

# Central Connecticut State University

## Division of Student Affairs

### Helping Students in Distress

Faculty and staff are often the first university employees to become aware that students are experiencing difficulties whether expressed directly, showing up in their assignments, attendance, classroom behavior, or as an intuitive or gut feeling. Sometimes we have time to reflect and sometimes we need to act immediately. You are never wrong calling 911. **Call 911 IMMEDIATELY if:**

- The student requires immediate medical attention or hospitalization;
- The student is unmanageable (disruptive, aggressive, hostile);
- You are directly threatened by a student or feel at risk because of his or her behavior; or
- The student is threatening suicide.

**Immediate or Specific Threats or Expressions** might sound like:

*I am going to kill Joe Smith on Friday.*  
*I am going to make them all pay tomorrow or*  
*I am going to kill myself before my test on Tuesday.*

**Call the CCSU Police Dispatch at 860-832-2375 if you believe that the behavior, demeanor, or language of a student presents a serious concern, about her/his or others' well-being, but does not constitute an immediate or imminent threat.** Your concern will be directed to the appropriate person or group.

Often, these concerns are best handled through the **Student Behavioral Review Team (SBRT)**. The SBRT meets weekly and comprises members from Student Affairs, Student Conduct, Residence Life, Student Wellness Services, Academic Affairs and the CCSU Police Department. The team reviews reports on students whose behavior has raised a concern with anyone at the university, gathers relevant information, assesses the details for each situation, and then determines whether and how to respond. You may also call these SBRT members:

**Ramón Hernández, Associate Dean of Student Affairs at 860-832-1619 ([Hernandez@ccsu.edu](mailto:Hernandez@ccsu.edu))**  
**Stephanie Reis, Director, Student Conduct at 860-832-1667 ([swreis@ccsu.edu](mailto:swreis@ccsu.edu))**

For concerns about students' *physical or emotional well-being, mental health, or if they are experiencing difficult life events*, refer them to the **Student Wellness Center for either Counseling or Health Services**. Both departments are located in Willard-DiLoreto, W101. Please call 860-832-1926 for an appointment or 860-832-1925 for general inquiries.

Faculty and staff can consult with a mental health or medical professional or may walk students over to either of these offices. Office hours are Monday through Friday from 8:00 AM to 5:00 PM. For sudden medical issues such as a student fainting or complaining of severe chest pain, call 911.

If facing a *non-emergency issue after normal office hours that you believe cannot wait until the next day*, call the CCSU Police at 860-832-2375 or, if you need the assistance of a mental health professional, in New Britain, call the Wheeler Clinic's Community Response Team (24/7) at 860-747-8719. Infoline 211 can connect you with crisis services in other towns.

If you are uncertain and need more specific guidance with a non-emergency issue, you may contact Dr. Michael Jasek, Vice President for Student Affairs at 860-832-1608.

#### Other Resources:

- **ConnSACS Sexual Assault Crisis Service:** Statewide 24 Hour Toll Free Hotline 1-888-999-5545.
- **Suicide Prevention (24 hour hotline):** 1-800-273-TALK (8255) to connect to a skilled, trained counselor at a crisis center in your area, anytime 24/7.
- **Infoline 211:** Call Infoline to connect with Mobile Crisis Services for Youth or other questions and emergency services.

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