 Research Methods II**</td>
</tr>
<tr>
<td>6 credits</td>
<td>PSY 490 History &amp; Systems</td>
</tr>
<tr>
<td>4. Artistic</td>
<td>II. PSY Core Areas.</td>
</tr>
<tr>
<td>6 credits</td>
<td>One course required from the following categories:</td>
</tr>
<tr>
<td>(ART, MUSIC, TH)</td>
<td>Developmental: PSY 235 or PSY 236</td>
</tr>
<tr>
<td>Historical</td>
<td>Social/Person: PSY 372 or PSY 470</td>
</tr>
<tr>
<td>6 credits</td>
<td>Biological: PSY 342 or PSY 450</td>
</tr>
<tr>
<td>(at least ONE HIS course)</td>
<td>Clinical: PSY 330 or PSY 451</td>
</tr>
<tr>
<td>6. Behavioral</td>
<td>Experimental PSY 200 or PSY 281 or PSY 440</td>
</tr>
<tr>
<td>6 credits</td>
<td>DO NOT take both PSY 235 and PSY 236. You can NOT receive credit for both courses.</td>
</tr>
<tr>
<td>7. Social Sci.</td>
<td>III. PSY electives.</td>
</tr>
<tr>
<td>6 credits</td>
<td>Any 3 additional courses:</td>
</tr>
<tr>
<td>(ECON, GEO, PS)</td>
<td>PSY ____</td>
</tr>
<tr>
<td>8. Natural Sci.</td>
<td>PSY ____</td>
</tr>
<tr>
<td>6 credits</td>
<td>PSY ____</td>
</tr>
<tr>
<td>(BIO, CHEM, ESCI, PHYS:</td>
<td>CONCENTRATION</td>
</tr>
<tr>
<td>1 lab course required)</td>
<td>(18-21 credits)</td>
</tr>
<tr>
<td>AREAS</td>
<td></td>
</tr>
<tr>
<td>A. Communication Eng 110</td>
<td></td>
</tr>
<tr>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td>B. Foreign Lang.</td>
<td></td>
</tr>
<tr>
<td>(2nd course in Area A or C)</td>
<td></td>
</tr>
<tr>
<td>C. Supplemental</td>
<td></td>
</tr>
<tr>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td>(courses from any mode)</td>
<td></td>
</tr>
<tr>
<td>D. Physical</td>
<td></td>
</tr>
<tr>
<td>2 credits</td>
<td></td>
</tr>
<tr>
<td>(REC, DAN)</td>
<td></td>
</tr>
<tr>
<td>Students must select 6 credits of International (I) courses within</td>
<td>ADDITIONAL: Electives to complete</td>
</tr>
<tr>
<td></td>
<td>122 hours:</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Modes & Areas.

* **Pre-requisites for Psy 221 are:** Psy 112 (C or Higher) & Stat 215 (C or Higher)

**Pre-requisite for Psy 222 is:** Psy 221 (C or Higher)
### APPENDIX G
GEN ED AND PSYCH MAJOR REQUIREMENTS FOR MAJORS WHO MATRICULATED BEFORE FALL 1989

<table>
<thead>
<tr>
<th>MODES</th>
<th>(See Catalog for Courses)</th>
<th>MAJOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Comm. Skills</td>
<td>ENG 110</td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Literary</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td>Historical</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td>Behavioral</td>
<td>PSY</td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td>Social Sci.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(ECON, GEO, PS)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(BIO, CHEM, ESCI, PHYS:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1 lab course required)</td>
<td></td>
</tr>
<tr>
<td>9.</td>
<td>Artistic</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(ART, MUSIC, TH)</td>
<td></td>
</tr>
<tr>
<td>10.</td>
<td>Physical</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(REC, DAN)</td>
<td></td>
</tr>
<tr>
<td>11.</td>
<td>Supplemental</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 credits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(courses from any mode)</td>
<td></td>
</tr>
</tbody>
</table>

**MAJOR**

**I. PSY Required courses**
- PSY 112 Introduction to Psychology I
- Prerequisite for PSY 221
- PSY 221 Research Methods I
- PSY 222 Research Methods II
- PSY 490 History & Systems

**II. PSY Core Areas.**
(Minimum of 3 courses)
- PSY 200
- PSY 236
- PSY 330
- PSY 342
- PSY 372
- PSY 440
- PSY 450
- PSY 470

**III. PSY electives.**
(Any 5 additional courses)
- PSY ___
- PSY ___
- PSY ___
- PSY ___

**CONCENTRATION**
(18-21 credits)

**ADDITIONAL:** Electives to complete
122 hours:

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APPENDIX H – Department of Psychological Science Faculty

Carrie Andreoletti – Ph.D., Brandeis University. Research interests: Adult Development & Aging, Personality in Adulthood & Old Age. Office: Marcus White 217 Phone: 860-832-1646; e-mail: andreolettic@ccsu.edu

Carol Shaw Austad, Ph.D., University of North Texas. Research Interests: Clinical, Abnormal Psychotherapy, Health Care Delivery, Stress-Related Conditions. Office: Marcus White 222 Phone: 860-832-3101; e-mail: austad@ccsu.edu

Marcie Berman, Ph.D., University of Missouri-Kansas City. Research Interests: Health inequities, HIV, LGBTQ+ health. Office: Marcus White 201 Phone: 860-832-3119; e-mail: mberman@ccsu.edu

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