

**MARRIAGE AND FAMILY THERAPY EVENING TRACK PLAN OF STUDY BY SEMESTER**  
**(Sample Full Time Schedule)**

**PHASE 1 – PRE-CANDIDACY**

**Prerequisites:** May be taken during Fall, Spring, or Summer semesters as offered prior to start of specialization program.

MFT 505 – Counseling and Human Development across the Lifespan (3) or PSY 512 - Seminar in Developmental Psychology (3)

CNSL 500 - Dynamics of Group Behavior (3)\*\*

CNSL 501 - Theories and Techniques in Counseling (6)\*\*

<u>YEAR 1</u>	<u>Fall Semester</u>	<u>Spring Semester</u>	<u>Summer Semester</u>
	<p><b>MFT 541 - Intro to Theories of Family Systems (3)**</b>  MFT 542 – Ethical, Legal, and Professional issues in MFT (3)**</p> <p>Prerequisite courses may be taken during this semester. Student applies for degree candidacy at the end of this semester after earning a B or better in each of the CNSL 500, CNSL 501, PSY 512, and MFT 541. Join AAMFT (<a href="http://www.aamft.org">www.aamft.org</a>)</p>	<p><b>PHASE 2 – DEGREE CANDIDACY</b></p> <p><b>MFT 551 - Structural/Strategic/Behavioral Family Therapies (3)</b>  MFT 556 - Systemic Perspectives on Mental Disorders (3)*  MFT 557 - Action Methods in MFT (3)**</p> <p>Last Friday in January – MFT Placement Fair for Practicum and Internship, held at CCSU</p>	<p><b>NOTE:</b> Many MFT courses that are scheduled for the Fall and Spring semesters (except sequenced courses – in <b>BOLD</b>) are taught during Summer and Intersession semesters on a rotational basis for students' convenience. Students may take courses in the summer, as offered (denoted by an asterisk [*]). Courses taught every Summer are designated with [**]).</p>
<u>YEAR 2</u>	<p><b>PHASE 3 – PRACTICUM YEAR</b></p> <p>MFT 543 - The Family Life Cycle (3)*  MFT 544 - Families in Context: Gender &amp; Cultural Dimensions (3)*  <b>MFT 552 - Experiential, Intergenerational &amp; Psychodynamic Family Therapies (3)</b>  <b>MFT 583 - Marriage &amp; Family Therapy Practicum I (3)</b></p>	<p><u>Spring Semester</u></p> <p>MFT 598 - Research Methods in MFT (3)**  MFT 555 - Dysfunctional Family Processes (3)*  <b>MFT 584 - Marriage &amp; Family Therapy Practicum II (3)</b></p> <p>(Note: Practicum includes 12 hours on-site at agency per week plus weekly 2-hour seminar with MFT faculty – MFT 583 and MFT 584. Agency provides supervision minimum one hour/week)</p>	<p><b>PHASE 4 – INTERNSHIP</b></p> <p><b>MFT 585 - Marriage &amp; Family Therapy Internship (3)</b>  3 semesters (12 months) requiring 500 clinical contact hours (250 must be “relational”) with minimum 100 hours of supervision by an AAMFT Approved Supervisor (offered via faculty supervision at CCSU) 50 hours of supervision must use “raw” clinical data (audio/video/live supervision formats)</p>
<u>YEAR 3</u>	<p><u>Fall Semester</u></p> <p>MFT 554 - Couples Therapy (3)*  <b>MFT 585 - Marriage &amp; Family Therapy Internship (3)</b></p> <p>Elective*</p>	<p><u>Spring Semester</u></p> <p><b>MFT 585 - Marriage &amp; Family Therapy Internship (3)</b>  <b>Capstone Project: Case Presentation</b>  <b>Student applies for graduation by 3/1</b></p>	<p><b>Plan E – Capstone Non-Thesis (Typical)</b>  <b>Plan A – Capstone PLUS Thesis (Optional)</b></p>

**Notes:**

This is a sample semester-by-semester description of the curriculum, which shows the general structure of the program. Courses in **bold** are taken in the sequence, as shown. Other courses may be taken as available and in any order, providing that course prerequisites are met.

This curriculum is designed to expose students to key theoretical knowledge and clinical techniques prior to the Internship experience. MFT 541 is a prerequisite for all MFT specialization courses. **All MFT students must follow the sequence** of MFT 541, MFT 551, MFT 552, MFT 583, MFT 584, and MFT 585 during the specified semesters. **All other MFT courses may be taken anytime after completion of MFT 541 and acceptance into the program.** The elective course can be any graduate-level course that fits coherently with the student's professional interests.

MFT 598 (Research Methods) and MFT 542 (Ethical, Legal, and Professional Issues in MFT) may be taken anytime in the program, including prior to Degree Candidacy.

MFT 558 (Internal Family Systems Therapy) is an elective that is taught each summer for students interested in the IFS model.