

Physical Education (Certifiable for PK-12 Teaching)

Academic Map

Physical Education & Human Performance

Effective Year: 2022-2023

Semester 1	Cr.	Min Gr.	Milestone
BIO 111 or BMS 102	3	C-	Note: An SAT score or CCSU Placement Test determines placement in Mathematics and English courses Target cumulative GPA \geq 2.70 Target Major GPA \geq 3.0
PE 111 Orientation to Physical Education	2	C-	
PE 144 Fitness/Wellness Ventures	2		
PSY 136 Life Span Development	3	C-	
PE 273 or DAN 272	2	C-	
General Education course	3		
Total: 15			

Semester 2	Cr.	Min Gr.	Milestone
CHEM 161 General Chemistry	3	C-	Target cumulative GPA \geq 2.70
EDF 215 Education in a Multicultural Society	3	C-	Target Major GPA \geq 3.0
EXS 207 Anatomy & Physiology in Exercise Science I	3	C-	
STAT 104 or STAT 215	3	C-	
PE 273 or DAN 272	2	C-	
General Education course	3		
Total: 17			

Semester 3	Cr.	Min Gr.	Milestone
EDTE 314 Applying Learning Theories in Diverse Settings: K-12 Program	3	C	Note: 15 hours of off-campus field experience required Target cumulative GPA \geq 2.70
PE 374 Methods of Teaching Health Fitness	3	C-	
HIST 161 or HIST 162	3	C-	
PE 274 Lifetime Activities 1	2	C-	
PE 299 Psycho-Social Aspects of Physical Education	3	C	
PHYS 111 Introductory Physics I	3	C-	
Total: 17			

Semester 4	Cr.	Min Gr.	Milestone
COMM 115 or COMM 140	3	C-	Note: 15 hours of off-campus field experience required
PE 276 Lifetime Activities 2	2	C-	Purchase a Taskstream account and submit application to the Professional Program by February 10
PE 279 Skills & Strategies for Invasion Games	2	C-	
PE 305 Assessment in Physical and Health Education	3	C-	Target cumulative GPA \geq 2.70 and
PE 320 Motor Development	3	C-	Target Major GPA \geq 3.0
EXS 208 Anatomy & Physiology in Exercise Science II	3	C-	
Total: 16			

You cannot proceed further until you have been accepted into the Professional Program for Teacher Certification

Semester 5		Cr.	Min Gr.	Milestone
*EXS 407 Exercise Physiology & Applied Biomechanics	3		C	*Admission to the Professional Program required before taking this course
*PE 405 Elementary Methods in Physical Education	3		C	
*PE 422 Motor Learning & Skill Acquisition	3		C	Attend New Teacher Candidate Orientation in first couple weeks of semester
DAN Dance elective	2		C-	
PE 280 Skills & Strategies for Net & Wall Games	2		C-	Maintain cumulative GPA \geq 2.70
General Education course (I)	3			Note: 15 hours of off-campus field experience required
Total:		16		

Semester 6		Cr.	Min Gr.	Milestone
*PE 406 Adapted Physical Education	3		C	Apply for Graduation
*PE 417 Secondary Methods in Physical Education & Health	3		C	Maintain cumulative GPA \geq 2.70
PE 281 Skills & Strategies for Individual Sports/Activities	2		C-	Note: 20 hours of off-campus field experience required
General Education course	3			Take Praxis II test in Physical Education and Health
General Education course (I)	3			
Total:		14		

Semester 7		Cr.	Min Gr.	Milestone
*EDT 315 Educational Technology in the Secondary Classroom	1		C	*Admission to the Professional Program required before taking this course
*PE 404 Methods of Teaching School Health Education	3		C	Maintain cumulative GPA \geq 2.70 Apply for Student
*PE 416 Program Development in Physical & Health Education	3		C	Teaching by September 15 deadline
General Education course	3			Note: 15 hours of off-campus field experience required
General Education course	3			
Total:		13		

Semester 8		Cr.	Min Gr.	Milestone
*EDSC 417 Student Teaching (Elementary PE)	6		C	*Admission to the Professional Program required before taking this course
*EDSC 419 Student Teaching (Secondary PE)	6		C	Maintain cumulative \geq 2.70
Total:		12		Note: No other courses may be scheduled during this semester
				Take Praxis II test in Physical Education and Health