Listen Without Prejudice is a support group for LGBTQ+ students at CCSU facilitated by Victoria Ginter, Counselor from Student Wellness Services. LGBTQ+ students can experience unique challenges and adversities that may be hard to discuss with others who do not share the same experiences. This group is meant to bring those students together, in order to create a community of solidarity and understanding. Students will share a safe space to talk openly and support one another and learn healthy coping and resiliency skills. The group will offer ways to stay positive and help you realize that other students are on this journey with you. This is a confidential space. They meet every Wednesday at 3:00 pm. To sign up or for more information, email vginter@ccsu.edu or lgbt@ccsu.edu

Going On A Gender Bender is a peer-led support group facilitated by our student worker, Amara Osorio. Topics include: the intersection of race and LGBTQ struggle, evaluating toxic masculinity, and more. It is also a space that is built solely by the members; each participant has the opportunity to discuss anything they may need to. This is a great space to build community, talk about current issues faced by the LGBTQ community, and receive student-to-student support. This is a drop-on style group; no sign up is needed to attend. They meet Tuesdays in the LGBT Center from 2:00 pm- 4:00 pm. For more information, email a.osorio@my.ccsu.edu or lgbt@ccsu.edu
Queer Coffee & Donuts is a space for students to get together, unwind, have breakfast, and build community in a safer space for the LGBTQ+ community on campus. Students can either swing by to grab a quick bite or stay to hang out with other queer peers. There will be coffee, donuts, tea, pastries, and more. This happens on the third Thursday of every month in the LGBT Center lounge, third floor of the student center.

For more information, please contact our student worker Anastasia Marco at marco@my.ccsu.edu or lgbt@ccsu.edu

Open Hearts Discussion Group is a space for students to discuss all aspects of non-monogamy and is facilitated by our LGBT Center University Assistant, Nichol McCarter. If you have questions about what exists outside of monogamy, how to build ethical open relationship, or would like to build community, you are invited to join this support group.

This group meets every second and fourth Friday of the month from 3:15 pm- 4:15 pm in the LGBT Center, third floor of the student center. For more information, you can contact Nichol at st_nm9869@ccsu.edu or lgbt@ccsu.edu