Central Connecticut State University 890429
Eastern Connecticut State University 890433
Southern Connecticut State University 890434
Western Connecticut State University 890435

Herein called
Connecticut State University System

2010 - 2011

Domestic and International Students

Accident and Sickness Insurance Plan Brochure

Underwritten by:
Aetna Life Insurance Company
(ALIC)
WHERE TO FIND HELP
In case of an emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility. For non-emergency situations please visit or call your university Student Health Services.

For questions about:
• Insurance Benefits
• Enrollment
• Claims Processing
• Enrollment Forms
• Waiver Process

Please contact:
Aetna
PO Box 981106
El Paso, TX 79998
(877) 375-4244

For questions about:
• ID Cards

ID cards will be issued as soon as possible. If you need medical attention before the ID card is received, benefits will be payable according to the Policy. You do not need an ID card to be eligible to receive benefits. Once you have received your ID card, present it to the provider to facilitate prompt payment of your claims.

For lost ID cards, contact:
Aetna Student Health
(877) 375-4244

For questions about:
• Status of Pharmacy Claim
• Pharmacy Claim Forms
• Excluded Drugs and Pre-Authorization

Please contact:
Aetna Pharmacy Management
(800) 238-6279 (Available 24 hours)

For questions about:
• Provider Listings

Please contact:
Aetna Student Health
(877) 375-4244

A complete list of providers can be found by using Aetna’s DocFind® Service at: www.aetnastudenthealth.com.

For questions about:
On Call International 24/7 Emergency Travel Assistance Services.

Please contact:
On Call International at (866) 525-1956 (within U.S.).
If outside the U.S., call collect by dialing the U.S. access code plus (603) 328-1956. Please also visit www.aetnastudenthealth.com and visit your school-specific site for further information.
IMPORTANT NOTE

Please keep this Brochure, as it provides a general summary of your coverage. A complete description of the benefits and full terms and conditions may be found in the Master Policy issued to the Connecticut State University System. If any discrepancy exists between this Brochure and the Policy, the Master Policy will govern and control the payment of benefits. The Master Policy may be viewed at the Connecticut State University System Office during business hours.

This student Plan fulfills the definition of Creditable Coverage explained in the Health Insurance Portability and Accountability Act (HIPAA) of 1996. At any time should you wish to receive a certification of coverage, please call the customer service number on your ID card.

NOTE:

THIS LIMITED HEALTH BENEFITS PLAN DOES NOT PROVIDE COMPREHENSIVE MEDICAL COVERAGE. IT IS A BASIC OR LIMITED BENEFITS POLICY AND IS NOT INTENDED TO COVER ALL MEDICAL EXPENSES. THIS PLAN IS NOT DESIGNED TO COVER THE COSTS OF SERIOUS OR CHRONIC ILLNESS. IT CONTAINS SPECIFIC DOLLAR LIMITS THAT WILL BE PAID FOR MEDICAL SERVICES WHICH MAY NOT BE EXCEEDED. IF THE COST OF SERVICES EXCEEDS THOSE LIMITS, THE BENEFICIARY AND NOT THE INSURER IS RESPONSIBLE FOR PAYMENT OF THE EXCESS AMOUNTS. THE SPECIFIC DOLLAR LIMITS ARE AS FOLLOWS:

OUTPATIENT BENEFITS ARE LIMITED TO $1,500 PER CONDITION, PER POLICY YEAR.
INPATIENT ROOM AND BOARD EXPENSES ARE LIMITED TO $500 PER DAY, PER CONDITION, PER POLICY YEAR. INPATIENT AND OUTPATIENT SURGICAL BENEFITS ARE LIMITED TO $5,000 PER CONDITION, PER POLICY YEAR. PRESCRIPTION DRUG MAXIMUM IS LIMITED TO $2,000 PER POLICY YEAR. ACCIDENTAL DENTAL INJURY IS LIMITED TO $3,500 PER POLICY YEAR.
UNIVERSITY HEALTH SERVICES
University Health Services is each University's on-campus health facility.

For more information regarding Health Services, including hours of operation, contact your University Health Services. In the event of an emergency, call 911 or your local Campus Police.

POLICY PERIOD
1. **Students**: Coverage for all insured students enrolled for the Fall Semester, will become effective at 12:01 a.m. on **August 1, 2010**, and will terminate at 12:01 a.m. on **August 1, 2011**.

2. **New Spring Semester students**: Coverage for all insured students enrolled for the Spring Semester, will become effective at 12:01 a.m. on **January 18, 2011**, and will terminate at 12:01 a.m. on **August 1, 2011**.

3. **Insured dependents**: Coverage will become effective on the same date the insured student's coverage becomes effective, or the day after the postmarked date when the completed application and premium are sent, if later. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Master Policy. For more information on Termination of Covered Dependents (see page 34) of this Brochure. Examples include, but are not limited to: the date the student’s coverage terminates, and the date the dependent no longer meets the definition of a dependent.

RATES

<table>
<thead>
<tr>
<th></th>
<th>Annual</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FT Student Sickness Plan Rate</strong></td>
<td>$993</td>
<td>$497</td>
<td>$496</td>
</tr>
<tr>
<td><strong>Spouse Accident &amp; Sickness</strong></td>
<td>$1,684</td>
<td>$842</td>
<td>$842</td>
</tr>
<tr>
<td><strong>Child(ren) Accident &amp; Sickness</strong></td>
<td>$998</td>
<td>$499</td>
<td>$499</td>
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</tbody>
</table>
### Cost Actively Registered and Matriculated Part-Time Students

<table>
<thead>
<tr>
<th></th>
<th>Annual</th>
<th>Fall</th>
<th>Spring</th>
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</thead>
<tbody>
<tr>
<td>Student Accident and Sickness</td>
<td>$1,219</td>
<td>$610</td>
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<tr>
<td>Spouse Accident and Sickness</td>
<td>$1,684</td>
<td>$842</td>
<td>$842</td>
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<td>Child(ren) Accident and Sickness</td>
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<td>$499</td>
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</tbody>
</table>

THE CONNECTICUT STATE UNIVERSITY SYSTEM (CSUS)

STUDENT ACCIDENT AND SICKNESS INSURANCE PLAN

This is a brief description of the Accident and Sickness Medical Expense benefits available for students enrolled at a CSUS university and their eligible dependents. The Plan is underwritten by Aetna Life Insurance Company (called Aetna). The exact provisions governing this insurance are contained in the Master Policy issued to CSUS and may be viewed at the Connecticut State University System Office during business hours.

### STUDENT COVERAGE

#### ELIGIBILITY

- **Full-Time Students**
  - All full-time registered undergraduate and graduate students enrolled at a CSUS University are required to participate in this Plan, unless you can provide proof of comparable coverage by submitting a Waiver by the published deadline dates. Any waivers received after the published deadline will not be accepted. Failure to complete the Waiver process, within the University’s specified Waiver period, will result in a per-semester premium of $497/$496 (for the Sickness Plan) added to your tuition bill. If you do not have online access, please contact or go to the bursar’s office for assistance.

- **Part-Time Students**
  - All actively registered and Matriculated part-time students enrolled at a CSUS University are eligible to enroll in the Accident and Sickness Insurance Plan on a voluntary basis. Matriculated means that the student has been accepted to and is currently participating in an accredited, degree-seeking program. We maintain the right to investigate student status and attendance records to verify that Policy eligibility requirements have been met and maintained. If we discover that the Policy Eligibility Requirements have not been met and maintained, our only obligation is a refund.
of premium, less any claims paid. Eligibility Requirements must be met and maintained each time a premium is paid to continue coverage.

**ENROLLMENT**

All Full-Time students will be automatically enrolled in this Plan, unless the completed Waiver Form has been received by the University, by the specified enrollment/waiver deadline dates listed in the next section of this Brochure.

**EXCEPTION:** A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro-rata refund of premium will be made for such person, and any covered dependents, upon written request received by Aetna within 90 days of withdrawal from school.

Waiver submissions may be audited by each University, Aetna Student Health, and/or their contractors or representatives. You may be required to provide, upon request, any coverage documents and/or other records demonstrating that you meet the school's requirements for waiving the Student Health Insurance Plan. By submitting the waiver request, you agree that your current insurance plan may be contacted for confirmation that your coverage is in force for the applicable Policy Year and that it meets the school's waiver requirements.

**REFUND POLICY**

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

**EXCEPTION:** A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. In this case, a pro-rata refund of premium will be made for any such person and any covered dependents upon written request received by Aetna Student Health within 90 days of withdrawal from school.

**WAIVER PROCESS/PROCEDURE**

Eligible students will automatically be enrolled in this Plan, unless a completed online waiver form has been received by the University by the specified deadline dates listed below:

<table>
<thead>
<tr>
<th>Category</th>
<th>Waiver Deadline Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall Semester</td>
<td>August 30, 2010</td>
</tr>
<tr>
<td>Spring Semester</td>
<td>February 15, 2011</td>
</tr>
</tbody>
</table>
DEPENDENT COVERAGE

ELIGIBILITY
Covered students may also enroll their lawful spouse, civil union partner, and unmarried dependent children under age 26, who reside with, and are fully supported by, the covered student.

Coverage for a dependent child shall terminate at the Policy anniversary date after the child (1) marries, or (2) attains the age of 26, providing the dependent child is a resident of the state. However, the residency requirement does not apply to full-time students attending an out-of-state school of higher education or dependents residing out of state with a custodial parent.

ENROLLMENT
To enroll the dependent(s) of a covered student, please complete the online enrollment process at www.aetnastudenthealth.com. Aetna student health manages all dependent enrollment directly. If the online enrollment request is received before August 1, 2010, then there will be no break in coverage. The Fall online enrollment deadline is October 1, 2010. Dependent enrollment applications will not be accepted after October 1, 2010, unless there is a significant life change that directly affects their insurance coverage. (An example of a significant life change would be loss of health coverage, under another health plan.) The Spring enrollment deadline is March 4, 2011.

NEWBORN INFANT AND ADOPTED CHILD COVERAGE
A child born to a Covered Person shall be covered for Accident, Sickness, and congenital defects, for 31 days from the date of birth. At the end of this 31 day period, coverage will cease under the Connecticut State University System Student Health Insurance Plan. To extend coverage for a newborn past the 31 days, the covered student must: 1) enroll the child within 31 days of birth, and 2) pay the additional premium, starting from the date of birth.

Coverage is provided for a child legally placed for adoption with a covered student for 31 days from the moment of placement provided the child lives in the household of the covered student, and is dependent upon the covered student for support. To extend coverage for an adopted child past the 31 days, the covered student must 1) enroll the child within 31 days of placement of such child, and 2) pay any additional premium, if necessary, starting from the date of placement.

NOTE: Previously Covered Persons must re-enroll for dependent coverage by August 1, 2010 for the Fall Semester, in order to avoid a break in coverage. See Continuously Insured Section of this Brochure.

For information or general questions on dependent enrollment, contact Aetna Student Health at (877) 375-4244.

CONTINUOUSLY INSURED
Persons who have remained continuously insured under this Policy or other policies will be covered for any pre-existing condition, which manifests itself while continuously insured, except for expenses payable under prior policies in the absence of this Policy. Previously Covered Persons must re-enroll for coverage, including dependent coverage, by August 1, 2010, for the Fall Semester, in order to avoid a break in coverage for conditions which existed in prior Policy Years. Once a break in continuous coverage occurs, the pre-existing conditions limitation will apply. (Part-Time Students Only) (see page 9).

PREFERRED PROVIDER NETWORK
Aetna Student Health has arranged for you to access a Preferred Provider Network in your local community. Acute care facilities and mental health networks are available nationally if you require hospitalization outside the immediate area of the university campus.

To maximize your savings and reduce your out-of-pocket expenses, select a Preferred Provider. It is to your advantage to use a Preferred Provider because savings may be achieved from the Negotiated Charges these providers have agreed to accept as payment for their services. Preferred Providers are independent contractors, and are neither employees nor agents of, Aetna Student Health, or Aetna. A complete listing of participating providers is available at University Health Services.
You may also obtain information regarding Preferred Providers by contacting Aetna Student Health at (877) 375-4244, or through the Internet by accessing DocFind® at www.aetna.com/docfind/custom/studenthealth/index.html.

1. Click on “Enter DocFind”
2. Select zip code, city, or county
3. Enter criteria
4. Select Provider Category
5. Select Provider Type
6. Select Plan Type – Student Health Plans
7. Select “Start Search” or “More Options”
8. “More Options” enter criteria and “Search”

*Preferred providers are independent contractors and are neither employees nor agents of Aetna Life Insurance Company, Chickering Claims Administrators, Inc. or their affiliates. Neither Aetna Life Insurance Company, Chickering Claims Administrators, Inc. nor their affiliates provide medical care or treatment and they are not responsible for outcomes. The availability of a particular provider(s) cannot be guaranteed and network composition is subject to change.*

**PRE-EXISTING CONDITIONS/CONTINUOUSLY INSURED PROVISIONS (APPLIES TO PART-TIME STUDENTS ONLY)**

**PRE-EXISTING CONDITION** A pre-existing condition is an injury or disease that was present before your first day of coverage under a group health insurance plan, or a pregnancy existing on the first day of coverage. If you received medical advice, treatment or services for an injury or disease or if you took prescription drugs or medicines for an injury or disease during the **180 days** prior to your first day of coverage, that injury or disease will be considered a pre-existing condition. Any pregnancy existing on the first day of coverage will be considered a pre-existing condition.

**LIMITATION**
Pre-existing conditions are not covered during the first **365 days** that you are covered under this Plan. However, there is an important exception to this general rule if you have been Continuously Insured.

**CONTINUOUSLY INSURED**
You have been continuously insured if you (i) had “creditable health insurance coverage” (such as COBRA, HMO, another group or individual policy, Medicare or Medicaid) prior to enrolling in this Plan; and (ii) the creditable coverage ended within **120 days, or 150 days** if you were involuntarily employed, of the date you enrolled under this Plan. If both of these tests are met, then the pre-existing limitation period under this Plan will be reduced (and possibly eliminated altogether) by the number of days of your prior creditable coverage. You will be asked to provide evidence of your prior creditable coverage.

Once a break (of more than **120 or 150 days**) in your continuous coverage occurs, the definition of pre-existing conditions will apply.

Please Note: The Pre-Existing limitation only applies to part-time students.

**DESCRIPTION OF BENEFITS**

*PLEASE NOTE:*
The Connecticut State University System Student Accident and Sickness Plan may not cover all of your health care expenses. The Plan excludes coverage for certain services and contains limitations on the amounts it will pay. Please read the CSUS Plan Brochure carefully before deciding whether this Plan is right for you. While this document will tell you about some of the important features of the Plan, other features may be important to you and some may further limit what the Plan will pay. If you want to look at the full Plan description, which is contained in the Master Policy issued to the Connecticut State University System, you
This Plan will never pay more than $50,000 in a Policy Year. Additional Plan maximums may also apply. Some illnesses may cost more to treat and health care providers may bill you for what the Plan does not cover.

Subject to the terms of the Policy, benefits are available for you and your dependents only for the coverages listed below, and only up to the maximum amounts shown. Please refer to the Policy for a complete description of the benefits available.

### SUMMARY OF BENEFITS CHART

<table>
<thead>
<tr>
<th>Mandatory Accident Plan Benefits</th>
<th>Aggregate Plan $50,000 Maximum per Accident per Policy Year.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>When an Injury occurs and requires: (a) treatment by a doctor/surgeon; (b) hospital confinement; (c) services of a licensed nurse practitioner or RN; (d) X-ray services; (e) use of operating room, anesthesia, laboratory services; (f) prescribed medicines, plaster casts, surgical dressings; or (g) use of an ambulance; Except as noted below, Covered Medical Expenses are payable as follows: Preferred Care: 100% of the Negotiated Charge. Non-Preferred Care: 80% of the Reasonable Charge.</td>
</tr>
<tr>
<td>Accident - Intensive Care Unit Expenses</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care: 80% of the Negotiated Charge. Non-Preferred Care: 80% of the Reasonable Charge for the Intensive Care Room Rate for an overnight stay.</td>
</tr>
<tr>
<td>Accident - Emergency Room Expenses</td>
<td>Covered Medical Expenses incurred for treatment of an Emergency Medical Condition are payable as follows: Preferred Care: 100% of the Negotiated Charge. Non-Preferred Care: 100% of the Reasonable Charge.</td>
</tr>
<tr>
<td>Dental Injury Expenses</td>
<td>Covered Medical Expenses include dental work, surgery, and orthodontic treatment needed to remove, repair, replace, restore, or reposition: Natural teeth damaged, lost, or removed, or Other body tissues of the mouth fractured or cut due to injury. The accident causing the injury must occur while the person is covered under this Plan. Any such teeth must have been: Free from decay, or In good repair, and Firmly attached to the jawbone at the time of the injury. The treatment must be done in the calendar year of the accident or the next one. If: Crowns (caps), or Dentures (false teeth), or</td>
</tr>
</tbody>
</table>
| Dental Injury Expenses (Continued) | Bridgework, or In-mouth appliances, are installed due to such injury, **Covered Medical Expenses** include only charges for:  
• The first denture or fixed bridgework to replace lost teeth,  
• The first crown needed to repair each damaged tooth, and  
• An in-mouth appliance used in the first course of orthodontic treatment after the injury.  

