



CONTINUING EDUCATIONAL UNITS

CCSU is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for **6.0 hours** of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: P517

According to the education levels described by the CEC Committee of the NATA this continuing education course is considered to be at the Essential Level.

DIRECTIONS

From the EAST • Take I-84 West to Exit 39A to Rt. 9 South. Take Exit 29 off of Rt. 9 to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 West to Exit 40, [Corbins Corner], take a left turn at end of exit ramp, and a right turn at the next traffic light onto Rt. 71 South. Follow Rt. 71 South 3 miles to the University.

From the WEST • Take I-84 East to Exit 39A, to Rt. 9 South. Take Exit 29 off of Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-84 East to Exit 35, Rt. 72 East (New Britain Exit). Follow Rt. 72 East to Rt. 9 North and take Exit 29 to Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University

From the SOUTH (New York area) • Take I-95 North to I-91 North to Exit 22 North to Rt. 9 North. Follow Rt. 9 to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the SOUTH (Rhode Island area) • Take I-95 South to Rt. 9 (Old Saybrook). Take Rt. 9 North to Exit 29, Cedar Street (Rt. 175). At the traffic light at the end of the ramp, take a left turn to the second traffic light, and take a right turn onto Paul Manafort Drive to the University.

From the NORTH • Take I-91 South to I-84 West to Exit 39A, to Rt. 9 South. Take Exit 29 off Rt. 9 South to Ella Grasso Boulevard and take a right turn to the University. Alternate Route: Take I-91 South to I-84 West to Exit 40 (Corbins Corner), take a left turn at the end of the exit ramp, and a right turn at the next traffic light onto Rt. 71 South, 3 miles to the University.

Please park in the
Student Center or Copernicus Parking Garage

CCSU Campus MAP
www.ccsu.edu/page.cfm?p=4191

Symposium location:
CCSU Student Center, Alumni Hall

For more information contact **Kathy Pirog** at
860-832-3062 or pirog@ccsu.edu

Central Connecticut State University ATHLETIC TRAINING PROGRAM

presents the **30**th ANNUAL SPORTS MEDICINE SYMPOSIUM



Tuesday MARCH 3, 2015

CCSU Student Center, Alumni Hall

1615 Stanley Street, New Britain, Connecticut

Sponsored by **MRI of New Britain**



Athletic Training Program
Central Connecticut State University
Kaiser Hall
New Britain, CT 06050

Tuesday MARCH 3, 2015
30th ANNUAL
SPORTS MEDICINE SYMPOSIUM

Non-Profit
Organization
U.S. Postage Paid
New Britain, CT
Permit No. 939

PRE-REGISTRATION FEE prior to 2/20/15
\$100.00 lunch included

LATE/ON-SITE REGISTRATION FEE after 2/21/15
\$115.00 lunch included

REGISTRATION OPTIONS

ON-LINE REGISTRATION: Credit Card or e-Check
<http://web.ccsu.edu/athletictraining>

MAIL IN-REGISTRATION: Check
Mail completed **Registration FORM** with **CHECK**
to:

Kathy Pirog, ATC
Head Athletic Trainer, Kaiser Hall
Central Connecticut State University
1615 Stanley Street, New Britain, CT 06500

CHECKS PAYABLE to
Central Connecticut State University

No Purchase Orders Accepted

REFUND POLICY • Registration refund only in the event
of program cancellation. Program postponement or cancellation
due to inclement weather will be posted at

