The Master’s program in Marriage and Family Therapy at Central Connecticut State University is accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy.

This standing expires on May 1, 2021

FOR FURTHER INFORMATION

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or

Contact the Graduate Admissions Office at (860) 832-2350 (press ‘1’)
for information regarding application procedures and an application packet.

www.ccsu.edu/grad

MFT Program Web Site:

www.ccsu.edu/MFT

Weekend Cohort Track

Department of Counselor Education & Family Therapy

Central Connecticut State University
PROGRAM DESCRIPTION

The Master's Program in Marriage and Family Therapy at Central Connecticut State University, conveniently located off major highways in the center of the state, offers both part- and full-time study opportunities for persons interested in pursuing a career in marriage and family therapy. The program is nationally accredited by AAMFT's Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

The MFT program's intensive 51 credit hour core curriculum is designed to provide students with a solid theoretical background as a foundation for intensive clinical training in systemic approaches to human problems. The curriculum leads to a Master of Science (M.S.) in Marriage and Family Therapy, and is designed to meet the academic requirements for Connecticut Licensure for Marital and Family Therapists and AAMFT Clinical Membership. There are 12 credits that are taken as prerequisites, totaling 63 credit hours to complete the program.

Evening and Weekend Cohort Tracks  - The program has two options: A flexible evening track that affords students to complete the program on a part-time or full-time basis and a weekend track that permits students who otherwise could not attend the evening program to complete the program on weekends. Admission to each track is separate and students take courses only within their designated tracks.

Clinical placements are available throughout Connecticut and surrounding states. Intensive weekly faculty supervision emphasize the development of effective therapeutic skills to meet the challenges of the new climate in health care service delivery. Emphasis is also placed on the development of the “person of the therapist.” A key theme of the program is respect for diversity of people and lifestyles in families.

The Graduate faculty consists of AAMFT Approved Supervisors and Licensed MFTs who are highly experienced both as teachers and as clinicians in the MFT field. All courses are taught by faculty members who are dedicated to the training of Marriage and Family Therapists. Faculty interests, which are incorporated into the curriculum, include: Use of Action Methods in family therapy, Internal Family Systems Therapy, and the Metaframeworks perspective for understanding and intervening in human systems.

Weekend classes are scheduled to be taken on Friday evenings and all day on Saturdays on an approximately every-other-week basis during the first two years (3 courses per semester, taught sequentially Fall and Spring in Years 1 and 2). All students in a cohort go through the program together as a group.

Courses in the Weekend Cohort Track are taken in the following sequence:

<table>
<thead>
<tr>
<th>Year</th>
<th>Summer</th>
<th>Fall</th>
<th>Spring</th>
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<tbody>
<tr>
<td>1</td>
<td>Basic CNSL Skills</td>
<td>Foundations</td>
<td>Models/Methods</td>
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<tr>
<td></td>
<td>CNSL 500*</td>
<td>MFT 505* or PSY 512*</td>
<td>MFT 551</td>
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<tr>
<td></td>
<td>CNSL 501* (6 cr)</td>
<td>MFT 541**</td>
<td>MFT 552</td>
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<tr>
<td></td>
<td>9 credits</td>
<td>MFT 542</td>
<td>MFT 554</td>
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<tr>
<td>2</td>
<td>Research/Action Methods</td>
<td>Family Dysfunction/Assessment/Practicum</td>
<td>Family Processes/Practicum</td>
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<tr>
<td></td>
<td>MFT 598</td>
<td>MFT 583***</td>
<td>MFT 584***</td>
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<td>MFT 557</td>
<td>MFT 555</td>
<td>MFT 543</td>
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<td>6 credits</td>
<td>MFT 556</td>
<td>MFT 544</td>
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<td>9 credits</td>
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Admissions to the Weekend Cohort Track of the Master’s program in Marriage and Family Therapy are made on a competitive basis once per year (Summer). All applications must be completed and received by May 1. Approximately twenty (20) students are accepted per cohort.

The program is nationally accredited by AAMFT's Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

Admissions to the Weekend Cohort Track of the Master’s program in Marriage and Family Therapy are made on a competitive basis once per year (Summer). All applications must be completed and received by May 1. Approximately twenty (20) students are accepted per cohort.

The decision to admit a student into the MFT program is based on the candidate’s cumulative grade point average (GPA), three recommendations by persons able to judge the candidate’s aptitude for success in the profession, and a personal statement as to the candidate’s personal background and motivation for entering the MFT field (see program website for details).

The admission standard for this program requires a minimum of 2.70 combined undergraduate and previous graduate GPA (of at least a 3.00 for graduate work) based on a 4.00 point scale where A is 4.00. Students with grade point averages between 2.40 and 2.60 may appeal their denials for admission. Conditional admission may be considered on a space-available basis.

All students who are accepted into the department are initially granted pre-candidacy status and are assigned an academic advisor. The advisor will orient the student regarding prerequisites, course scheduling, potential course transfers and substitutions, and the planned program of study. Pre-candidacy status allows the student to begin taking classes and gives both the program and the student the opportunity to determine if the program is a good “fit” prior to making a full 3-year commitment. Students must meet the conditions of pre-candidacy in order to advance to Degree Candidate status. To qualify for degree candidacy, students must obtain a grade of B or better in each of CNSL 500, CNSL 501, MFT 505 (or PSY 512) and MFT 541. Note that All but MFT 541 are considered to be “program prerequisites”, which allows the program to waive these courses for students transferring in from other counseling or MFT programs who have already completed the equivalent courses.

CLINICAL TRAINING

The Practicum is a two-semester, 12-hour-per-week supervised clinical placement at a community agency during the Second Year. Students learn basic clinical skills and begin working with clients. Students process their experiences in a small group format with a faculty supervisor.

The Internship is a 12-month, 25-hour-per-week intensive clinical placement following the practicum experience in the Third Year. The Internship allows students to conduct marital and family therapy under supervision of an AAMFT Approved Supervisor. Interns conduct 500 hours of therapy with individuals, couples, and families. 250 hours must be with couples and families. Interns receive a minimum of 100 hours of individual and group supervision with a minimum of 50 hours of supervision using actual clinical material (i.e., live supervision, audio and video tapes) for intensive review.

NOTE: Students enrolled in the Weekend Cohort Track should expect to participate in their practicum and internship during the work week (day and/or evening, as most clinical placements operate during the weekend).