Surgery needed to:  
• Treat a fracture, dislocation, or wound.  
• Cut out cysts, tumors, or other diseased tissues.  
• Alter the jaw, jaw joints, or bite relationships by a cutting procedure when appliance therapy alone cannot result in functional improvement.  

Non-surgical treatment of infections or diseases. This does not include those of, or related to, the teeth.  

**Covered Medical Expenses** are payable as follows:  
Preferred Care: **100%** of the Negotiated Charge.  
Non-Preferred Care: **100%** of the Reasonable Charge.  

Benefits are limited to **$3,500** per injury, per Policy Year. |
| --- |
| Accidental Ingestion of Controlled Substance Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for the accidental ingestion of Controlled Substances.  

Preferred Care: **100%** of the Negotiated Charge.  
Non-Preferred Care: **80%** of the Reasonable Charge.  

Inpatient Minimum of at least 30 days per Policy Year.  
Outpatient Maximum Benefit of **$500** per Policy Year. |
| Official Travel Accident Expenses | **Covered Medical Expenses** are payable up to a maximum of **$1,000** per Injury for the treatment of an Injury resulting while traveling to or from an official school activity.  

**PLEASE NOTE:** Benefits under the Student Accident Insurance Plan are paid on an excess basis. This means no expense is covered if it would be covered by another health care plan in the absence of this insurance. The Accident Plan supplements, not replaces, other health care coverage. |
| Sickness Expense Benefits | **Aggregate Plan $50,000 Maximum** per Sickness per Policy Year.  

**Covered percentages and internal benefit level maximums are outlined in the schedule below.** |
| **Inpatient Hospitalization Benefits** | **Covered Medical Expenses** are payable as follows:  
Preferred Care: **100%** of the Negotiated Charge.  
Non-Preferred Care: **80%** of the Reasonable Charge for a semi-private room.  

Benefits are limited to **$500** per day. |
| Hospital Room and Board Expenses | **Covered Medical Expenses** are payable as follows:  
Preferred Care: **80%** of the Negotiated Charge.  
Non-Preferred Care: **80%** of the Reasonable Charge for an overnight stay. |
| Intensive Care Unit Expenses | **Covered Medical Expenses** are payable as follows:  
Preferred Care: **80%** of the Negotiated Charge.  
Non-Preferred Care: **80%** of the Reasonable Charge for the Intensive Care Room Rate for an overnight stay. |
### Miscellaneous Hospital Expenses

**Covered Medical Expenses** include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines.

Payable as follows:
- **Preferred Care**: 100% of the Negotiated Charge up to $700. 80% thereafter.
- **Non-Preferred Care**: 80% of the Reasonable Charge.

### Physician Hospital Visit/Consultation Expenses

**Covered Medical Expenses** for charges for the non-surgical services of the attending Physician, or a consulting Physician, are payable as follows:
- $75 maximum for the first visit and $60 for each visit thereafter up to a maximum of $1,300 per sickness.

**Covered Medical Expenses** are payable as follows:
- **Preferred Care**: 100% of the Negotiated Charge.
- **Non-Preferred Care**: 80% of the Reasonable Charge.

### Surgical Benefits (Inpatient and Outpatient)

Benefits are limited to $5,000 per condition.

**Covered Medical Expenses** for charges for surgical services, performed by a Physician, are payable as follows:
- **Preferred Care**: 100% of the Negotiated Charge.
- **Non-Preferred Care**: 80% of the Reasonable Charge.

Applies to the per condition surgical maximum of $5,000.

**Anesthetist Expenses**

**Covered Medical Expenses** for the charges of an anesthetist and an assistant surgeon, during a surgical procedure, are payable up to 80% of the amount paid to the surgeon.

Applies to the per condition surgical maximum of $5,000.

**Assistant Surgeon Expenses**

**Covered Medical Expenses** for the charges of an anesthetist and an assistant surgeon, during a surgical procedure, are payable up to 80% of the amount paid to the surgeon.

Applies to the per condition surgical maximum of $5,000.

**Ambulatory Surgical Expenses**

**Covered Medical Expenses** for outpatient surgery performed in an ambulatory surgical center are payable as follows:
- **Preferred Care**: 100% of the Negotiated Charge.
- **Non-Preferred Care**: 80% of the Reasonable Charge.

**Covered Medical Expenses** must be incurred on the day of the surgery or within 48 hours after the surgery.

Applies to the per condition surgical maximum of $5,000.

### Outpatient Benefits

**Covered Medical Expenses** are payable up to an Overall Outpatient combined maximum of $1,500 per Sickness per Policy Year.

**Covered Medical Expenses** include but are not limited to: Physician’s office visits, hospital or outpatient department or emergency room visits, durable medical equipment, clinical lab, or radiological facility.
| Hospital Outpatient Department or Walk-in Clinic Visit Expenses | **Covered Medical Expenses** for outpatient treatment in a hospital are payable as follows:

Preferred Care: 100% of the Negotiated Charge, after $10 per visit copay.
Non-Preferred Care: 80% of the Reasonable Charge, after $10 per condition deductible.

Applies toward overall per condition outpatient maximum of $1,500. |
|---|---|

| Emergency Room Expenses | **Covered Medical Expenses** incurred for treatment of an Emergency Medical Condition are payable as follows:

Preferred Care: 100% of the Negotiated Charge, after $25 per visit copay.
Non-Preferred Care: 100% of the Reasonable Charge after a $25 deductible per condition.

Applies toward overall per condition outpatient maximum of $1,500. |
|---|---|

| Ambulance Expenses | **Covered Medical Expenses** are payable as follows:
100% of the Actual Charge for the services of a professional ambulance to or from a hospital, when required due to the emergency nature of a covered Accident or Sickness. |
|---|---|

| Pre-Admission Testing Expenses | **Covered Medical Expenses** for Pre-Admission testing charges while an outpatient before scheduled surgery are payable on the same basis as any other condition.

*Please see the definition of Pre-Admission Testing on page 49 for more detailed information on this benefit.* |
|---|---|

| Physician’s Office Visits | **Covered Medical Expenses** are payable as follows:
Preferred Care: 100% of the Negotiated Charge, after $10 per visit copay.
Non-Preferred Care: 80% of the Reasonable Charge, after $10 per condition deductible.

Applies toward overall per condition outpatient maximum of $1,500 |
|---|---|

| Laboratory and X-Ray Expenses | **Covered Medical Expenses** are payable as follows:
Preferred Care: 100% of the Negotiated Charge, after $10 per visit copay.
Non-Preferred Care: 80% of the Reasonable Charge, after $10 per condition deductible.

Applies toward overall per condition outpatient maximum of $1,500 |
|---|---|

| High Cost Procedures Expenses | **Covered Medical Expenses** include charges incurred by a covered person are payable as follows:
Preferred Care: 80% of the Negotiated Charge.
Non-Preferred Care: 80% of the Reasonable Charge.

For purposes of this benefit, “High Cost Procedure” means any outpatient procedure costing over $200. Benefits are limited to a $2,000 maximum per Sickness per policy year.

*Please see the definition on page 44 for more detailed information on this benefit.* |
|---|---|

| Therapy Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:
- Chiropractic Care,
- Speech Therapy, and
- Inhalation Therapy,

Expenses for Chiropractic Care are **Covered Medical Expenses** if such care is related to neuromusculoskeletal conditions and conditions arising from: the lack of normal nerve, muscle, and/or joint function. |
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<tbody>
<tr>
<td>Topic</td>
<td>Description</td>
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<td>---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Therapy Expenses (Continued)              | Coverage of care rendered by a chiropractor must be covered to the same extent as covered by a physician if the condition is covered by the Plan. Expenses for Speech and Occupational Therapies are **Covered Medical Expenses** only if such therapies are a result of injury or sickness. All therapy must be provided by a therapist who is licensed in accordance with state law and practicing within the scope of their license. Expenses are payable as follows:  
  Preferred Care: 100% of the Negotiated Charge, after a $10 per condition copay.  
  Non-Preferred Care: 80% of the Reasonable Charge, after a $10 per condition copay. |
| Chemotherapy Expenses                     | **Covered Medical Expenses** also include charges incurred by a **Covered Person** for the following types of therapy provided on an outpatient basis:  
  - Radiation therapy,  
  - Chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy,  
  - Dialysis, and  
  - Respiratory therapy.  
  Such expenses are payable as follows:  
  Preferred Care: 100% of the Negotiated Charge, after $10 copay per condition.  
  Non-Preferred Care: 80% of the Reasonable Charge, after $10 copay per condition. |
| Durable Medical Equipment Expenses        | **Covered Medical Expenses** are payable as follows:  
  Preferred Care: 100% of the Negotiated Charge.  
  Non-Preferred Care: 80% of the Reasonable Charge.  
  Benefits will be limited to **$1,500**.                                                                                                                                                                                                                                                                  |
| Hearing Aids for Children                 | **Covered Medical Expenses** include hearing aids for children twelve years of age or younger. Such hearing aids will be considered Durable Medical Equipment under the Policy. Benefits are payable as follows:  
  Preferred Care: 100% of the Negotiated Charge.  
  Non-Preferred Care: 80% of the Reasonable Charge.  
  Benefits will be limited to **$1,000** within a 24 month period.                                                                                                                                                                                                                                     |
| Ostomy Appliances and Supplies Expenses   | **Covered Medical Expenses** include charges incurred by a Covered Person for ostomy surgery including appliances and supplies relating to ostomy including, but not limited to:  
  - collection devices,  
  - irrigation equipment and supplies,  
  - skin barriers, and  
  - skin protectors.  
  Benefits are payable as follows:  
  Preferred Care: 100% of the Negotiated Charge.  
  Non-Preferred Care: 80% of the Reasonable Charge  
  Benefits are limited to **$1,000**. Benefits payable for this Expense will not be applied to any Policy maximums for durable medical equipment.                                                                                                                                                                           |
| **Outpatient Physical Therapy Expenses (including Occupational Therapy)** | **Covered Medical Expenses** for physical therapy are payable as follows when provided by a licensed physical therapist:

**Preferred Care:** 100% of the Negotiated Charge, after a $10 per visit copay.

**Non-Preferred Care:** 80% of the Reasonable Charge, after a $10 per condition deductible. |
|---|---|
| **Dental Anesthesia Expenses** | **Covered Medical Expenses** include coverage for general anesthesia, nursing and related hospital services provided in conjunction with inpatient, outpatient or one-day dental services if the following conditions are met:

- These services are deemed medically necessary by the treating dentist or oral surgeon and the patient’s primary care physician, and
- The patient is either (A) determined by a licensed dentist, in conjunction with a licensed physician who specializes in primary care, to have a dental condition of significant dental complexity that it requires certain dental procedures to be performed in a hospital, or (B) a person who has a developmental disability, as determined by a licensed physician who specializes in primary care, that places the person at serious risk.

**Covered Medical Expenses** are payable as any other anesthesia benefit.

Please note: If the above mentioned conditions are met, this benefit is available for both Accidental Injury to Sound Natural Teeth and Removal of Impacted Wisdom Teeth services. |
| **Impacted Wisdom Teeth Expenses** | **Covered Medical Expenses** for removal of one or more impacted wisdom teeth are payable as follows:

**Preferred Care:** 100% of the Negotiated Charge.

**Non-Preferred Care:** 80% of the Reasonable Charge.

Benefits are limited to $5,000 per Policy Year. |
| **Allergy Testing and Treatment Expenses** | Benefits include charges incurred for diagnostic testing and treatment of allergies and immunology services.

**Covered Medical Expenses** include, but are not limited to, charges for the following:

- laboratory tests,
- physician office visits, including visits to administer injections,
- prescribed medications for testing and treatment of the allergy, including any equipment used in the administration of prescribed medication, and
- other medically necessary supplies and services.

**Covered Medical Expenses** are payable as any other condition.

**Applies toward overall per condition outpatient maximum of $1,500.** |
| Diagnostic Testing for Attention Disorders and Learning Disabilities Expenses | **Covered Medical Expenses** for diagnostic testing for:  
- Attention Deficit Disorder, or  
- Attention Deficit Hyperactive Disorder, or  
- Dyslexia.  

Are payable as follows:  
**Preferred Care:** 100% of the Negotiated Charge, after a $10 per visit copay.  
**Non-Preferred Care:** 80% of the Reasonable Charge, after a $10 per condition deductible.  

Once a Covered Person has been diagnosed with one of these conditions, medical treatment will be payable as detailed under the outpatient Treatment of Mental and Nervous Disorders portion of this Policy.  

**Applies toward overall per condition outpatient maximum of $1,500.** |
| Well Baby Care Expenses | Benefits include charges for routine preventive and primary care services, rendered to a covered dependent child on an outpatient basis.  

**Routine preventive and primary care** services are services rendered to a covered dependent child, from the date of birth through the attainment of six years of age. Services include: initial hospital check-ups, other hospital visits, physical examinations, including routine hearing and vision examinations, medical history, developmental assessments, and materials for the administration of appropriate and necessary immunizations and laboratory tests, when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics.  

Coverage for such services shall be provided only to the extent that such services are provided by, or under the supervision of a physician, or other licensed professional.  

**Covered Medical Expenses** are payable as follows:  
**Preferred Care:** 100% of the Negotiated Charge, after a $10 per visit copay.  
**Non-Preferred Care:** 80% of the Reasonable Charge, after a $10 deductible per condition.  

**Applies toward overall per condition outpatient maximum of $1,500.** |
| Child Early Intervention Services | **Covered Medical Expenses** include services rendered to a covered dependent child from birth to three years of age, who has been determined by the State of Connecticut to be qualified to participate in the Birth-to-Three Program. The Covered Person must submit proof of such qualification with the initial claim.  
These are the services, provided as part of an individualized family service plan, created by an interdisciplinary panel of the State of Connecticut. These include, but are not limited to, the following:  
- Speech therapy given in connection with a speech impairment resulting from a congenital abnormality, disease, or injury.  
- Occupational or physical therapy expected to result in significant improvement of a body function impaired by a congenital abnormality, disease, or injury.  
- Clinical psychological tests or treatment in connection with a disease, including a mental disorder or an injury.  
- Skilled nursing services, on a part-time or intermittent basis, given by a R.N. or by a L.P.N.  
**Covered Medical Expenses** are payable on the same basis as any other condition.  
This benefit has a maximum benefit of **$6,400** per Policy Year and a Lifetime maximum of **$19,200**. |
|---|---|
| Blood Lead Screening Tests for Children | **Covered Medical Expenses** include blood lead screening and risk assessments ordered by a primary care physician as follows: annual screening for children 9-35 months of age, screening for children age 36-72 months who have not been previously screened, or for any child under 72 months of age, if clinically indicated as determined by the PCP, annual assessment for children age 36-72 months and for children 36 months of age or younger if determined that assessment is needed by PCP.  
**Payable as any other sickness.** |
| Consultant or Specialist Expenses | **Covered Medical Expenses** include the expenses for the services of a consultant or specialist. The services must be requested by the attending physician for the purpose of confirming or determining to confirm or determine a diagnosis.  
Benefits are covered as follows:  
Preferred Care: **100%** of the Negotiated Charge, after a **$10** per visit copay.  
Non-Preferred Care: **80%** of the Reasonable Charge, after a **$10** per condition deductible.  
**Applies toward overall per condition outpatient maximum of $1,500.** |
| Mental Health and Substance Abuse Benefits | **Covered Medical Expenses** for the diagnosis and treatment of biologically based mental or nervous condition are payable on the same basis as any other sickness.  
Covered Medical Expenses also include the charges made for treatment received during partial hospitalization in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis by contacting Aetna Student Health. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization may be exchanged for 1 day of full hospitalization. |
<table>
<thead>
<tr>
<th>Biologically-Based Mental or nervous conditions</th>
<th>Covered Medical Expenses for the diagnosis and treatment of biologically based mental or nervous condition are payable on the same basis as any other sickness.</th>
</tr>
</thead>
</table>
| Non-Biologically Based Mental or nervous conditions | Covered Medical Expenses for the treatment of a mental health or nervous condition while confined as an inpatient in a hospital or facility licensed for such treatment are payable as follows:  
Preferred Care: 100% of the Negotiated Charge.  
Non-Preferred Care: 80% of the Reasonable charge.  
Covered Medical Expenses also include the charges made for treatment received during partial hospitalization in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis by contacting Aetna Student Health. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization may be exchanged for 1 day of full hospitalization.  
Benefits are limited to $500 per day. |
| Non-Biologically Based Mental or nervous conditions | Covered Medical Expenses for outpatient treatment of a mental health or nervous condition are payable as follows:  
Preferred Care: 100% of the Negotiated Charge, after a $10 per visit copay  
Non-Preferred Care: 80% of the Reasonable Charge after a $10 per condition deductible  
Benefits are limited to $2,000 per Policy Year. |

### Substance Abuse Benefits

| Inpatient Expense | Covered Medical Expenses for the treatment of a substance abuse condition while confined as an inpatient in a hospital or facility licensed for such treatment are payable on the same basis as any other sickness.  
Preferred Care: 100% of the Negotiated Charge.  
Non-Preferred Care: 80% of the Reasonable Charge.  
Covered Medical Expenses also include the charges made for treatment received during partial hospitalization in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis by contacting Aetna Student Health. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization may be exchanged for 1 day of full hospitalization.  
Benefits are limited to $500 per day. |
| Outpatient Expense | Covered Medical Expenses for outpatient treatment of a substance abuse condition are payable on the same basis as any other sickness:  
Preferred Care: 100% of the Negotiated Charge, after a $10 per visit copay  
Non-Preferred Care: 80% of the Reasonable Charge, after a $10 per condition deductible.  
Benefits are limited to $1,500 per Policy Year. |
### Maternity Benefits

<table>
<thead>
<tr>
<th>Maternity Expenses</th>
<th>Covered Medical Expenses include inpatient care of the Covered Person and any newborn child for a minimum of <strong>48 hours</strong> after a vaginal delivery and for a minimum of <strong>96 hours</strong> after a cesarean delivery.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Any decision to shorten such minimum coverages shall be made by the attending Physician in consultation with the mother. In such cases, covered services may include: home visits, parent education, and assistance and training in breast or bottle-feeding.</td>
</tr>
<tr>
<td></td>
<td><strong>Complications of pregnancy</strong>, including spontaneous and non-elective abortions, are considered a sickness and are covered under this benefit. Voluntary or elective abortions are not covered.</td>
</tr>
<tr>
<td></td>
<td><strong>Covered Medical Expenses</strong> are payable on the same basis as any other sickness.</td>
</tr>
</tbody>
</table>

### Well Newborn Nursery Care Expenses

| Benefits include charges for routine care of a Covered Person’s newborn child as follows: |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                           | • hospital charges for routine nursery care during the mother’s confinement, but for not more than four days (for a normal delivery), |
|                                           | • physician’s charges for circumcision, and |
|                                           | • physician’s charges for visits to the newborn child in the hospital and consultations, but for not more than one visit per day. |
|                                           | **Covered Medical Expenses** are payable on the same basis as any other sickness. |

### Additional Benefits

<table>
<thead>
<tr>
<th>Prescription Drug Benefits</th>
<th>Prescription Drug Benefits are payable as follows:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Preferred Care Pharmacy</strong>: Following a <strong>$15</strong> copay for each Brand Name Prescription Drug or a <strong>$10</strong> copay for each Generic Prescription Drug, <strong>100%</strong> of the Negotiated Rate.</td>
</tr>
<tr>
<td></td>
<td>A benefit will be paid at the preferred level of coverage for a prescription drug dispensed by a <strong>Non-Preferred pharmacy only</strong> for an emergency condition, or</td>
</tr>
<tr>
<td></td>
<td><strong>Non-Preferred Care Pharmacy</strong>: Following a <strong>$15</strong> deductible for each Brand Name Prescription Drug or a <strong>$10</strong> deductible for each Generic Prescription Drug, <strong>80%</strong> of the Reasonable Charge.</td>
</tr>
<tr>
<td></td>
<td>There is a Policy Year maximum of <strong>$2,000</strong>.</td>
</tr>
<tr>
<td></td>
<td>Note: There is a mail order option with your prescription card program. You may obtain a <strong>90 day</strong> supply for two copays. In order to do so, prescriptions need to be filled through the mail order program. For further information contact Aetna Pharmacy Management directly.</td>
</tr>
<tr>
<td></td>
<td>Aetna Pharmacy Management <strong>(800) 238-6279</strong> (available <strong>24 hours</strong>).</td>
</tr>
<tr>
<td></td>
<td><strong>PLEASE NOTE</strong>: You are required to pay in full at the time of service for all Prescriptions dispensed at a Non-Participating Pharmacy.</td>
</tr>
<tr>
<td></td>
<td>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
</tr>
<tr>
<td></td>
<td>Prior Authorization is required for certain Prescription Drugs, including oral contraceptives, Imitrex, certain stimulants, growth hormones and for any Prescription quantities larger than a <strong>30-day supply</strong>. (<strong>This is only a partial list.</strong>)</td>
</tr>
</tbody>
</table>
| Prescription Drug Benefits (Continued) | Medications not covered by this benefit include, but are not limited to: allergy sera, drugs whose sole purpose is to promote or to stimulate hair growth, appetite suppressants, smoking detergents, immunization agents and vaccines, and non-self-injectables. *(This is only a partial list.)*  
For assistance or for a complete list of excluded medications, or drugs requiring prior authorization, please contact Aetna Pharmacy Management at *(800)* 238-6279 *(available 24 hours).*  
Aetna Specialty Pharmacy provides specialty medications and support to members living with chronic conditions. The medications offered may be injected, infused or taken by mouth. For additional information please go to [www.AetnaSpecialtyRx.com](http://www.AetnaSpecialtyRx.com). |
| --- | --- |
| Prescription Contraceptive Device Expenses | **Covered Medical Expenses** for contraceptive drugs are payable on the same basis as any other sickness.  
**Covered Medical Expenses** include:  
- Charges incurred for contraceptive drugs and devices that by law need a *physician's prescription*, and that have been approved by the FDA.  
- Related outpatient contraceptive services such as:  
  - Consultations,  
  - Exams,  
  - Procedures, and  
  - Other medical services and supplies. |
| Amino Acid Modified Preparations and Low Protein Modified Food Products Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for Amino Acid Modified Preparations and Low Protein Modified Food Products for the treatment of Inherited Metabolic Diseases. Coverage also includes Specialized Formulas for covered dependents up to age 12 when such Specialized Formulas are necessary for the treatment of a disease or condition and are administered under the direction of a physician.  
*Please see description on page 46 for more detailed information on Inherited Metabolic Diseases.*  
Benefits are payable on the same basis as any other prescription drug. |
| Diabetic Testing Supplies Expenses | **Covered Medical Expenses** include charges incurred by a *covered person* for:  
- Diagnosis and Treatment of Diabetes including Testing Material used to detect the presence of sugar in the *covered person’s* urine or blood for monitoring glycemic control; and  
- Testing Supplies, Equipment (including Hypodermic Needles and Syringes), Drugs and other Supplies prescribed by a *physician*; and  
- Laboratory and Diagnostic tests.  
Benefits will be paid on the same basis as any other applicable expense under this plan. |
### Outpatient Diabetic Self-Management Education Programs Expenses

**Covered Medical Expenses** also include charges incurred by a **covered person** for outpatient diabetic self-management education programs and include:

- 10 hours of initial training visits provided to a **covered person** after the person is initially diagnosed with diabetes;
- 4 hours of training visits for training and education that is **medically necessary** as a result of a subsequent diagnosis by a **physician** of a significant change in the person’s symptoms or condition which required modification of the individual’s program of self-management of diabetes; and
- 4 hours of training and education that is **medically necessary** because of the development of new techniques and treatment for diabetes.

*Please see the definition on page 42 of this Brochure for more information on Diabetic Self-Management Education Programs.*

**Covered Medical Expenses** for outpatient diabetic self-management education programs are payable on the same basis as any other sickness.

### Routine Colorectal Cancer Screening Expenses

Even though not incurred in connection with a sickness or injury, benefits include charges for colorectal cancer examination and laboratory tests, for any person **age 50** or older, any age who is considered to be at high risk for colorectal cancer, or when prescribed by a physician, for the following:

- One fecal occult blood test (FOBT) every **12 months**,  
- One flexible sigmoidoscopy every five years,  
- One FOBT every **12 months** plus one flexible sigmoidoscopy every five years,  
- One digital rectal exam every **12 months**,  
- One double contrast barium enema every **five years**,  
- One colonoscopy every **ten years**,  
- Virtual colonoscopy,  
- Stool DNA.

Such screening and laboratory testing shall be **Covered Medical Expenses** in accordance with the recommendations established by the American College of Gastroenterology, after consultation with the American Cancer Society, based on the ages, family histories and frequencies provided in the recommendations.

Benefits will be payable on the same basis as any other sickness.

### Routine Prostate Cancer Screening Expenses

Benefits include charges incurred by a **Covered Person** for the screening of cancer as follows:

- One digital rectal exam and one prostate specific antigen test each Policy Year for:  
  - a male **age 50** or over  
  - a male who is symptomatic, and  
  - a male whose biological father or brother has been diagnosed with prostate cancer.

**Covered Medical Expenses** are payable as follows:  
Preferred Care: **100%** of the Negotiated Charge after **$10** per visit copay.  
Non-Preferred Care: **80%** of the Reasonable Charge after **$10 per condition** deductible.  

**Applies toward overall per condition outpatient maximum of $1,500.**
Infertility Services Expenses

Even though not incurred for treatment of a disease or injury, **Covered Medical Expenses** will include expenses incurred by a Covered Person for infertility if all of the following tests are met:

- There exists a condition that:
  - is a demonstrated cause of infertility; and
  - has been recognized by a gynecologist or infertility specialist; and
  - is not caused by voluntary sterilization or a hysterectomy.

For a Covered Person who is under **age 40** and unable to conceive or produce conception, or sustain a successful pregnancy during a one year period:

- Ovulation induction with ovulatory stimulant drugs, subject to maximum of four courses of treatment in a Covered Person’s lifetime.
- Artificial insemination, subject to maximum of three courses of treatment in a Covered Person’s lifetime.
- In vitro fertilization, uterine embryo lavage, embryo transfer, gamete intra-fallopian transfer, zygote intra-fallopian transfer, or low tubal ovum transfer for those Covered Person’s unable to conceive or produce conception or sustain a successful pregnancy through less expensive and medically viable infertility treatment or procedures covered under the Policy, subject to a lifetime maximum of two cycles, with not more than two embryo implantations per cycle provided that each such fertilization or transfer is credited toward such maximum as one cycle. A Covered Person may forego a particular treatment or procedure if the member’s physician determines that such treatment or procedure is likely to be unsuccessful.

These expenses will be covered on the same basis as for disease.

A course of treatment is one cycle of treatment that corresponds to one ovulation attempt.

The Lifetime Maximums stated above shall apply to any one continuous period of coverage under this Policy.

Oral Prescription Drugs used for the treatment of infertility will be covered subject to the same terms and conditions as the separate Prescription Drug Expense Benefit, if included. However, any limits or maximums of this separate benefit shall not be applied to oral infertility drugs, nor shall the oral infertility drug costs apply towards the maximum shown in the benefit.

Injectable Prescription Drugs, except in connection with Ovulation induction, used for the treatment of infertility will be covered subject to the same terms and conditions as the separate Prescription Drug Expense Benefit, if included. However, any limits or maximums of this separate benefit shall not be applied to oral infertility drugs, nor shall the oral infertility drug costs apply towards the maximum shown in the benefit.

Coverage of injectable Prescription Drugs in connection with ovulation induction are covered subject to the ovulation induction lifetime maximum four courses of treatment described above.

A course of treatment is one cycle of treatment that corresponds to one ovulation attempt.

Treatment or procedures are required to be performed at facilities that conform to the standards and guidelines of the American Society for Reproductive Medicine or the Society of Reproductive Endocrinology and Infertility.

Not covered are charges for:

- Purchase of donor sperm or storage of sperm.
- Care of donor egg retrievals or transfers.
| Infertility Services Expenses (Continued) | • Cryopreservation, storage, or thawing of cryopreserved embryos.  
• Gestational carrier programs.  
• Home ovulation prediction kits.  
• Pregnancies or child birth resulting from infertility treatment.  
• Reversal of surgical sterilization. |

| Pap Smear Expenses | Covered Medical Expenses include one annual routine Pap smear screening for women age 18 and older.  

Benefits are payable on the same basis as any other outpatient expense:  
Preferred Care: 100% of the Negotiated Charge, after $10 per visit copay.  
Non-Preferred Care: 80% of the Reasonable Charge, after $10 per condition deductible.  

Applies toward overall per condition outpatient maximum of $1,500. |

| Mammography Expenses | Covered Medical Expenses include one baseline mammogram for women between age 35 and 40. Coverage is also provided for one routine annual mammogram for women age 40 and older, as well as when medically indicated for women with risk factors who are under age 40. Risk factors for women under 40 are:  
• Prior personal history of breast cancer,  
• Positive Genetic Testings,  
• Family history of breast cancer, or  
• Other risk factors.  

Covered Medical Expenses include charges for a comprehensive ultrasound screening of the breasts if a mammogram demonstrates heterogeneous or dense breast tissue based on:  
• The Breast Imaging Reporting and Data System established by the American College of Radiology; or  
• If the woman is believed to be at increased risk for breast cancer due to family history or prior personal history of breast cancer, positive genetic testing or other indications as determined by a woman’s physician or advanced practice registered nurse.  

Covered Medical Expenses are payable on the same basis as any other sickness. |

| Mastectomy and Breast Reconstruction Expense Benefits | Covered Medical Expenses include expenses for charges incurred in connection with a mastectomy or lymph node dissection, including a minimum of 48 hours of inpatient care following the procedure and for reconstructive surgery on both the breast on which surgery was performed and the non-diseased breast.  

Benefits are payable on the same basis as any other sickness.  

This coverage will be provided in consultation with the attending physician and the patient. |
### Craniofacial Disorder Expenses

**Covered Medical Expenses** include medically necessary orthodontic processes and appliances for the treatment of craniofacial disorders for individuals eighteen years of age or younger if prescribed by a craniofacial team recognized by the American Cleft Palate-Craniofacial Association.

Benefits are payable on the same basis as any other sickness.

**Covered Treatment** does not include cosmetic surgery.

### Autism Spectrum Disorder Expenses

**Covered Medical Expenses** include the following treatments, provided such treatments are medically necessary and identified and ordered by a licensed physician, licensed psychologist or licensed clinical social worker for an insured who is diagnosed with an autism spectrum disorder, in accordance with a treatment plan developed by a licensed physician, licensed psychologist or licensed clinical social worker pursuant to a comprehensive evaluation or reevaluation of the insured:

- Behavioral therapy
- Prescription drugs, to the extent prescription drugs are a covered benefit for other diseases and conditions under such policy, prescribed by a licensed physician, licensed physician assistant or advanced practice registered nurse for the treatment of symptoms and comorbidities of autism spectrum disorders
- Direct psychiatric or consultative services provided by a licensed psychiatrist
- Direct psychological or consultative services provided by a licensed psychologist
- Physical therapy provided by a licensed physical therapist
- Speech and language pathology services provided by a licensed speech and language pathologist
- Occupational therapy provided by a licensed occupational therapist

Coverage for **behavioral therapy** will be limited to a Policy Year benefit of **$50,000** for a child who is less than nine years of age, **$35,000** for a child who is at least nine years of age and less than thirteen years of age and **$25,000** for a child who is at least thirteen years of age and less than fifteen years of age.

Benefits for all other autism treatments will be payable on the same basis as any other sickness.
| Tumor and Leukemia Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for:  
• the surgical removal of tumors; or  
• for the treatment of leukemia.  

Such charges include:  
• outpatient chemotherapy, up to a maximum yearly benefit of $500;  
• reconstructive surgery, up to a maximum yearly benefit of $500;  
• non-dental prosthesis including any maxillo-facial prosthesis used to replace an anatomic structure lost during treatment for head or neck tumors or any appliances essential for the support of such prosthesis, up to a maximum yearly benefit of $300;  
• outpatient chemotherapy following surgical procedures due to treatment of tumors, up to a maximum yearly benefit of $500;  
• a wig, if prescribed by a licensed oncologist for a patient who suffers hair loss as a result of chemotherapy, up to a maximum yearly benefit of $350;  
• for the purposes of the surgical removal of breast due to tumors, the maximum yearly benefit for prosthesis is $300 for each breast removed.  

This benefit will not operate to reduce or deny benefits as proved under the Mastectomy and Reconstructive Surgery benefit.  

**Covered Medical Expenses** are payable as follows:  
Preferred Care: 100% of the Negotiated Charge, after $10 per visit copay.  
Non-Preferred Care: 80% of the Reasonable Charge, after $10 per condition deductible. |
|---|---|
| Cancer Clinical Trials Health Care Services Expenses | **Covered Medical Expenses** include charges incurred for medically necessary health care services that are incurred as a result of treatment being provided to a Covered Person for purposes of a cancer clinical trial that would otherwise be covered if such services were not performed pursuant to a cancer clinical trial. These services include those rendered by a physician, diagnostic or laboratory tests, hospitalization, FDA-approved drugs or other services provided to the patient during the course of treatment in the cancer clinical trial for a condition, or one of its complications that is consistent with the usual and customary standard of care.  

**Covered Medical Expenses** do not include:  
• the cost of an investigational new drug or device that has not been approved for market for any indication by the FDA;  
• the cost of a non-health care service that a Covered Person may be required to receive as a result of the treatment being provided for the purposes of the cancer clinical trial;  
• facility, ancillary, professional services and drugs costs that are paid for by grants or funding for the cancer clinical trial;  
• costs of services that are inconsistent with widely accepted and established regional or national standards of care for a particular diagnosis, or are performed specifically to meet the requirements of the cancer clinical trial;  
• costs that would not be covered under the Covered Person’s Policy for non-investigational treatments, including but not limited to, items excluded from coverage under the Covered Person’s Policy with the insurer or health Plan; and  
• transportation, lodging, food or any other expenses associated with travel to or from a facility providing the cancer clinical trial, for the Covered Person or family member or companion.  

