

Central Connecticut State University Planned Program of Graduate Study

The graduate planned program of study (GPPS) is an important document representing an official agreement between the student and the university, with the academic advisor and Assoc. V.P. for Graduate Studies (AVP) or designee acting on its behalf. The GPPS lists the courses and other requirements that must be completed prior to program completion or graduation. The GPPS is not official until your academic advisor and AVP or designee sign and approve it; it must be submitted before the completion of 15 course credits. (An earlier submission is recommended.) Approved copies are sent from the graduate school to the student and the academic advisor. The official copy is retained in the student's university permanent. The GPPS must be revised for submission if changes are made and approved by the advisor.

Name:	Student ID#:
Street:	Degree: M.A.
City/State/Zip:	Major: PE - Exercise Science
Country:	Academic Advisor:

Planned Program Type:	Initial <input type="checkbox"/>	Revision <input type="checkbox"/>	Degree Audit <input type="checkbox"/>
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CCSU Courses* (Recommended Sequence)	Transfer Course/ Univ. Where Taken	Credit Value	Semester Taken	Year Taken	Grade Received
All students must take a minimum of 15 credits from the Exercise Science Category; see below.					
Core Courses (18-21 credits)					
EXS 519 Sport Biomechanics		3			
EXS 523 Essentials of Sports Performance Training		3			
EXS 530 Nutrition for Health, Fitness		3			
EXS 590 Independent Study/Topic		3			
**PE 590/EXS 590 Topics in EXS or Sports Med.		6			
EXS 592 Adv. Physiology of Sport & Exercise I		3			
EXS 593 Adv. Physiology of Sport & Exercise II		3			
Sport Category: EXS 507, EXS 515, EXS 516					
Electives: Courses other than Core Courses as Approved by Faculty Advisor 3-6					
		3			
		3			
Research: PE 597 Research in PE & EXS I		3			
PE 598 Research in PE & EXS II		3			
Capstone Requirement: Plan A or B					
Plan A – Thesis – PE 599		3			
Plan B – Comprehensive Exam		0			
Required Credit Total		30	Cannot Exceed 6 Years for Masters unless Extension is Granted		

* No more than 9 credits of 400-level courses listed in the Graduate Catalog can be included in a graduate degree or post-master's program.

Notes from academic advisor on pre-requisites, course additions, time extensions, or other.

Student Signature:	Date:
Student E-Mail:	Phone:
Advisor Signature:	Date:
AVP (or designee):	Date: