



# EXERCISE SCIENCE, B.S.

## CCSU Major Resources & Information

### Related Job Titles\*

- Exercise Physiologist
- Coach
- Health Director
- Personal Trainer
- Resort Manager
- Sports Medicine
- Youth Fitness Instructor
- Rehabilitation
- Physical Therapist\*
- Occupational Therapist\*
- Chiropractor\*
- Research\*
- Teaching \*
- Sports Nutritionist /Dietitian\*
- Massage Therapist\*

(\*Some professions may require additional education or certification/licenses)

### Sample Employers

- Arenas
- Athletic Associations
- Clinics
- Colleges and Universities
- Fitness Centers
- High Schools
- Hospitals
- Non-profit Organizations
- Rehabilitation Clinics
- Sport Associations

### Related Major Skills:

- Active listening
- Adaptability to change
- Organized critical thinking
- Problem solving
- Teamwork
- Coordination skills
- Efficiency in working independently
- Judgement and decision making
- Monitoring
- Oral and written communication

### Professional Associations:

- American College of Sports Medicine (ACSM)
- National Strength & Conditioning Association (NSCA)
- National Academy of Sports Medicine (NASM)
- Aerobics and Fitness Association of America (AFAA)
- American Council on Exercise (ACE)

### Job & Internship Search Sites:

- Collegecentral.com/ccsu
- Exercisejobs.com
- Healthcareerweb.com
- Phpartners.org

### CCSU Related Organizations/ Clubs:

Exercise Science Club

For more information, contact the CCSU Career Success Center | Clarence Carroll Hall | First Floor

Phone: (860)832-1615 | Fax: (860)832-1650 | Email: [Careers@ccsu.edu](mailto:Careers@ccsu.edu) | [www.ccsu.edu/career](http://www.ccsu.edu/career)

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## Experiential Learning Opportunities

Better Athletic Development

BDX Fitness

Big Sky Fitness

Bluestreak

Central Area Health Education Center

Coplex Sports Domain

Empower Leadership & Adventure

ESF, Inc.

Excel Fitness

Middlebrook Farms

Ozone Fitness Center

Pitney Bowes

Ranfone Training Systems

St. Vincent's Hospital Cardiac Rehab

Sudor Taino

The Little Gym

Wheeler Regional Family YMCA

### Resources for Internships:

[Collegecentral.com/CCSU](http://Collegecentral.com/CCSU)

[Linkedin.com](http://Linkedin.com)

[Indeed.com](http://Indeed.com)

[Internships.com](http://Internships.com)

[Simplyhired.com](http://Simplyhired.com)

[Aftercollege.com](http://Aftercollege.com)

[Glassdoor.com](http://Glassdoor.com)



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