Benefits will be payable on the same basis as any other applicable expense, except:  
If a Preferred Care hospital is not available or the Preferred Care hospital is not eligible for the study, benefits must be paid at the Preferred Care level and not the Non-Preferred Care level. |
| **Pain Management Treatment Expenses** | **Covered Medical Expenses** include charges incurred for pain management treatment ordered by a Pain Management Specialist which may include all means medically necessary to make:
  - the diagnosis and development of a treatment plan for Pain; and
  - necessary medications and procedures.

Benefits are payable as follows:
  - **Preferred Care**: 100% of the Negotiated Charge, after $10 per visit copay.
  - **Non-Preferred Care**: 80% of the Reasonable Charge, after $10 per condition deductible.

Applies toward overall per condition outpatient maximum of $1,500. |
| --- | --- |
| **Neuropsychological Testing for Children with Cancer Expenses** | **Covered Medical Expenses** include neuropsychological testing, ordered by a licensed physician, to assess the extent of any cognitive or developmental delays due to chemotherapy or radiation treatment for children diagnosed with cancer on or after January 1, 2000.

Benefits are payable on the same basis as any other condition.

No prior authorization is required for this benefit. |
| **Surgical Second Opinion Expenses** | **Covered Medical Expenses** will include expenses incurred for a second opinion consultation by a specialist on the need for surgery which has been recommended by the Covered Person's physician. The specialist must be board certified in the medical field relating to the surgical procedure being proposed. Coverage will also be provided for any expenses incurred for required X-rays and diagnostic tests done in connection with that consultation. Aetna must receive a written report on the second opinion consultation.

Benefits are payable as follows:
  - **Preferred Care**: After a $10 per visit copay, 100% of the Negotiated Charge.
  - **Non-Preferred Care**: After a $10 per condition deductible, 80% of the Reasonable Charge.

Applies toward overall per condition outpatient maximum of $1,500. |
| **Elective Surgical Second Opinion Expenses** | **Covered Medical Expenses** will include expenses incurred for a second opinion consult by a specialist on the need for non-emergency elective surgery which has been advised by the Covered Person's physician. The specialist must be board certified in the medical field relating to the surgical procedure being proposed. Coverage will also be provided for any expenses incurred for required X-rays and diagnostic tests done as part of that consult. Aetna must receive a written report on the second opinion consultation.

Benefits are payable as follows:
  - **Preferred Care**: After a $10 per visit copay, 100% of the Negotiated Charge.
  - **Non-Preferred Care**: After a $10 per condition deductible, 80% of the Reasonable Charge.

Applies toward overall per condition outpatient maximum of $1,500. |
| **Acupuncture in Lieu of Anesthesia Expenses** | **Covered Medical Expenses** include acupuncture therapy, when acupuncture is used in lieu of other anesthesia, for a surgical or dental procedure covered under this Plan.

The acupuncture must be administered by a health care provider who is a legally qualified physician, practicing within the scope of their license.

**Covered Medical Expenses** are on the same basis as any other condition. |
| Dermatological Expenses | **Covered Medical Expenses** include charges for the diagnosis and treatment of skin disorders, excluding laboratory fees. Related laboratory expenses are covered under the Outpatient Expense Benefit. 
Benefits are payable on the same basis as any other condition. 

**Covered Medical Expenses do not include treatment for acne, or cosmetic treatment and procedures.** |
| Podiatric Expenses | **Covered Medical Expenses** include charges for podiatric services, provided on an outpatient basis following an injury. 
Benefits are payable on the same basis as any other condition. 
As to podiatric expenses and expenses incurred for the treatment of diabetes, expenses are covered subject to the same coinsurance, copays, deductibles and limitations that apply to any other sickness. 
Expenses for routine foot care, such as trimming of corns, calluses, and nails, are not **Covered Medical Expenses.** |
| Home Health Care Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for home health care services made by a home health agency pursuant to a home health care Plan, but only if: 
(a) The services are furnished by, or under arrangements made by, a licensed home health agency; 
(b) The services are given under a home care Plan. This Plan must be established pursuant to the written order of a physician, and the physician must renew that plan every 60 days. Such physician must certify that the proper treatment of the condition would require inpatient confinement in a hospital (or skilled nursing facility) if the services and supplies were not provided under the home health care Plan. The physician must examine the Covered Person at least once a month; 
(c) Except as specifically provided in the home health care services, the services are delivered in the patient's place of residence on a part-time, intermittent visiting basis while the patient is confined; 
(d) The care starts within seven days after discharge from a hospital as an inpatient, and 
(e) The care is for the same condition that caused the hospital confinement, or one related to it. 

**Home Health Care Services:** 
(1) Part-time or intermittent nursing care by: a registered nurse (R.N.), a licensed Practical nurse (L.P.N.), or under the supervision on an R.N. if the services of a R.N. are not available, 
(2) Part time or intermittent home health aide services, that consist primarily of care of a medical or therapeutic nature by other than a R.N., 
(3) Physical, occupational, speech therapy, or respiratory therapy, 
(4) Medical supplies, drugs and medicines, and laboratory services. However, these items are covered only to the extent they would be covered if the patient was confined to a hospital, 
(5) Medical social services by licensed or trained social workers, 
(6) Nutritional counseling. 

**Covered Medical Expenses** will not include: 1) services by a person who resides in the Covered Person's home, or is a member of the Covered Person's immediate family, 2) homemaker or housekeeper services, 3) maintenance therapy, 4) dialysis treatment, 5) purchase or rental of dialysis equipment, or 6) food or home delivered services. 
A visit means a maximum of **four continuous hours** of home health service. |
| Home Health Care Expenses (Continued) | Preferred Care: After a $50 copay per visit, **75%** of the Negotiated Charge.  
Non-Preferred Care: After a $50 deductible per condition, **75%** of the Reasonable Charge.  
Benefits are limited to **80** visits per Policy Year. |
|-------------------------------------|-----------------------------------------------|
| Transfusion or Dialysis of Blood Expenses | **Covered Medical Expenses** include charges for the transfusion or dialysis of blood, including the cost of: whole blood, blood components, and the administration thereof.  
Benefits are payable on the same basis as any other condition. |
| Hospice Benefits | **Covered Medical Expenses** include charges for hospice care provided for a terminally ill Covered Person during a hospice benefit period.  
Benefits are payable as follows:  
Preferred Care: **100%** of the Negotiated Charge.  
Non-Preferred Care: **80%** of the Reasonable Charge.  
There is an inpatient benefit maximum of **$500** per day.  
*Please see definition on page 45 for more information on Hospice Care Expenses.*  
*Benefits for Hospice expenses require pre-certification.* |
| Licensed Nurse Expenses | Benefits include charges incurred by a Covered Person who is confined in a hospital as a resident bed-patient, and requires the services of a registered nurse or licensed practical nurse.  
**Covered Medical Expenses** for a Licensed Nurse are covered as follows:  
Preferred Care: **100%** of the Negotiated Charge, after a **$10** copay.  
Non-Preferred Care: **80%** of the Reasonable Charge, after **$10 per condition**.  
A benefit will be paid for the expenses incurred, up to the Maximum of **$60 per 8 hour shift**. For purposes of determining this maximum, a shift means eight consecutive hours.  
Benefits are limited to **$1,800** per condition. |
| Skilled Nursing Facility Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for confinement in a skilled nursing facility for treatment rendered:  
- in lieu of confinement in a hospital as a full time inpatient, or  
- within **24 hours** following a hospital confinement and for the same or related cause(s) as such hospital confinement.  
**Covered Medical Expenses** are payable as follows:  
Preferred Care: **100%** of the Negotiated Charge for the semi-private room rate.  
Non-Preferred Care: **80%** of the Reasonable Charge for the semi-private room rate.  
There is a benefit maximum of **$500** per day.  
*Benefits for Skilled Nursing require pre-certification.* |
| Rehabilitation Facility Expenses | **Covered Medical Expenses** include charges incurred by a Covered Person for confinement as a full time inpatient in a rehabilitation facility. Confinement in the rehabilitation facility must follow within 24 hours of, and be for the same or related cause(s) as, a period of hospital or skilled nursing facility confinement.

**Covered Medical Expenses** for Rehabilitation Facility Expenses are covered as follows:
- **Preferred Care**: 100% of the Negotiated Charge for the rehabilitation facility’s daily room and board maximum for semi-private accommodations.
- **Non-Preferred Care**: 80% of the Reasonable Charge for the rehabilitation facility’s daily room and board maximum for semi-private accommodations.

There is a benefit maximum of **$500** per day.

*Benefits for Rehabilitation Facility expenses require pre-certification.* |
| Lyme Disease Expense | **Covered Medical Expenses** include coverage for Lyme disease treatment including:
- not less than **30 days** of intravenous antibiotic therapy,
- **60 days** of oral antibiotic therapy, or
- both,

Coverage shall provide further treatment if recommended by a board certified rheumatologist, infectious disease specialist or neurologist.

**Covered Medical Expense** are payable on the same basis as any other condition. |
| Wound Care Supplies | **Covered Medical Expenses** include coverage for wound-care supplies that are medically necessary for the treatment of epidermolysis bullosa and are administered under the direction of a physician.

**Covered Medical Expense** are payable on the same basis as any other condition. |
ADDITIONAL SERVICES AND DISCOUNTS

As a member of the Plan, you can also take advantage of the following services, discounts, and programs. These are not underwritten by Aetna and are not insurance. To learn more about these additional services and search for providers visit, www.aetnastudenthealth.com.

Aetna BookSM Discount Program: Access to a 10% discount on any book or DVD purchase from the MayoClinic.com Bookstore.

Aetna FitnessSM Discount Program: Access to preferred rates on gym memberships and discounts on at-home weight loss programs, home fitness options and one-on-one health coaching services through GlobalFitTM.

Aetna HearingSM Discount Program: Access to discounts on hearing devices and hearing exams from HearPO®. Average savings on hearing aids is 25%.

Aetna Natural Products and ServicesSM Discount Program: Access to reduced rates on services from participating providers for acupuncture, chiropractic care, massage therapy and dietetic counseling. Also, access to discounts on over-the-counter vitamins, herbal and nutritional supplements and natural products. All products and services are provided through American Specialty Health Incorporated (ASH) and its subsidiaries.

Aetna VisionSM Discount Program: Access to discounts on vision exams, lenses and frames when a member utilizes a provider participating in the EyeMed Select Network.

Aetna Weight ManagementSM Discount Program: Access to discounts on Jenny Craig® weight loss programs and products. Also, access to a 30% discount on monthly eDiet membership dues. eDiets is an online diet, fitness and healthy living website.

Oral Health Care Discount Program: Access to discounts on oral health care products. Save on xylitol mints, mouth rinses, gum, candies and toothpaste from Epic. Additionally, receive exclusive savings on Waterpik® dental water jets and sonic toothbrushes.

Zagat Discounts: Access to a 30% discount on a one-year online subscription fee to Zagat.com. The Zagat website provides access to over 40,000 restaurants, nightspots, hotels and attractions around the world.

These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Chickering Claims Administrators, Inc., Aetna Life Insurance or their affiliates.

Discount programs and other programs above provide access to discounted prices and are NOT insured benefits. The member is responsible for the full cost of the discounted services. Discount programs may be offered by vendors who are independent contractors and not employees or agents of Aetna.

Aetna’s Informed Health® Line:
Call toll free 1-800-556-1555 24 hours a day, 7 days a week.
Get health answers 24/7. When you have an Aetna health benefits and health insurance plan, you have instant access to the information you need. Our tools and resources can help you:

• Make more informed decisions about your care
• Communicate better with your doctors
• Save time and money, by showing you how to get the right care at the right time.

When you call our Informed Health Line, you can talk directly to a registered nurse. Our nurses can discuss a wide variety of health and wellness topics.
Listen to the **Audio Health Library:**
It explains thousands of health conditions in English and Spanish. Transfer easily to a registered nurse at any time during the call.
*Not all topics in the audio health service are covered expenses under your plan.*

Use the **Healthwise® Knowledgebase** to find out more about a health condition you have or medications you take. It explains things in terms that are easy to understand.
Get to it through your secure Aetna Navigator® member website, at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

**Health and Wellness Portal:** This dynamic, interactive website at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com) will give you health care and assessment tools to calculate body mass index, financial health, risk activities and health and wellness indicators. The site provides resources for wellness programs and activities.

**Beginning Right® Maternity Program:** Make healthy choices for you and your baby. Learn what decisions are good ones for you and your baby. Our Beginning Right maternity program helps prepare you for the exciting changes pregnancy brings.

**Quit Tobacco Cessation Program:** Say good-bye to tobacco and hello to a healthier future! The one-year Quit Tobacco program is provided by Healthyroads®, a leading provider of tobacco cessation programs. You’ll get personal attention from health professionals that can help find what works for you.

**Aetna Health Connections™ Disease Management Program:** This program addresses over 35 health conditions, using smart technology and supportive services to personalize your experience. The program helps you learn ways to improve your health. Our CareEngine® system compares your health data with over 1,000 current evidence-based guidelines of care. It runs constantly to identify safety risks and solutions, opportunities for better care and program services that can help you reach your health goals. You may receive a call or letter, depending on the situation. Or, to get started right away, call us at **1-866-269-4500**.

**With our Aetna Advantage™ Dental** benefits and insurance plan, you select a primary care dentist (PCD) and have most of your preventive and restorative services covered by a copayment or reduced fee for each visit. Enroll online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

Price: Student $199, Student, + 1 Dependent $208, Student + 2 or more Dependents $312

**The Aetna Advantage™ Dental insurance plan is underwritten by Aetna Life Insurance Company, Aetna Dental Inc., Aetna Dental of California Inc. and/or Aetna Health Inc. In Arizona, Advantage Dental is underwritten by Aetna Health Inc. Each insurer has sole financial responsibility for its own products.**
Policy form numbers in Oklahoma include: GR-9 and/or GR-9N, GR-23, GR-29 and/or GR-29N.

*Health/Dental information programs provide general health/dental information and are not a substitute for diagnosis or treatment by a physician or other health/dental care professional.*

**Vital Savings℠ on Pharmacy** is a discount program helping you and your dependents lower your prescription drug costs. Present your card to participating pharmacies and receive a discount at the time of purchase, no claims to file. Enroll online at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

Price: Student $25, Student +1 Dependent $44, Student + 2 or more Dependents $63.
Vital Savings℠ on Dental is a dental discount program helping you and your dependents save – with one low annual fee of $25 per person. In most instances, savings range from 15-50 percent* on services from general dentistry and cleanings to root canals, crowns, and orthodontia (braces). No claims to file. Enroll online at www.aetnastudenthealth.com.

Student $25, Student +1 Dependent $44, Student + 2 or more Dependents $63.

*Actual costs and savings vary by provider and geographic area.

*The Vital Savings by Aetna® program (the “Program”) is not insurance. The Program provides Members with access to discounted fees pursuant to schedules negotiated by Aetna Life Insurance Company for the Vital Savings by Aetna® discount program. The Program does not make payments directly to the providers participating in the Program. Each Member is obligated to pay for all services or products but will receive a discount from the providers who have contracted with the Discount Medical Plan Organization to participate in the Program. Aetna Life Insurance Company, 151 Farmington Avenue, Hartford, CT 06156, 1-877-698-4825, is the Discount Medical Plan Organization.

GENERAL PROVISIONS

STATE MANDATED BENEFITS
The Plan will pay benefits in accordance with any applicable Connecticut State Insurance Law(s).

SUBROGATION/REIMBURSEMENT

RIGHT OF RECOVERY PROVISION
Immediately upon paying or providing any benefit under this Plan, Aetna shall be subrogated to all rights of recovery a Covered Person has against any party potentially responsible for making any payment to a Covered Person, due to a Covered Person's Injuries or illness, to the full extent of benefits provided, or to be provided by Aetna. In addition, if a Covered Person receives any payment from any potentially responsible party, as a result of an Injury or illness, Aetna has the right to recover from, and be reimbursed by the Covered Person for all amounts this Plan has paid, and will pay as a result of that Injury or illness, up to and including the full amount the Covered Person receives, from all potentially responsible parties. A "Covered Person" includes for the purposes of this provision, anyone on whose behalf this Plan pays or provides any benefit, including but not limited to the minor child or dependent of any Covered Person, entitled to receive any benefits from this Plan.

As used in this provision, the term "responsible party" means any party possibly responsible for making any payment to a Covered Person or on a Covered Person's behalf due to a Covered Person's injuries or illness or any insurance coverage responsible making such payment, including but not limited to:

- Uninsured motorist coverage,
- Underinsured motorist coverage,
- Personal umbrella coverage,
- Med-pay coverage,
- Workers compensation coverage,
- No-fault automobile insurance coverage, or
- Any other first party insurance coverage.

The Covered Person shall do nothing to prejudice Aetna's subrogation and reimbursement rights. The Covered Person shall, when requested, fully cooperate with Aetna's efforts to recover its benefits paid. It is the duty of the Covered Person to notify Aetna within 45 days of the date when any notice is given to any party, including an attorney, of the intention to pursue or investigate a claim, to recover damages, due to injuries sustained by the Covered Person.