www.ccsu.edu/cancellation
or by calling **860-832-3062**

All proceeds benefit the **CCSU Athletic Training Program**

CCSU Athletic Training Program

30th Annual SPORTS MEDICINE SYMPOSIUM

REGISTRATION FORM

Name _____

Street _____

City _____

State _____

Zip _____

E-Mail Address _____

Employer or School _____

Position _____

TOTAL Amount Enclosed \$ _____

PROGRAM

- 7:15 - 7:40 Registration ... Exhibitors will be open
7:40 - 7:50 WELCOME
7:50 - 8:20 **MONSTERS WITHIN: Scar Tissue and Adhesions**
Robert Waskowitz, MD
8:20 - 8:50 **MORE THAN MEETS THE EYES:**
Ocular Deficits Post Concussion
Mary Gina Ratchford, MD
8:50 - 9:20 **KEEP YOUR EYES ON THE HORIZON:**
Vestibular Deficits from Concussion
Subramani Seetharama, MD
9:20 - 9:35 Panel Discussion
9:35 - 9:50 BREAK & VISIT EXHIBITS
9:50 - 10:20 **INSIDE THE BLACK CLOUD:**
Does This New Turf Cause Cancer?
Jeffrey Brown, MD
10:20 - 10:50 **PUSHED OVER THE EDGE:**
Intensity Meets Rhabdomyolysis
Christopher Diamond, MD
10:50 - 11:20 **AVOIDING THE WITNESS STAND:**
How To Navigate Return To Play Dilemmas
Jeff Konin, PhD, PT, ATC
11:20 - 11:35 Panel Discussion
11:35 - 12:05 LUNCH & Exhibits
12:05 - 12:35 **MESSAGE IN A BOTTLE:**
Kidneys at Risk!
Michael Moustakakis, MD
12:35 - 1:05 **IT'S JUST NOT POPPING IBUPROFEN:**
The Reality of NSAIDs Use
Kirsten Gates, MD
1:05 - 1:35 **RIDING THE RED BULL:**
What's Causing My Symptoms?
Shannon Jackson, Psy.D
1:35 - 1:50 Panel Discussion
1:50 - 2:30 **"YOU'RE CLEARED":**
**Transitioning From Rehabilitation to Strength
Training with Modifications**
Lower Extremity Modification Lab
Michael Ericksen, MS, CSCS
Upper Extremity Modification Lab
Michael Piper, MS, CSCS, USAW-1

SPEAKERS

- Jeffrey BROWN, MD**
Director of Sports Medicine
Hartford Healthcare Medical Group
West Hartford, Connecticut
Team Physician, Central Connecticut State University
New Britain, Connecticut
- Christopher DIAMOND, MD**
Director, Student Wellness Services
Central Connecticut State University
New Britain, Connecticut
Clinical Instructor, Department of Family Medicine
University of Connecticut School of Medicine
- Jeff G. KONIN, PhD, PT, ATC, FACSM, FNATA**
Professor and Chair
Physical Therapy Department
University of Rhode Island
Kingston, Rhode Island
- Kristin GATES, MD**
Family Medicine Residency Program
Middlesex Hospital
Middletown, Connecticut
- Shannon JACKSON, Psy.D**
Associate Director, Student Wellness Services for Counseling
Central Connecticut State University
New Britain, Connecticut
- Michael N. MOUSTAKAKIS, MD FASN**
Chief, Section of Nephrology
St. Francis Hospital & Medical Center
Assistant Clinical Professor
University of Connecticut Health Center
- Mary Gina RATCHFORD, MD**
Board Certified Ophthalmic Surgeon
Ratchford Eye Center
Berlin, Connecticut
- Subramani SEETHARAMA, MD, MS, FAAPMR**
Chief, Division of PM&R, Hartford Hospital
Medical Director, Hartford Hospital Rehab & Sports Network
Director, Spinal Cord Injury Program
Assistant Professor, UCONN Medical Center
- Robert WASKOWITZ, MD**
Orthopaedic Surgeon
Orthopedic Associates of Hartford
Attending Physician, The Hospital of Central Connecticut
New Britain, Connecticut
Senior Team Physician, Central Connecticut State University
Orthopaedic Consultant, ESPN X- Games

LAB INSTRUCTORS

- Michael ERICKSEN, MS, CSCS**
Director of Sports Performance
Central Connecticut State University
New Britain, Connecticut
- Michael PIPER, MS, CSCS, USAW-1**
Associate Director of Sports Performance
Central Connecticut State University
New Britain, Connecticut