The Covered Person acknowledges that this Plan's subrogation and reimbursement rights are a first priority claim against all potential responsible parties, and are to be paid to Aetna before any other claim for the Covered Person’s damages. This Plan shall be entitled to full reimbursement first from any potential responsible party payments, even if such payment to the Plan will result in a recovery to the Covered Person, which is insufficient to make the
Covered Person whole, or to compensate the Covered Person in part or in whole for the damages sustained. This Plan is not required to participate in or pay attorney fees to the attorney hired by the Covered Person to pursue the Covered Person’s damage claim. In addition, this Plan shall be responsible for the payment of attorney fees for any attorney hired or retained by this Plan. The Covered Person shall be responsible for the payment of all attorney fees for any attorney hired or retained by the Covered Person or for the benefit of the Covered Person.

The terms of this entire subrogation and reimbursement provision shall apply. This Plan is entitled to full recovery regardless of whether any liability for payment is admitted by any potentially responsible party, and regardless of whether the settlement or judgment received by the Covered Person identifies the medical benefits this Plan provided. This Plan is entitled to recover from any and all settlements or judgments, even those designated as “pain and suffering” or “non-economic damages” only.

In the event any claim is made that any part of this subrogation and reimbursement provision is ambiguous or questions arise concerning the meaning or intent of any of its terms, the Covered Person and this Plan agree that Aetna shall have the sole authority and discretion to resolve all disputes regarding the interpretation of this provision.

**NON-DUPLICATION OF BENEFITS**
This provision applies if a covered student:
- (a) is covered by any other group or blanket health care plan, and
- (b) would, as a result, receive medical expense or service benefits in excess of the actual expenses incurred.

In this case, the medical expense benefits Aetna will pay will be reduced by such excess. This provision will not apply if any portion of the premium for this plan is paid for by the covered student or parent.

**MULTIPLE COVERAGE UNDER THE POLICY**
If a Covered Person is covered under the Policy, both as a covered student and a covered dependent, or as a covered dependent of two covered students, the following will apply:
- The Covered Person’s coverage in each capacity under the Policy will be set up as a separate “Plan.”
- The order in which various plans will pay benefits will apply to the “Plans” set up above and to all other plans.
- This provision will not apply more than once to figure the total benefits payable to the person for each claim under the Policy.

**EXTENSION OF BENEFITS**
If a Covered Person is confined to a hospital or under treatment for a covered condition on the date his/her Basic Sickness Expense or Supplemental Sickness Expense coverage terminates, charges incurred during the continuation of that hospital confinement or for that treatment of the covered condition shall also be included in the term “Expense”, but only while they are incurred during the 90 day period following such termination of insurance.

**TERMINATION OF INSURANCE**
Benefits are payable under this Policy only for those Covered Medical Expenses incurred while the Policy is in effect as to the Covered Person. No benefits are payable for expenses incurred after the date the insurance terminates, except as may be provided under the Extension of Benefits provision.

**TERMINATION OF STUDENT COVERAGE**
Insurance for a covered student will end on the first of these to occur:
- (a) the date this Policy terminates,
- (b) the last day for which any required premium has been paid,
- (c) the date on which the covered student withdraws from the school because of entering the armed forces of any country. Premiums will be refunded on a pro-rata basis when application is made within 90 days from withdrawal,
- (d) the date the covered student is no longer in an eligible class.
If withdrawal from school is for other than entering the armed forces, no premium refund will be made. Students will be covered for the Policy term for which they are enrolled, and for which premium has been paid.

**TERMINATION OF DEPENDENT COVERAGE**

Insurance for a **covered student’s dependent** will end when insurance for the **covered student** ends. Before then, coverage will end:

(a) For a child, on the first premium due date following the first to occur of:
   1) the date the child is no longer chiefly dependent upon the student for support and maintenance,
   2) the date of the child’s marriage, and
   3) the child’s 26th birthday,

(b) The date the **covered student** fails to pay any required premium.

(c) For the spouse or party to a Civil Union, the date the marriage ends in divorce or annulment or the date Civil Union ends.

(d) The date **dependent** coverage is deleted from this Policy.

(e) For a domestic partner, the earlier to occur of:
   1) the date this Policy no longer allows coverage for domestic partners, and
   2) the date of termination of the domestic partnership. In that event, a completed and signed declaration of Termination of Domestic Partnership must be provided to the Policyholder.

(f) The date the **dependent** ceases to be in an eligible class.

Termination will not prejudice any claim for a charge that is incurred prior to the date coverage ends.

**INCAPACITATED DEPENDENT CHILDREN**

Insurance may be continued for incapacitated **dependent** children who reach the age at which insurance would otherwise cease. The **dependent** child must be chiefly dependent for support upon the **covered student** and be incapable of self-sustaining employment because of mental or physical handicap.

Due proof of the child’s incapacity and dependency must be furnished to Aetna by the **covered student** within 31 days after the date insurance would otherwise cease. Such child will be considered a **covered dependent**, so long as the **covered student** submits proof to Aetna at reasonable intervals during the two (2) years following the child’s attainment of the limiting age and each year thereafter, that the child remains physically or mentally unable to earn his own living. The premium due for the child's insurance will be the same as for a child who is not so incapacitated.

The child’s insurance under this provision will end on the earlier of:

(a) the date specified under the provision entitled Termination of Dependent Coverage, or
(b) the date the child is no longer incapacitated and dependent on the **covered student** for support.
EXCLUSIONS
This Policy does not cover nor provide benefits for:

1. Expenses incurred as a result of dental treatment, except for treatment resulting from injury to sound natural teeth or for extraction of impacted wisdom teeth as provided elsewhere in this Policy.

2. Expenses incurred for services normally provided without charge by the Policyholder's Health Service, Infirmary or Hospital, or by health care providers employed by the Policyholder.

3. Expenses incurred for eye refractions, vision therapy, radial keratotomy, eyeglasses, contact lenses (except when required after cataract surgery), or other vision aids, or hearing aids (except for children 12 years of age or younger), or prescriptions or examinations except as required for repair caused by a covered injury.

4. Expenses incurred as a result of injury due to participation in a riot. “Participation in a riot” means taking part in a riot in any way, including inciting the riot or conspiring to incite it. It does not include actions taken in self-defense, so long as they are not taken against persons who are trying to restore law and order.

5. Expenses incurred as a result of an accident occurring in consequence of riding as a passenger or otherwise in any vehicle or device for aerial navigation, except as a fare-paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route.

6. Expenses incurred as a result of an injury or sickness due to working for wage or profit or for which benefits are payable under any Workers’ Compensation or Occupational Disease Law. This exclusion will not apply to the following:
   - A Covered Person who is a sole proprietor or business owner who is not covered under Connecticut Statute Chapter 568 – Workers’ Compensation Act (Chapter 568) or who accepts the provisions of Chapter 568, Section 31-275 (10), and a Covered Person who is a corporate officer of a corporation whether or not he or she is excluded, or has requested exclusion from coverage under Chapter 568 as allowed by Connecticut Statute, Section 31-275 (9) (B) (V).

7. Expenses incurred as a result of an injury sustained or sickness contracted while in the service of the Armed Forces of any country. Upon the Covered Person entering the Armed Forces of any country, the unearned pro-rata premium will be refunded to the Policyholder.

8. Expenses incurred for treatment provided in a governmental hospital unless there is a legal obligation to pay such charges in the absence of insurance.

9. Expenses incurred for elective treatment or elective surgery except as specifically provided elsewhere in this Policy and performed while this Policy is in effect.

10. Expenses incurred for cosmetic surgery, reconstructive surgery, or other services and supplies which improve, alter, or enhance appearance, whether or not for psychological or emotional reasons, except to the extent needed to:
    - Improve the function of a part of the body that:
      - is not a tooth or structure that supports the teeth, and
      - is malformed:
        - as a result of a severe birth defect, including harelip, webbed fingers, or toes, or
        - as direct result of:
          - disease, or
          - surgery performed to treat a disease or injury.
    - Repair an injury (including reconstructive surgery for prosthetic device for a Covered Person who has undergone a mastectomy,) which occurs while the Covered Person is covered under this Policy. Surgery must be performed:
      - in the calendar year of the accident which causes the injury, or
      - in the next calendar year.
12. Expenses incurred as a result of a Covered Person’s commission of a felony. This does not apply to treatment of an injury sustained by a Covered Person with an elevated blood alcohol content or while under the influence of intoxication liquor or any drug.

13. Expenses incurred for voluntary or elective abortions unless otherwise provided in this Policy.

14. Expenses incurred for any services rendered by a member of the Covered Person’s immediate family or a person who lives in the Covered Person’s home.

15. Expenses incurred by a Covered Person not a United States Citizen for services performed within the Covered Person’s home country.


17. Expenses for treatment of injury or sickness to the extent that payment is made, as a judgment or settlement, by any person deemed responsible for the injury or sickness (or their insurers) in accordance with any Connecticut law or regulation.

18. Expenses incurred for or in connection with: procedures, services, or supplies that are, as determined by Aetna, to be experimental or investigational. A drug, a device, a procedure, or treatment will be determined to be experimental or investigational if:
   • There are insufficient outcomes data available from controlled clinical trials published in the peer reviewed literature, to substantiate its safety and effectiveness, for the disease or injury involved, or
   • If required by the FDA, approval has not been granted for marketing, or
   • A recognized national medical or dental society or regulatory agency has determined, in writing, that it is experimental, investigational, or for research purposes, or
   • The written protocol or protocols used by the treating facility, or the protocol or protocols of any other facility studying substantially the same drug, device, procedure, or treatment, or the written informed consent used by the treating facility, or by another facility studying the same drug, device, procedure, or treatment, states that it is experimental, investigational, or for research purposes.

   However, this exclusion will not apply with respect to services or supplies (other than drugs) received in connection with a disease, if Aetna determines that:
   • The disease can be expected to cause death within one year, in the absence of effective treatment, and
   • The care or treatment is effective for that disease, or shows promise of being effective for that disease, as demonstrated by scientific data. In making this determination, Aetna will take into account the results of a review by a panel of independent medical professionals. They will be selected by Aetna. This panel will include professionals who treat the type of disease involved.

   Also, this exclusion will not apply with respect to drugs that:
   • Have been granted treatment investigational new drug (IND), or Group c/treatment IND status, or
   • Are being studied at the Phase III level in a national clinical trial, sponsored by the National Cancer Institute.

   If Aetna determines that available, scientific evidence demonstrates that the drug is effective, or shows promise of being effective, for the disease.

   Plans must cover routine patient costs for clinical trials as defined in the law.

19. Expenses incurred for which no member of the Covered Person’s immediate family has any legal obligation for payment.
20. Expenses incurred for custodial care. Custodial care means services and supplies furnished to a person mainly to help him or her in the activities of daily life. This includes room and board and other institutional care. The person does not have to be disabled. Such services and supplies are custodial care without regard to:
   • by whom they are prescribed, or
   • by whom they are recommended, or
   • by whom or by which they are performed.

21. Expenses incurred for the removal of an organ from a Covered Person for the purpose of donating or selling the organ to any person or organization. This limitation does not apply to a donation by a Covered Person to a spouse, child, brother, sister, or parent.

22. Expenses incurred for the repair or replacement of existing artificial limbs, orthopedic braces, or orthotic devices.

23. Expenses incurred for gastric bypass, and any restrictive procedures, for weight loss.


25. Expenses incurred for gynecal mastea (male breasts).

26. Expenses incurred for acupuncture, unless services are rendered for anesthetic purposes.

27. Expenses incurred for alternative, holistic medicine, and/or therapy, including but not limited to, yoga and hypnotherapy.

28. Expenses for: (a) care of flat feet, (b) supportive devices for the foot, (c) care of corns, bunions, or calluses, (d) care of toenails, and (e) care of fallen arches, weak feet, or chronic foot strain, except that (c) and (d) are not excluded when medically necessary, because the Covered Person is diabetic, or suffers from circulatory problems.

29. Expenses for injuries sustained as the result of a motor vehicle accident, to the extent that benefits are payable under other valid and collectible insurance, whether or not claim is made for such benefits. The Policy will only pay for those losses, which are not payable under the automobile medical payment insurance Policy.

31. Expenses incurred when the person or individual is acting beyond the scope of his/her/its legal authority.

32. Expenses incurred for hearing aids (except for children 12 years of age or younger), the fitting, or prescription of hearing aids.

33. Expenses incurred for hearing exams.

34. Expenses for care or services to the extent the charge was covered under Medicare Part A or Part B.

35. Expenses for telephone consultations, charges for failure to keep a scheduled visit, or charges for completion of a claim form.

36. Expenses for personal hygiene and convenience items, such as air conditioners, humidifiers, hot tubs, whirlpools, or physical exercise equipment, even if such items are prescribed by a physician.

37. Expenses for incidental surgeries, and standby charges of a physician.

38. Expenses for treatment and supplies for programs involving cessation of tobacco use, except as necessary for the treatment of a mental or nervous condition.

39. Expenses incurred for, or related to, sex change surgery, or to any treatment of gender identity disorder.
40. Expenses for charges that are not Recognized Charges, as determined by Aetna, except that this will not apply if the charge for a service, or supply, does not exceed the Recognized Charge for that service or supply, by more than the amount or percentage, specified as the Allowable Variation.

Expense for charges that are not reasonable charges; as determined by Aetna; except that this will not apply if the charge for a service; or supply; does not exceed the reasonable charge for that service or supply; by more than the amount or percentage; specified as the Allowable Variation.

41. Expenses for treatment of covered students who specialize in the mental health care field, and who receive treatment as a part of their training in that field.

42. Expenses arising from a pre-existing condition. This exclusion does not apply if a Covered Person has creditable coverage and such coverage terminated within 120 days, or 150 days if involuntarily unemployed, prior to the effective date of coverage. (Part Time Students Only)

43. Expenses for routine physical exams, including expenses in connection with well newborn care, routine vision exams, routine dental exams, routine hearing exams, immunizations, or other preventive services and supplies, except to the extent coverage of such exams, immunizations, services, or supplies is specifically provided in the Policy.

44. Expenses incurred for a treatment, service, or supply, which is not medically necessary, as determined by Aetna, for the diagnosis care or treatment of the sickness or injury involved. This applies even if they are prescribed, recommended, or approved, by the person’s attending physician, or dentist.

In order for a treatment, service, or supply, to be considered medically necessary, the service or supply must:
- be care, or treatment, which is likely to produce a significant positive outcome as, and no more likely to produce a negative outcome than, any alternative service or supply, both as to the sickness or injury involved, and the person’s overall health condition,
- be a diagnostic procedure which is indicated by the health status of the person, and be as likely to result in information that could affect the course of treatment as, and no more likely to produce a negative outcome than, any alternative service or supply, both as to the sickness or injury involved, and the person’s overall health condition, and
- as to diagnosis, care, and treatment, be no more costly (taking into account all health expenses incurred in connection with the treatment, service, or supply), than any alternative service or supply to meet the above tests.

In determining if a service or supply is appropriate under the circumstances, Aetna will take into consideration: information relating to the affected person’s health status, reports in peer reviewed medical literature, reports and guidelines published by nationally recognized health care organizations that include supporting scientific data, generally recognized professional standards of safety and effectiveness in the United States for diagnosis, care, or treatment, the opinion of health professionals in the generally recognized health specialty involved, and any other relevant information brought to Aetna’s attention.

In no event will the following services or supplies be considered to be medically necessary:
- those that do not require the technical skills of a medical, a mental health, or a dental professional, or
- those furnished mainly for the personal comfort or convenience of the person, any person who cares for him/her, or any person who is part of his/her family, any healthcare provider, or healthcare facility, or
- those furnished solely because the person is an inpatient on any day on which the person’s sickness or injury could safely, and adequately, be diagnosed, or treated, while not confined, or those furnished solely because of the setting, if the service or supply could safely and adequately be furnished in a physician’s or a dentist’s office, or other less costly setting.

Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.
DEFINITIONS

**Accident**
An occurrence which (a) is unforeseen, (b) is not due to or contributed to by sickness or disease of any kind, and (c) causes injury.

**Actual Charge**
The charge made for a covered service by the provider who furnishes it.

**Aggregate Maximum**
The maximum benefit that will be paid under this Policy for all Covered Medical Expenses incurred by a Covered Person that accumulate from one Policy Year to the next.

**Ambulatory Surgical Center**
A freestanding ambulatory surgical facility that:
- Meets licensing standards.
- Is set up, equipped and run to provide general surgery.
- Makes charges.
- Is directed by a staff of physicians. At least one of them must be on the premises when surgery is performed and during the recovery period.
- Has at least one certified anesthesiologist at the site when surgery which requires general or spinal anesthesia is performed and during the recovery period.
- Extends surgical staff privileges to:
  - physicians who practice surgery in an area hospital, and
  - dentists who perform oral surgery.
- Has at least two operating rooms and one recovery room.
- Provides, or arranges with a medical facility in the area for, diagnostic X-ray and lab services needed in connection with surgery.
- Does not have a place for patients to stay overnight.
- Provides, in the operating and recovery rooms, full-time skilled nursing services directed by a R.N.
- Is equipped and has trained staff to handle medical emergencies.
- It must have:
  - a physician trained in cardiopulmonary resuscitation, and
  - a defibrillator, and
  - a tracheotomy set, and
  - a blood volume expander.
- Has a written agreement with a hospital in the area for immediate emergency transfer of patients. Written procedures for such a transfer must be displayed and the staff must be aware of them.
- Provides an ongoing quality assurance program. The program must include reviews by physicians who do not own or direct the facility.
- Keeps a medical record on each patient.

**Birthing Center**
A freestanding facility that:
- Meets licensing standards.
- Is set up, equipped and run to provide prenatal care, delivery and immediate postpartum care.
- Makes charges.
- Is directed by at least one physician who is a specialist in obstetrics and gynecology.
- Has a physician or certified nurse midwife present at all births and during the immediate postpartum period.
- Extends staff privileges to physicians who practice obstetrics and gynecology in an area hospital.
• Has at least two beds or two birthing rooms for use by patients while in labor and during delivery.
• Provides, during labor, delivery and the immediate postpartum period, full-time skilled nursing services directed by a R.N. or certified nurse midwife.
• Provides, or arranges with a facility in the area for, diagnostic X-ray and lab services for the mother and child.
• Has the capacity to administer a local anesthetic and to perform minor surgery. This includes episiotomy and repair of perineal tear.
• Is equipped and has trained staff to handle medical emergencies and provide immediate support measures to sustain life if complications arise during labor and if a child is born with an abnormality which impairs function or threatens life.
• Accepts only patients with low risk pregnancies.
• Has a written agreement with a hospital in the area for emergency transfer of a patient or a child. Written procedures for such a transfer must be displayed and the staff must be aware of them.
• Provides an ongoing quality assurance program. This includes reviews by physicians who do not own or direct the facility.
• Keeps a medical record on each patient and child.

**Brand Name Prescription Drug or Medicine**
A **prescription drug** which is protected by trademark registration.

**Chlamydia Screening Test**
This is any laboratory test of the urogenital tract that specifically detects for infection by one or more agents of Chlamydia trachomatis, and which test is approved for such purposes by the FDA.

**Coinsurance**
The percentage of **Covered Medical Expenses** payable by Aetna under this Accident and Sickness Insurance Plan.

**Complications of Pregnancy**
Conditions which require **hospital** stays before the pregnancy ends and whose diagnoses are distinct from but are caused or affected by pregnancy. These conditions are:
- acute nephritis or nephrosis, or
- cardiac decompensation or missed abortion, or
- similar conditions as severe as these.

Not included are (a) false labor, occasional spotting or **physician** prescribed rest during the period of pregnancy, (b) morning **sickness**, (c) hyperemesis gravidarum and preclampsia, and (d) similar conditions not medically distinct from a difficult pregnancy.

**Complications of Pregnancy** also include:
- non-elective cesarean section, and
- termination of an ectopic pregnancy, and
- spontaneous termination when a live birth is not possible (This does not include voluntary abortion).

**Convalescent Facility**
This is an institution that:
- Is licensed to provide, and does provide, the following on an inpatient basis for persons convalescing from disease or injury:
  - professional nursing care by a **R.N.**, or by a **L.P.N.** directed by a full-time **R.N.**, and
  - physical restoration services to help patients to meet a goal of self-care in daily living activities.
• Provides 24 hour a day nursing care by licensed nurses directed by a full-time R.N.
• Is supervised full-time by a physician or R.N.
• Keeps a complete medical record on each patient.
• Has a utilization review Plan.
• Is not mainly a place for rest, for the aged, for drug addicts, for alcoholics, for mental retardates, for custodial or educational care, or for care of mental disorders.
• Makes charges.

Copay
This is a fee charged to a person for Covered Medical Expenses.

For Prescribed Medicines Expense, the copay is payable directly to the pharmacy for each: prescription, kit, or refill, at the time it is dispensed. In no event will the copay be greater than the pharmacy’s charge per: prescription, kit, or refill.

Covered Dental Expenses
Those charges for any treatment, service, or supplies, covered by this Policy which are:
• not in excess of the reasonable and customary charges, or
• not in excess of the charges that would have been made in the absence of this coverage,
• and incurred while this Policy is in force as to the Covered Person.

Covered Dependent
A covered student’s dependent who is insured under this Policy.

Covered Medical Expenses
Those charges for any treatment, service or supplies covered by this Policy which are:
• not in excess of the reasonable and customary charges, or
• not in excess of the charges that would have been made in the absence of this coverage, and
• incurred while this Policy is in force as to the Covered Person except with respect to any expenses payable under the Extension of Benefit Provisions.

Covered Person
A covered student and any covered dependent while coverage under this Policy is in effect.

Covered Student
A student of the Policyholder who is insured under this Policy.

Craniofacial Team
A multidisciplinary group of practitioners that coordinates care for a child with congenital or acquired abnormalities of the craniofacial complex, including structures in the skull, face and neck.

Deductible
The amount of Covered Medical Expenses that are paid by each Covered Person during the Policy Year before benefits are paid.
Dental Consultant
A dentist who has agreed to provide consulting services in connection with the Dental Expense Benefit.

Dental Provider
This is any dentist, group, organization, dental facility, or other institution, or person legally qualified to furnish dental services or supplies.

Dentist
A legally qualified dentist. Also, a physician who is licensed to do the dental work he/she performs.

Dependent
(a) the covered student’s spouse residing with the covered student, or (b) the person identified as a domestic partner in the “Declaration of Domestic Partnership” which is completed and signed by the covered student, and (c) the covered student’s unmarried child under the age of 26. The child must reside with, and be fully supported by, the covered student.

The term “child” includes a covered student’s step-child, adopted child whose coverage is effective upon the earlier of the date of placement for the purpose of adoption, or the date of the entry of an order granting the adoptive parent custody of the child for purposes of adoption and who is residing with the covered student, and who is chiefly dependent on the covered student for his or her full support.

The term dependent does not include a person who is: (a) an eligible student, or (b) a member of the armed forces.

Designated Care
Care provided by a Designated Care Provider upon referral from the School Health Services.

Designated Care Provider
A health care provider (or pharmacy), that is affiliated with, and has an agreement with, the School Health Services to furnish services and supplies at a Negotiated Charge.

Diabetic Self-Management Education Course
A scheduled program on a regular basis which is designed to instruct a Covered Person in the self-management of diabetes. It is a day care program of educational services and self-care training, including medical nutritional therapy. The program must be under the supervision of an appropriately licensed, registered, or certified health care professional whose scope of practice includes diabetic education or management.

The following are not considered Diabetic Self-Management Education Courses for the purposes of this Plan:
- A Diabetic Education program whose only purpose is weight control, or which is available to the public at no cost; or
- A general program not just for diabetics; or
- A program made up of services not generally accepted as necessary for the management of diabetes.

Directory
A listing of Preferred Care Providers in the service area covered under this Policy, which is given to the Policyholder.
**Durable Medical and Surgical Equipment**
No more than one item of equipment for the same or similar purpose, and the accessories needed to operate it, that is:
- made to withstand prolonged use,
- made for and mainly used in the treatment of a disease or injury,
- suited for use in the home,
- not normally of use to persons who do not have a disease or injury,
- not for use in altering air quality or temperature,
- not for exercise or training.

Not included is equipment such as: whirlpools, portable whirlpool pumps, sauna baths, massage devices, overbed tables, elevators, communication aids, vision aids, and telephone alert systems.

**Effective Treatment of Mental or Nervous Conditions**
This is a program that:
- is prescribed and supervised by a physician; and
- is for a mental or nervous condition.

**Elective Treatment**
Medical treatment which is not necessitated by a pathological change in the function or structure in any part of the body occurring after the Covered Person's effective date of coverage. Elective treatment includes, but is not limited to:
- tubal ligation,
- vasectomy,
- breast reduction except as specifically provided elsewhere in this Policy,
- sexual reassignment surgery,
- submucous resection and/or other surgical correction for deviated nasal septum, other than necessary treatment of covered acute purulent sinusitis,
- treatment for weight reduction,
- learning disabilities,
- temporomandibular joint dysfunction (TMJ),
- immunization except as specifically provided elsewhere in this Policy,
- treatment of infertility, and
- routine physical examinations.

**Emergency Admission**
One where the physician admits the person to the hospital or residential treatment facility right after the sudden and at that time, unexpected onset of a change in a person's physical or mental condition which:
- requires confinement right away as a full-time inpatient, and
- if immediate inpatient care was not given could, as determined by Aetna, reasonably be expected to result in:
  - loss of life or limb, or
  - significant impairment to bodily function, or
  - permanent dysfunction of a body part.

**Emergency Condition**
This is any traumatic injury or condition which:
- occurs unexpectedly,
- requires immediate diagnosis and treatment, in order to stabilize the condition, and
- is characterized by symptoms such as severe pain and bleeding.
**Emergency Medical Condition**
This means a recent and severe medical condition, including, but not limited to, severe pain, which would lead a prudent layperson possessing an average knowledge of medicine and health, to believe that his/her condition, sickness, or injury, is of such a nature that failure to get immediate medical care could result in:

- Placing the person’s health in serious jeopardy, or
- Serious impairment to bodily function, or
- Serious dysfunction of a body part or organ, or
- In the case of a pregnant woman, serious jeopardy to the health of the fetus.

**Generic Prescription Drug or Medicine**
A prescription drug which is not protected by trademark registration, but is produced and sold under the chemical formulation name.

**High Cost Procedure**
High Cost Procedures include the following procedures and services:

- C.A.T. Scan,
- Magnetic Resonance Imaging,
- Laser treatment:
  - which must be provided on an outpatient basis, and may be incurred in the following:
    - A physician's office, or
    - Hospital outpatient department, or emergency room, or
    - Clinical laboratory, or
    - Radiological facility, or other similar facility, licensed by the applicable state, or the state in which the facility is located.

**Home Health Agency**
An agency or organization which meets each of the following requirements: (1) It is primarily engaged in and is federally certified as a home health agency and duly licensed, if such licensing is required, by the appropriate licensing authority, to provide nursing and other therapeutic services, (2) its policies are established by a professional group associated with such agency or organization, including at least one physician and at least one registered nurse, to govern the services provided, (3) it provides for full-time supervision of such services by a physician or by a registered nurse, (4) it maintains a complete medical record on each patient, and (5) it has an administrator.

**Home Health Aide**
A certified or trained professional who provides services through a home health agency which are not required to be performed by a R.N., L.P.N., or L.V.N., primarily aid the Covered Person in performing the normal activities of daily living while recovering from an injury or sickness, and are described under the written Home Health Care Plan.

**Home Health Care**
Health services and supplies provided to a Covered Person on a part-time, intermittent, visiting basis. Such services and supplies must be provided in such person's place of residence, while the person is confined as a result of injury or sickness. Also, a physician must certify that the use of such services and supplies is to treat a condition as an alternative to confinement in a hospital or skilled nursing facility.
**Home Health Care Plan**

Home health care shall consist of, but shall not be limited to, the following: (1) Part-time or intermittent nursing care by a registered nurse or by a licensed practical nurse under the supervision of a registered nurse, if the services of a registered nurse are not available; (2) part-time or intermittent home health aide services, consisting primarily of patient care of a medical or therapeutic nature by other than a registered or licensed practical nurse; (3) physical, occupational or speech therapy; (4) medical supplies, drugs and medicines prescribed by a physician, advanced practice registered nurse or physician assistant and laboratory services to the extent such charges would have been covered under the Policy or contract if the Covered Person had remained or had been confined in the hospital; (5) medical social services, as hereinafter defined, provided to or for the benefit of a Covered Person diagnosed by a physician as terminally ill with a prognosis of six months or less to live. Medical social services are defined to mean services rendered, under the direction of a physician by a qualified social worker holding a master's degree from an accredited school of social work, including but not limited to (A) assessment of the social, psychological and family problems related to or arising out of such covered person's illness and treatment; (B) appropriate action and utilization of community resources to assist in resolving such problems; (C) participation in the development of the overall plan of treatment for such Covered Person.

**Hospice**

A facility or program providing a coordinated program of home and inpatient care which treats terminally ill patients. The program provides care to meet the special needs of the patient during the final stages of a terminal illness. Care is provided by a team made up of trained medical personnel, counselors, and volunteers. The team acts under an independent hospice administration and it helps the patient cope with physical, psychological, spiritual, social, and economic stresses. The hospice administration must meet the standards of the National Hospice Organization and any licensing requirements.

**Hospice Benefit Period**

A period that begins on the date the attending physician certifies that the Covered Person is a terminally ill patient who has less than six months to live. It ends after six months (or such later period for which treatment is certified) or on the death of the patient, if sooner.

**Hospice Care Expenses**

The reasonable and customary charges made by a hospice for the following services or supplies: charges for inpatient care, charges for drugs and medicines, charges for part-time nursing by a R.N., L.P.N., or L.V.N., charges for physical and respiratory therapy in the home, charges for the use of medical equipment, charges for visits by licensed or trained social workers, psychologists or counselors, charges for bereavement counseling of the covered person’s immediate family prior to, and within three months after, the Covered Person’s death, and charges for respite care for up to five days in any 30 day period.

**Hospital**

A facility which meets all of these tests:

- it provides in-patient services for the case and treatment of injured and sick people, and
- it provides room and board services and nursing services **24 hours** a day, and
- it has established facilities for diagnosis and major surgery, and
- it is run as a hospital under the laws of the jurisdiction in which it is located.

**Hospital** does not include a place run mainly: (a) for alcoholics or drug addicts, (b) as a convalescent home, or (c) as a nursing or rest home. The term “**hospital**” includes an alcohol and drug addiction treatment facility during any period in which it provides effective treatment of alcohol and drug addiction to the Covered Person.

**Hospital Confinement**

A stay of 18 or more hours in a row as a resident bed patient in a hospital.
**Inherited Metabolic Disease**
HIV, phenylketonuria and other metabolic diseases, hypothyroidism, galactosemia, sickle cell disease, maple syrup urine disease, homocystinuria, biotinidase deficiency, congenital adrenal hyperplasia, such other tests for inborn errors of metabolism as shall be prescribed by the Department of Public Health, amino acid disorders, organic acid disorders, fatty acid disorders, and cystic fibrosis.

**Injury**
Bodily injury caused by an accident. This includes related conditions and recurrent symptoms of such injury.

**Intensive Care Unit**
A designated ward, unit, or area within a hospital for which a specified extra daily surcharge is made and which is staffed and equipped to provide, on a continuous basis, specialized or intensive care or services, not regularly provided within such hospital.

**Jaw Joint Disorder**
This is a Temporomandibular Joint Dysfunction (TMJ) or any similar disorder in the relationship between the jaws or jaw joint, and the muscles, and nerves.

**Mail Order Pharmacy**
An establishment where prescription drugs are legally dispensed by mail.

**Medically Necessary**
A service or supply that is: necessary, and appropriate, for the diagnosis or treatment of a sickness, or injury, based on generally accepted current medical practice. In order for a treatment, service, or supply to be considered medically necessary, the service or supply must:

- Be care or treatment which is likely to produce as significant positive outcome as any alternative service or supply, both as to the sickness or injury involved and the person’s overall health condition. It must be no more likely to produce a negative outcome than any alternative service or supply, both as to the sickness or injury involved and the person's overall health condition,
- Be a diagnostic procedure which is indicated by the health status of the person. It must be as likely to result in information that could affect the course of treatment as any alternative service or supply, both as to the sickness or injury involved and the person's overall health condition. It must be no more likely to produce a negative outcome than any alternative service or supply, both as to the sickness or injury involved and the person's overall health condition, and
- As to diagnosis, care, and treatment, be no more costly (taking into account all health expenses incurred in connection with the treatment, service, or supply,) than any alternative service or supply to meet the above tests.

In determining if a service or supply is appropriate under the circumstances, Aetna will take into consideration:
- information relating to the affected person's health status,
- reports in peer reviewed medical literature,
- reports and guidelines published by nationally recognized health care organizations that include supporting scientific data,
- generally recognized professional standards of safety and effectiveness in the United States for diagnosis, care, or treatment,
- the opinion of health professionals in the generally recognized health specialty involved, and
- any other relevant information brought to Aetna's attention.
In no event will the following services or supplies be considered to be medically necessary:

- Those that do not require the technical skills of a medical, a mental health, or a dental professional, or
- Those furnished mainly for: the personal comfort, or convenience, of the person, any person who cares for him/her, or any person who is part of his/her family, any healthcare provider, or healthcare facility, or
- Those furnished solely because the person is an inpatient on any day on which the person's sickness or injury could safely and adequately be diagnosed or treated while not confined, or
- Those furnished solely because of the setting if the service or supply could safely and adequately be furnished, in a physician's or a dentist's office, or other less costly setting.

Medication Formulary
A listing of prescription drugs which have been evaluated and selected by Aetna clinical pharmacists, for their therapeutic equivalency and efficacy. This listing includes both brand name and generic prescription drugs. This listing is subject to periodic review, and modification by Aetna.

Member Dental Provider
Any dental provider who has entered in to a written agreement to provide to covered students the dental care described under the Dental Expense Benefit.

A covered student’s member dental provider is a member dental provider currently chosen, in writing by the covered student, to provide dental care to the covered student.

A member dental provider chosen by a covered student takes effect as the covered student’s member dental provider on the effective date of that covered student’s coverage.

Negotiated Charge
The maximum charge a Preferred Care Provider or Designated Provider has agreed to make as to any service or supply for the purpose of the benefits under this Policy.

Non-Member Dental Provider
A dental provider who has not entered into a written agreement with Aetna to provide Dental Expense Benefits to covered students.

Non-Occupational Disease
A non-occupational disease is a disease that does not:

- arise out of (or in the course of) any work for pay or profit, or
- result in any way from a disease that does.

A disease will be deemed to be non-occupational regardless of cause if proof is furnished that the covered student:

- is covered under any type of workers' compensation law, and
- is not covered for that disease under such law.

Non-Occupational Injury
A non-occupational injury is an accidental bodily injury that does not:

- arise out of (or in the course of) any work for pay or profit, or
- result in any way from an injury which does.

Non-Preferred Care
A health care service or supply furnished by a health care provider that is not a Designated Care Provider, or that is not a Preferred Care Provider, if, as determined by Aetna:

- the service or supply could have been provided by a Preferred Care Provider, and
- the provider is of a type that falls into one or more of the categories of providers listed in the directory.
Non-Preferred Care Provider
- a health care provider that has not contracted to furnish services or supplies at a Negotiated Charge, or
- a Preferred Care Provider that is furnishing services or supplies without the referral of a School Health Services.

Non-Preferred Pharmacy
A pharmacy not party to a contract with Aetna, or a pharmacy who is party to such a contract but who does not dispense prescription drugs in accordance with its terms.

Non-Preferred Prescription Drug Expense
An expense incurred for a prescription drug that is not a Preferred prescription drug expense.

One Sickness
A sickness and all recurrences and related conditions which are sustained by a Covered Person.

Orthodontic Treatment
Any:
- medical service or supply, or
- dental service or supply,

furnished to prevent or to diagnose or to correct a misalignment:
- of the teeth, or
- of the bite, or
- of the jaws or jaw joint relationship,

whether or not for the purpose of relieving pain.

Not included is:
- the installation of a space maintainer, or
- surgical procedure to correct malocclusion.

Out-of-Area Emergency Dental Care
Medically necessary care or treatment for an emergency medical condition that is rendered outside a 30-70 mile radius of the covered student’s member dental provider. Such care is subject to specific limitations set forth in this Policy.

Outpatient Diabetic Self-Management Education Program
A scheduled program on a regular basis, which is designed to instruct a Covered Person in the self-management of diabetes. It is a day care program of educational services and self-care training, (including medical nutritional therapy). The program must be under the supervision of an appropriately licensed, registered, or certified health care professional whose scope of practice includes diabetic education or management.

Partial Confinement Treatment
This means a plan of psychiatric services to treat a mental or nervous condition which meets these tests:
- it is carried out in a hospital or treatment facility on less than a full-time inpatient basis (not less than four hours and not more than twelve hours in any 24 hour period); and
- it is in accord with accepted medical practice for the condition of the Covered Person and does not require full-time confinement.

Pharmacy
An establishment where prescription drugs are legally dispensed.
Physician
(a) legally qualified physician licensed by the state in which he or she practices, and (b) any other practitioner that must by law be recognized as a doctor legally qualified to render treatment.

Policy Year
The period of time from anniversary date to anniversary date except in the first year when it is the period of time from the effective date to the first anniversary date.

Pre-Admission Testing
Tests done by a hospital, surgery center, licensed diagnostic lab facility, or physician, in its own behalf, to test a person while an outpatient before scheduled surgery if:
• the tests are related to the scheduled surgery,
• the tests are done within the seven days prior to the scheduled surgery,
• the person undergoes the scheduled surgery in a hospital or surgery center, this does not apply if the tests show that surgery should not be done because of his/her physical condition,
• the charge for the surgery is a Covered Medical Expense under this Plan,
• the tests are done while the person is not confined as an inpatient in a hospital,
• the charges for the tests would have been covered if the person was confined as an inpatient in a hospital,
• the test results appear in the person's medical record kept by the hospital or surgery center where the surgery is to be done, and
• the tests are not repeated in or by the hospital or surgery center where the surgery is done.

If the person cancels the scheduled surgery, benefits are paid at the Covered Percentage that would have applied in the absence of this benefit.

Pre-Existing Condition
Any injury, sickness or condition for which any medical advice, diagnosis, care or treatment was recommended or received within twelve months prior to the Covered Person's effective date of coverage. Routine follow-up care to determine whether a breast cancer has reoccurred in a Covered Person who has been previously determined to be breast cancer free shall not be considered as medical advice, diagnosis, care or treatment. Genetic information shall not be treated as a condition in the absence of a diagnosis of the condition related to such information and pregnancy shall not be considered a pre-existing condition.

Preferred Care
Care provided by:
• a Covered Person's primary care physician, or a Preferred Care Provider on the referral of the primary care physician, or
• a health care provider that is not a Preferred Care Provider for an emergency medical condition when travel to a Preferred Care Provider, or referral by a Covered Person's primary care physician prior to treatment, is not feasible, or
• a Non-Preferred Urgent Care Provider when travel to a Preferred Urgent Care Provider for treatment is not feasible, and if authorized by Aetna.

Preferred Care Provider
A health care provider that has contracted to furnish services or supplies for a Negotiated Charge, but only if the provider is, with Aetna's consent, included in the directory as a Preferred Care Provider for:
• the service or supply involved, and
• the class of Covered Persons of which you are member.

Preferred Pharmacy
A pharmacy, including a mail order pharmacy, which is party to a contract with Aetna to dispense drugs to persons covered under this Policy, but only:
• while the contract remains in effect, and
• while such a pharmacy dispenses a prescription drug, under the terms of its contract with Aetna.
Preferred Prescription Drug Expense
An expense incurred for a prescription drug that:
- is dispensed by a Preferred Pharmacy, or for an emergency medical condition only, by a Non-Preferred Pharmacy, and
- is dispensed upon the Prescription of a Prescriber who is:
  - a Designated Care Provider, or
  - a Preferred Care Provider, or
  - a Non-Preferred Care Provider, but only for an emergency condition, or on referral of a person's Primary Care Physician, or
  - a dentist who is a Non-Preferred Care Provider, but only one who is not of a type that falls into one or more of the categories of providers listed in the directory of Preferred Care Providers.

Prescriber
Any person, while acting within the scope of his or her license, who has the legal authority to write an order for a prescription drug.

Prescription
An order of a prescriber for a prescription drug. If it is an oral order, it must be promptly put in writing by the pharmacy.

Prescription Drugs
Any of the following:
- A drug, biological, or compounded prescription, which, by Federal law, may be dispensed only by prescription and which is required to be labeled “Caution: Federal Law prohibits dispensing without prescription”,
- Injectable insulin, disposable needles, and syringes, when prescribed and purchased at the same time as insulin, and disposable diabetic supplies. Expenses for insulin and diabetic supplies will not accrue to or be subject to any maximums that apply generally to prescription drugs.
- Disposable hypodermic needles and syringes for the purpose of administering injectable drugs for a covered medical condition provided that such injectable prescription drugs are covered under the Policy.

Primary Care Physician
This is the Preferred Care Provider who is:
- selected by a person from the list of Primary Care Physicians in the directory,
- responsible for the person's on-going health care, and
- shown on Aetna's records as the person's Primary Care Physician.

For purposes of this definition, a Primary Care Physician also includes the School Health Services.

Reasonable and Customary
The charge which is the smallest of:
- the Actual Charge,
- the charge usually made for a covered service by the provider who furnishes it, and
- the prevailing charge made for a covered service in the geographic area by those of similar professional standing.

Reasonable Charge
Only that part of a charge which is reasonable is covered. The Reasonable Charge for a service or supply is the lowest of:
- The provider's usual charge for furnishing it, and
- The charge Aetna determines to be appropriate, based on factors such as the cost of providing the same or a similar service or supply and the manner in which charges for the service or supply are made, and
- The charge Aetna determines to be the prevailing charge level made for it in the geographic area where it is furnished.
In some circumstances, Aetna may have an agreement, either directly or indirectly through a third party, with a provider which sets the rate that Aetna will pay for a service or supply. In these instances, in spite of the methodology described above, the **Reasonable Charge** is the rate established in such agreement.

In determining the **Reasonable Charge** for a service or supply that is:
- Unusual, or
- Not often provided in the area, or
- Provided by only a small number of providers in the area,

Aetna may take into account factors, such as:
- The complexity,
- The degree of skill needed,
- The type of specialty of the provider,
- The range of services or supplies provided by a facility, and
- The prevailing charge in other areas.

**Recognized Charge**

Only that part of a charge which is recognized is covered. The **Recognized Charge** for a service or supply is the lowest of:
- The provider's usual charge for furnishing it, and
- The charge Aetna determines to be appropriate, based on factors such as the cost of providing the same or a similar service or supply, and the manner in which charges for the service or supply are made, and
- The charge Aetna determines to be the **Recognized Charge** percentage made for that service or supply.

In some circumstances, Aetna may have an agreement, either directly or indirectly, through a third party, with a provider which sets the rate that Aetna will pay for a service or supply. In these instances, in spite of the methodology described above, the **Recognized Charge** is the rate established in such agreement.

In determining the **Recognized Charge** for a service or supply that is:
- Unusual, or
- Not often provided in the area, or
- Provided by only a small number of providers in the area,

Aetna may take into account factors, such as:
- The complexity,
- The degree of skill needed,
- The type of specialty of the provider,
- The range of services or supplies provided by a facility, and
- The **Recognized Charge** in other areas.

**Residential Treatment Facility – (Mental Disorders)**

This is an institution that meets all of the following requirements:
- On-site licensed **Behavioral Health Provider 24 hours per day/7 days a week**.
- Provides a comprehensive patient assessment (preferably before admission, but at least upon admission).
- Is admitted by a **Physician**.
- Has access to necessary medical services **24 hours per day/7 days a week**.
- Provides living arrangements that foster community living and peer interaction that are consistent with developmental needs.
- Offers group therapy sessions with at least a R.N. or Masters-Level Health Professional.
- Has the ability to involve family/support systems in therapy (required for children and adolescents, encouraged for adults).
• Provides access to at least weekly sessions with a Psychiatrist or psychologist for individual psychotherapy.
• Has peer oriented activities.
• Services are managed by a licensed Behavioral Health Provider who, while not needing to be individually contracted, needs to (1) meet the Aetna credentialing criteria as an individual practitioner, and (2) function under the direction/supervision of a licensed psychiatrist (Medical Director).
• Has individualized treatment plan directed toward the alleviation of the impairment that caused the admission.
• Provides a level of skilled intervention consistent with patient risk.
• Meets any and all applicable licensing standards established by the jurisdiction in which it is located.
• Is not a Wilderness Treatment Program or any such related or similar program, school and/or education service.

As used here:
“Individualized treatment plan” means a treatment plan prescribed by a physician with specific attainable goals and objectives appropriate to both the Covered Person and the treatment modality of the program.

Residential Treatment Facility – (Alcoholism and Drug Abuse)
This is an institution that meets all of the following requirements:
• On-site licensed Behavioral Health Provider 24 hours per day/7 days a week.
• Provides a comprehensive patient assessment (preferably before admission, but at least upon admission).
• Is admitted by a Physician.
• Has access to necessary medical services 24 hours per day/7 days a week.
• If the member requires detoxification services, must have the availability of on-site medical treatment 24 hours per day/7 days a week, which must be actively supervised by an attending physician.
• Provides living arrangements that foster community living and peer interaction that are consistent with developmental needs.
• Offers group therapy sessions with at least a R.N. or Masters-Level Health Professional.
• Has the ability to involve family/support systems in therapy (required for children and adolescents; encouraged for adults).
• Provides access to at least weekly sessions with a Psychiatrist or psychologist for individual psychotherapy.
• Has peer oriented activities.
• Services are managed by a licensed Behavioral Health Provider who, while not needing to be individually contracted, needs to (1) meet the Aetna credentialing criteria as an individual practitioner, and (2) function under the direction/supervision of a licensed psychiatrist (Medical Director).
• Has individualized treatment plan directed toward the alleviation of the impairment that caused the admission.
• Provides a level of skilled intervention consistent with patient risk.
• Meets any and all applicable licensing standards established by the jurisdiction in which it is located.
• Is not a Wilderness Treatment Program or any such related or similar program, school and/or education service.
• Ability to assess and recognize withdrawal complications that threaten life or bodily functions and to obtain needed services either on site or externally.
• 24-hours per day/7 days a week supervision by a physician with evidence of close and frequent observation.
• On-site, licensed Behavioral Health Provider, medical or substance abuse professionals 24 hours per day/7 days a week.

As used here:
“Individualized treatment plan” means a treatment plan prescribed by a physician with specific attainable goals and objectives appropriate to both the Covered Person and the treatment modality of the program.

Respite Care
Care provided to give temporary relief to the family or other care givers in emergencies and from the daily demands of caring for a terminally ill Covered Person.

Room and Board
Charges made by an institution for board and room and other necessary services and supplies. They must be regularly made at a daily or weekly rate.
Routine Screening for Sexually Transmitted Disease
This is any laboratory test approved for such purposes by the FDA that specifically detects for infection by one or more agents of:
- Gonorrhea,
- Syphilis,
- Hepatitis,
- HIV, and
- Genital Herpes.

School Health Services
Any organization, facility, or clinic operated, maintained, or supported by the school or other entity under contract to the school which provides health care services to enrolled students.

Semi-Private Rate
The charge for room and board which an institution applies to the most beds in its semiprivate rooms with two or more beds. If there are no such rooms, Aetna will figure the rate. It will be the rate most commonly charged by similar institutions in the same geographic area.

Service Area
The geographic area, as determined by Aetna, in which the Preferred Care Providers are located.

Sickness
Disease or illness including related conditions and recurrent symptoms of the sickness. Sickness also includes pregnancy, and complications of pregnancy. All injuries or sickness due to the same or a related cause are considered one injury or sickness.

Skilled Nursing Facility
A lawfully operating institution engaged mainly in providing treatment for people convalescing from injury or sickness. It must have:
- organized facilities for medical services,
- 24 hours nursing service by R.N.s,
- a capacity of six or more beds,
- a daily medical record for each patient, and
- a physician available at all times.

Sound Natural Teeth
Natural teeth, the major portion of the individual tooth which is present regardless of fillings and is not carious, abscessed, or defective. Sound natural teeth shall not include capped teeth.

Surgery Center
A free standing ambulatory surgical facility that:
- Meets licensing standards.
- Is set up, equipped and run to provide general surgery.
- Makes charges.
- Is directed by a staff of physicians. At least one of them must be on the premises when surgery is performed and during the recovery period.
- Has at least one certified anesthesiologist at the site when surgery which requires general or spinal anesthesia is performed and during the recovery period.
- Extends surgical staff privileges to:
  - physicians who practice surgery in an area hospital, and
  - dentists who perform oral surgery.
• Has at least two operating rooms and one recovery room.
• Provides, or arranges with a medical facility in the area for, diagnostic X-ray and lab services needed in connection with surgery.
• Does not have a place for patients to stay overnight.
• Provides, in the operating and recovery rooms, full-time skilled nursing services directed by a registered nurse.
• Is equipped and has trained staff to handle medical emergencies.
• It must have:
  o a physician trained in cardiopulmonary resuscitation, and
  o a defibrillator, and
  o a tracheotomy set, and
  o a blood volume expander.
• Has a written agreement with a hospital in the area for immediate emergency transfer of patients. Written procedures for such a transfer must be displayed, and the staff must be aware of them.
• Provides an ongoing quality assurance program. The program must include reviews by physicians who do not own or direct the facility.
• Keeps a medical record on each patient.

**Surgical Assistant**
A medical professional trained to assist in surgery in both the preoperative and postoperative periods under the supervision of a physician.

**Surgical Expenses**
Charges by a physician for,
• a surgical procedure,
• a necessary preoperative treatment during a hospital stay in connection with such procedure, and
• usual postoperative treatment.

**Surgical Procedure**
• a cutting procedure,
• suturing of a wound,
• treatment of a fracture,
• reduction of a dislocation,
• radiotherapy (excluding radioactive isotope therapy), if used in lieu of a cutting operation for removal of a tumor,
• electrocauterization,
• diagnostic and therapeutic endoscopic procedures,
• injection treatment of hemorrhoids and varicose veins,
• an operation by means of laser beam,
• cryosurgery.

** Totally Disabled**
Due to disease or injury, the Covered Person is not able to engage in most of the normal activities of a person of like age and sex in good health.

**Treatment Facility (mental or nervous conditions)**: an institution that:
• Mainly provides a program for the diagnosis, evaluation, and effective treatment of mental or nervous conditions.
• Is not mainly a school or a custodial, recreational or training institution.
• Provides infirmary-level medical services. Also, it provides, or arranges with a hospital in the area for, any other medical service that may be required.
• Is supervised full-time by a psychiatrist who is responsible for patient care and is there regularly.
• Is staffed by psychiatric physicians involved in care and treatment.
• Has a psychiatric physician present during the whole treatment day.
• Provides, at all times, psychiatric social work and nursing services.
• Provides, at all times, skilled nursing care by licensed nurses who are supervised by a full-time R.N.
• Prepares and maintains a written plan of treatment for each patient based on medical, psychological and social needs. The Plan must be supervised by a psychiatric physician.
• Makes charges.
• Meets licensing standards.

If a facility is located in the jurisdiction where the group policy is delivered, only the first two and last two tests above will apply.

It is also a residential treatment facility; provided that:
• If the Covered Person is confined full-time in such facility, such confinement started right after a hospital confinement of at least three days. The hospital confinement must have:
  o been for the treatment of the same disorder; and
  o started while the Covered Person was covered under the group Policy.
• The treatment in such facility is rendered under a personal treatment Plan. The Plan must be set-up and approved by the Covered Person's physician. The Plan must be in writing. If the Covered Person is confined full-time in such facility, the physician must certify that full-time confinement in a hospital would otherwise be needed.

Urgent Admission
One where the physician admits the person to the hospital due to:
• the onset of or change in a disease, or
• the diagnosis of a disease, or
• an injury caused by an accident,

which, while not needing an emergency admission, is severe enough to require confinement as an inpatient in a hospital within two weeks from the date the need for the confinement becomes apparent.

Urgent Condition
This means a sudden illness, injury, or condition, that:
• is severe enough to require prompt medical attention to avoid serious deterioration of the Covered Person’s health,
• includes a condition which would subject the Covered Person to severe pain that could not be adequately managed without urgent care or treatment,
• does not require the level of care provided in the emergency room of a hospital, and
• requires immediate outpatient medical care that cannot be postponed until the Covered Person’s physician becomes reasonably available.

Urgent Care Provider
This is:
• A freestanding medical facility which:
  o Provides unscheduled medical services to treat an urgent condition if the Covered Person’s physician is not reasonably available.
  o Routinely provides ongoing unscheduled medical services for more than eight consecutive hours.
  o Makes charges.
  o Is licensed and certified as required by any state or federal law or regulation.
  o Keeps a medical record on each patient.
  o Provides an ongoing quality assurance program. This includes reviews by physicians other than those who own or direct the facility.
  o Is run by a staff of physicians. At least one such physician must be on call at all times.
  o Has a full-time administrator who is a licensed physician.
• A physician’s office, but only one that:
  o has contracted with Aetna to provide urgent care, and
  o is, with Aetna’s consent, included in the Provider Directory as a Preferred Urgent Care Provider.

It is not the emergency room or outpatient department of a hospital.

Walk-in Clinic
A clinic with a group of physicians, which is not affiliated with a hospital, that provides: diagnostic services, observation, treatment, and rehabilitation on an outpatient basis.

CLAIM PROCEDURE
On occasion, the claims investigation process will require additional information in order to properly adjudicate the claim. This investigation will be handled directly by Aetna.

Customer Service Representatives are available 8:30 a.m. to 5:30 p.m., Monday through Friday, ET for any questions.
1. Bills must be submitted within 90 days from the date of treatment.
2. Payment for Covered Medical Expenses will be made directly to the hospital or physician concerned, unless bill receipts and proof of payment are submitted.
3. If itemized medical bills are available at the time the claim form is submitted, attach them to the claim form. Subsequent medical bills should be mailed promptly to the above address.
4. You will receive an “Explanation of Benefits” when your claims are processed. The Explanation of Benefits will explain how your claim was processed, according to the benefits of your Student Accident and Sickness Insurance Plan.

HOW TO APPEAL A CLAIM
In the event a Covered Person disagrees with how a claim was processed, he/she may request a review of the decision. The Covered Person's requests must be made in writing within 180 days of receipt of the Explanation of Benefits (EOB). The Covered Person's request must include why he/she disagrees with the way the claim was processed. The request must also include any additional information that supports the claim (e.g., medical records, Physician's office notes, operative reports, Physician's letter of medical necessity, etc.). Please submit all requests to:
  Aetna
  P.O. Box 14464
  Lexington, KY 40512

HOW TO APPEAL A CLAIM
In the event a Covered Person disagrees with how a claim was processed, he/she may request a review of the decision. The Covered Person's requests must be made in writing within one hundred eighty (180) days of receipt of the Explanation of Benefits (EOB). The Covered Person's request must include why he/she disagrees with the way the claim was processed. The request must also include any additional information that supports the claim (e.g., medical records, Physician's office notes, operative reports, Physician's letter of medical necessity, etc.). Please submit all requests to:
  Aetna
  P.O. Box 14464
  Lexington, KY 40512
**APPEAL PROCESS**

In the event a Covered Person disagrees with how a claim was processed or any other issue, they may request a review. The Covered Person's request must include why they disagree and must also include any additional information that supports their claim (e.g., medical records, Physician's office notes, operative reports, Physician's letter of Medical Necessity, etc.).

An Appeal process has been established for resolving issues by Covered Persons. If a Covered Person has an appeal, they must follow this process:

- An Appeal is defined as a written request for review of a decision which has been denied in whole or in part, after consideration of any relevant information. This includes a request for claim payment, certification, eligibility or referral, etc. The address to send Appeals is shown on the Covered Person’s ID Card.
- An Appeal must be submitted within **60 days** of the date of a notice of denial.
- An acknowledgment letter will be sent to the Covered Person within five days of receipt of the Appeal. This letter may request additional information. If so, the additional information must be submitted within **15 days** of the date of the letter.
- The Covered Person will be sent a response by Aetna within **30 days** of receipt of the Appeal. The response will be based on the information provided with or subsequent to the Appeal.
- If the Appeal concerns an eligibility issue, and if additional information is not submitted after receipt of Aetna's response, the decision is considered Aetna's final response **60 days** after receipt of the Appeal. For all other Appeals, if additional information is to be submitted to Aetna after receipt of Aetna's response, it must be submitted within **15 days**.
- Aetna’s final response will be sent within **30 days** from the date of Aetna's first response letter.
- If additional time is needed to resolve the Appeal, Aetna will provide a written notification indicating that additional time is needed, explaining why such time is needed and setting a new date for a response. The additional time shall not be extended beyond another **30 days**.
- Aetna will keep the records of any appeal for three years.
- In an emergency situation involving admission to or services from an acute care hospital, if the Covered Person's Physician, or the hospital, determines that the Covered Person faces a life-threatening or other serious Injury situation, they may submit a request for an expedited review. A response shall be given to the provider within three hours of Aetna's receipt of the request and all necessary information. If a response is not provided within this time frame the request is considered approved.
- In all other urgent or emergency situations, the Appeal process may be initiated by a telephone call. A verbal response to the telephone call shall be given to the provider within two business days, provided that all necessary information is available. Written notice of the decision will be sent within two business days of Aetna's verbal response.
- A person who has been diagnosed with a condition that creates a life expectancy in that person of less than two years and who has been denied an otherwise covered procedure, treatment or drug on the grounds that it is experimental may request an expedited appeal.

If, after completing the Appeal process outlined above, the Covered Person, the Covered Person's Physician, or the hospital are still dissatisfied with Aetna's response, the Covered Person may appeal the decision to the Connecticut Insurance Department. The applicable internet address for the State Insurance Department for your Plan is: [www.ct.gov/cid](http://www.ct.gov/cid). This must be done within **60 days** of receipt of Aetna's final response.

**PRESCRIPTION DRUG CLAIM PROCEDURE**

When obtaining a covered prescription, please present your ID card to a Preferred Pharmacy, along with your applicable copay. The pharmacy will bill Aetna for the cost of the drug, plus a dispensing fee, less the copay amount.

When you need to fill a prescription, and do not have your ID card with you, you may obtain your prescription from an Aetna Preferred Pharmacy, and be reimbursed by submitting a completed Aetna Prescription Drug claim form. You will be reimbursed for covered medications, less your copay.
ON CALL INTERNATIONAL

Chickering Claims Administrators, Inc. (CCA) has contracted with On Call International (On Call) to provide Covered Persons with access to certain accidental death and dismemberment benefits, worldwide emergency travel assistance services and other benefits.

A brief description of these benefits is outlined below.

ACCIDENTAL DEATH AND DISMEMBERMENT (ADD) BENEFITS

These benefits are underwritten by United States Fire Insurance Company (USFIC) and include the following:

Benefits are payable for the Accidental Death and Dismemberment of the eligible insured’s. When, because of Injury, you suffer any of the following losses within 90 days from the date of the Accident, we will pay as follows:

• For Loss Of: Principle Sum
  o Life $5,000
  o Two Hands $25,000
  o Two Feet $25,000
  o Sight of two eyes $25,000
  o One hand and one foot $10,000
  o One hand and sight of one eye $25,000
  o One foot and sight of one eye $25,000
  o One hand or one foot or one eye $10,000
  o Movement of Both Upper and Lower Limbs (Quadriplegia) $50,000
  o Movement of both lower limbs (Paraplegia) $25,000
  o Movement of both upper and lower limbs of one side of the body (Hemiplegia) $25,000

Loss of hands and feet means the loss at or above the wrist or ankle joints. Loss of eyes means total irrecoverable loss of the entire sight. Only one of the amounts named above will be paid for Injuries resulting from any one Accident. The amount so paid shall be the largest amount that applies. This benefit will pay the appropriate portion of the Principal Sum if you sustain a loss of the type listed 90 days after suffering a bodily Injury due to a covered Accident. Such Injury must occur while you are: 1) practicing for; 2) engaging in; or 3) traveling to or from an official activity of the Policyholder as a participant of an officially recognized organization or department. This provision does not cover the loss if it in any way results from or is caused or contributed:

1. By physical or mental illness, medical or surgical treatment except that results directly from a surgical operation made necessary solely by an Injury covered by this Plan;
2. By an infection, unless it is caused solely and independently by a covered Accident;
3. Participation in a felony. Participation means to take part or to have share in something.
4. For loss caused by your voluntary use of a controlled substance as defined in Title II of the Comprehensive Drug Abuse Prevention and Control Act of 1970, as now or hereafter amended, unless prescribed by a doctor.

MEDICAL EVACUATION AND REPATRIATION (MER) BENEFITS

The following benefits are underwritten by Virginia Surety Company (VSC), with medical and travel assistance services provided by On Call. These benefits are designed to assist Covered Persons when traveling more than 100 miles from home, anywhere in the world.

• Unlimited Emergency Medical Evacuation
• Unlimited Medically Supervised Repatriation (while traveling or on campus)

NOTE: For most school Plans, ADD benefits are provided by Aetna Life Insurance Company (ALIC). However, in some states, ADD benefits may be provided through a contractual relationship between Chickering Claims Administrators, Inc. (CCA) and On Call International (On Call). ADD coverage provided through On Call is underwritten by United States Fire Insurance Company (USFIC). Please refer to your school’s Policy to determine whether ALIC or USFIC underwrites ADD benefits for your specific Plan. Should you have questions or need to file a claim please contact Aetna Student Health at (877) 375-4344.
Chickering Claims Administrators, Inc. (CCA) has contracted with On Call International, Inc. (On Call) to provide Covered Persons with access to certain Medical Evacuation and Repatriation (MER) and Worldwide Emergency Travel Assistance (WETA) benefits and/or services.

**MEDICAL EVACUATION AND REPATRIATION (MER) BENEFITS**

The following benefits are underwritten by Virginia Surety Company (VSC), with medical and travel assistance services provided by On Call. These benefits are designed to assist Covered Persons when traveling more than 100 miles from home, anywhere in the world.

- Unlimited Emergency Medical Evacuation
- Unlimited Medically Supervised Repatriation (while traveling or on campus)
- Unlimited Return of Mortal Remains (while traveling or on campus)
- Return of Traveling Companion

**WORLDWIDE EMERGENCY TRAVEL ASSISTANCE (WETA) SERVICES**

On Call provides the following travel assistance services:

- 24/7 Emergency Travel Arrangements
- Translation Assistance
- Emergency Travel Funds Assistance
- Lost Luggage and Travel Documents Assistance
- Assistance with Replacement of Credit Card/Travelers Checks
- Medical/Dental/Pharmacy Referral Service
- Hospital Deposit Arrangements
- Dispatch of Physician
- Emergency Medical Record Assistance

**NOTE:** In order to obtain coverage, all MER and WETA services must be provided and arranged through On Call. Reimbursement will NOT be provided for any such services not provided and arranged through On Call. Although certain medical services may be covered under the terms of the Covered Person’s Student Health Insurance Plan (the “Plan”), On Call does not provide coverage for medical treatment rendered by doctors, hospitals, pharmacies or other health care providers. Coverage for such services will be provided in accordance with the terms of the Plan and exclusions and limitations may apply.

To obtain MER and WETA benefits/services, or for any questions related to those benefits/services, please call On Call International at the following numbers listed on the On Call ID card provided to Covered Persons when they enroll in the Plan: Toll Free 1-(866) 525-1956 or collect 1-(603) 328-1956. All Covered Persons should carry their On Call ID cards when traveling.

CCA and On Call are independent contractors and not employees or agents of the other. CCA provides access to certain ADD, MER and WETA benefits/services through a contractual arrangement with On Call. However, neither CCA nor any of its affiliates underwrites or administers any MER or WETA benefits/services. Neither CCA nor any of its affiliates underwrites or administers any ADD benefits that are provided through On Call. Neither CCA nor any of its affiliates is responsible in any way for the benefits/services provided by or through On Call, USFIC or VSC. Premiums/fees for benefits/services provided through On Call, USFIC and VSC are included in the Rates outlined in this Brochure.
AETNA'S NAVIGATOR®

GOT QUESTIONS? GET ANSWERS WITH AETNA'S NAVIGATOR®

As an Aetna Student Health insurance member, you have access to Aetna Navigator®, your secure member website, packed with personalized claims and health information. You can take full advantage of our interactive website to complete a variety of self-service transactions online. By logging into Aetna Navigator, you can:

- Review who is covered under your Plan.
- Request member ID cards.
- View Claim Explanation of Benefits (EOB) statements.
- Estimate the cost of common health care services and procedures to better plan your expenses.
- Research the price of a drug and learn if there are alternatives.
- Find health care professionals and facilities that participate in your Plan.
- Send an e-mail to Aetna Student Health Customer Service at your convenience.
- View the latest health information and news, and more!

HOW DO I REGISTER?

- Go to www.aetnastudenthealth.com.
- Click on “Find Your School.”
- Enter your school name and then click on “Search.”
- Click on Aetna Navigator and then the “Access Navigator” link.
- Follow the instructions for First Time User by clicking on the “Register Now” link.
- Select a user name, password and security phrase.

Your registration is now complete, and you can begin accessing your personalized information!

NEED HELP WITH REGISTERING ON AETNA NAVIGATOR?

Registration assistance is available toll free, Monday through Friday, from 7 a.m. to 9 p.m. Eastern Time at (800) 225-3375.

NOTICE

Aetna considers nonpublic personal member information confidential and has policies and procedures in place to protect the information against unlawful use and disclosure. When necessary for your care or treatment, the operation of your health Plan, or other related activities, we use personal information internally, share it with our affiliates, and disclose it to health care providers (doctors, dentists, pharmacies, hospitals, and other caregivers), vendors, consultants, government authorities, and their respective agents. These parties are required to keep personal information confidential as provided by applicable law. Participating Network/Preferred Providers are also required to give you access to your medical records within a reasonable amount of time after you make a request. By enrolling in the Plan, you permit us to use and disclose this information as described above on behalf of yourself and your dependents. To obtain a copy of our Notice of Privacy Practices describing in greater detail our practices concerning use and disclosure of personal information, please call the toll-free Customer Services number on your ID card or visit www.aetnastudenthealth.com.

Administered by:
Aetna
PO Box 981106
El Paso, TX 79998 (877) 375-4344
www.aetnastudenthealth.com

Underwritten by:
Aetna Life Insurance Company (ALIC)
151 Farmington Avenue
Hartford, CT 06156
(860) 273-0123
ADDITIONAL INFORMATION

This Plan is underwritten by Aetna Life Insurance Company, which was incorporated in Connecticut on June 14, 1853. Aetna Life Insurance Company is wholly owned by Aetna Inc.

Utilization Review Data

The following utilization review data includes utilization review performed by all companies which may be subcontracted, including carve-out services under contract with the Managed Care Organization care enrollees:

A. Total number of utilization review requests (medical and behavioral health): 150

B. Total number of adverse determinations (denials) (medical and behavioral health) * based on A: 4

C. The total number of adverse determinations in B above regarding an admission, service, procedure, or an extension of stay that were appealed. (if multiple levels of appeals, count only once) 1

D. Total number of adverse decisions in B above regarding an admission, service, procedure, or extension of stay that were reversed on appeal: 1

* Negotiated or partial certifications are included in this figure.

Health Care Providers

Total number of participating primary care physicians located in:

Fairfield County 643
Hartford County 692
Litchfield County 91
Middlesex County 107
New Haven County 651
New London County 143
Tolland County 65
Windham County 77

Total number of participating specialists located in:

Fairfield County 1503
Hartford County 1730
Litchfield County 188
Middlesex County 172
New Haven County 2112
New London County 324
Tolland County 70
Windham County 102

Total number of participating acute care hospitals located in:

Fairfield County 6
Hartford County 10
Litchfield County 3
Middlesex County 1
New Haven County 9
New London County 2
Tolland County 2
Windham County 2
Total number of participating pharmacies in:
Fairfield County  139
Hartford County  175
Litchfield County  39
Middlesex County  31
New Haven County  169
New London County  46
Tolland County  23
Windham County  24

Medical Loss Ratio:  82.8%

The medical loss ratio is defined as the ratio of incurred claims to earned premium for the prior calendar year for managed care plans issued in Connecticut. Claims shall be limited to medical expenses for services and supplies provided to enrollees and shall not include expenses for stop loss, reinsurance, enrollee educational programs, or other cost containment programs or features.