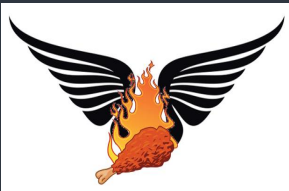


THEY EARNED THEIR WINGS

The following registered participants of the Brotherhood Initiative earned a 3.0 or better for the fall 2019 semester (p. 3)

Mr. Anas Alomari
Miss. Edith Anger
Miss. Tara Brooks
Mr. Cameron Clark
Mr. Eric Desmarais
Dr. Byron Dickens
Mr. Mahmoud Elassy
Mr. Joseph Gohar
Miss. Sarah Goodell
Mr. David Johnson Jr.
Mr. Justin Merville
Mr. Duku Nyarko
Mr. Andrew Olihan
Miss. Amber Paluck
Mr. Rachney Sainval
Mr. Mike Sanon
Mr. Jonathan Smith
Mr. Cade Snow
Mr. Dequan Williams
Miss. Shwar Zaidi



IT'S NOT FUNNY AFTER ALL

by William Fothergill

Over the course of the COVID-19 pandemic, I had the opportunity to catch up on my television viewing. I am not sure if this was a good or bad thing, but it provided me with the opportunity to do what social scientist loves to do – observe. It only took a few days to remind myself about the biases that exist in the media. I grew up in an era where television had very unhealthy and stereotypic images.

There was a significant contrast between how men and women were portrayed in the media. Sitcoms on television was flooded with images of women who appeared as buffoons, stupid, silly, submissive, and/or dependent. Male characters appeared as leaders, courageous, decisive, providers, and protectors. Whether intentional or unintentional, the hidden messages on television were powerful and provided girls and women with very few images that demonstrated their capacity to be courageous, adventurous, independent, intelligent, and capable. Images like my mother and sisters who were strong examples and models of healthy womanhood.

Sadly, calling women stupid, exploiting their inadequacies, using broad stereotypes,

and/or disparaging them for their gender was accepted and seen as humorous. We all laughed, and probably never really thought about the power of the hidden message. We laughed when Edith Bunker (Jean Stapleton) was called a “dingbat” by her tv husband Archie on the sitcom *All in the Family*. We all laughed at Chrissy (Suzanne Somers), on the show *Three is Company*, when she was depicted as the embodiment of a “dumb blond”. Even the iconic Lucille Ball played to the stereotypes about women and was belittled by her real and television husband Desi Arnaz.

The humor I once found watching these television programs was replaced with “ouch” moments. The overt messages appear as innocent humor, while the covert messages (e.g., microaggressions, biases, etc.) exist as oppressive acts that stifle personal growth and opportunities. Subjecting girls and women to unhealthy images of womanhood and using derogatory generalization can negatively impact how society sees women and how women see themselves.

Today we acknowledge the significant impact these negative messages have on the esteem, confidence, and the life pursuits of young women. To address the impact of these unhealthy messages, several national
(Continued on page 11)

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- You Earned Your Wings P.3
- Making the Grade Went Viral P.4
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College Men & Dorm Life

By Justin Merville

For those that live on campus, dorm life holds a significant value in life-long development. You are influenced by various opportunities such as the activities on campus and the new faces you acquaint yourself with. As a man myself, I understand why it is necessary to find independence in living on campus. Unfortunately, most men struggle achieving this asset in life. Providentially, this is one of the things the Brotherhood Initiative specializes in. In order to target these men, whether freshmen, sophomores, juniors or seniors, I went directly to them by approaching them in their dorms.

My first outreach experience to men took place in Beecher Hall. I was given the opportunity to speak with 25 students at a Hall Council meeting on February 18th. During the meeting, students discussed current events on campus, residence hall issues, and campus

Resources that could serve beneficial to student success. I spoke briefly about the Brotherhood Initiative's "Making the Grade" Study Sessions held every Friday at the Africana Center. I spoke about health and wellness tips we provide and informed them about the "Real Talk" conversations. His was my first experience networking with other students and collecting them to upcoming Brotherhood Initiative events. I was impacted most by the women in the Hall Council meeting who were interested in our services.

When I pointed out how women fought for the Women's Center, the women in the room appeared to understand the need for a Men's Center.



In my opinion, we have yet to gain our own center because male students lack the eagerness to fight. The participants realized that the Brotherhood Initiative is not just a club singling out gender, but it is movement that has an influence on all students. What is most relatable about the Brotherhood Initiative is the stories of each of its members.

Our individual stories about our struggles, successes, and our ability to overcome allows us the opportunity to share a message that we are here for our brothers' and sisters' academic success. Whether mentally or physically, the Brotherhood Initiative is here for students to lean on and directed them towards a healthy and rewarding life.

8 TIPS FOR RESIDING IN THE DORMS

1. Have an open mind
2. Stay flexible
3. Get to know your fellow residents
4. Celebrate dorm diversity
5. Seek to understand
6. Take healthy risks
7. Lead by example
8. Get involved

Word of the month

C
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YOU EARNED YOUR WINGS!



Attendees: Lt. Amber Paluck, Rachney Sainval, Edith Anger, Joseph Gohar, Mike Sanon, Tara Brooks, (Back row) Mahmoud Elassy, Anas Alomari, Jonathan Smith, and Mr. Andrew Fal (Brotherhood Initiative Advisor).

The BROTHERHOOD Initiative hosted our first Earn Your Wings Honor Roll Reception. The program was created as a vehicle to promote male student academic achievement. During the reception, the Brotherhood Initiative recognized eighteen CCSU students who earned a 3.0 GPA or better for the fall 2019 semester. Two students were recognized for honorable mentions for having GPA's above 2.8. Each of the male and female honorees are registered participants of our campus's Men's Initiative. "The reception serves as our way to encourage and promote the academic success of CCSU male and female students who have signed on to our initiative", said Mr. William Fothergill, Coordinator of the Brotherhood Initiative. Attendees were treated to a buffalo wing reception and were given a *gold wing keychain* as a symbol of their success. It is our hope to improve the overall graduation rate of college men every time a brother earns his wings!

For Every 3.0 or Better A College Man Earns His Wings



HAITIAN STUDENTS HELP EXPAND SERVICES TO COLLEGE MEN

Furthering the effort to expand academic and retention resources for CCSU male students, the leadership of the HEALTHYfellows / Brotherhood Initiative decided to increase its paid student support staff. Typically operating as an all-volunteer student led initiative, the Brotherhood Initiative decided to hire six Student Success Advocates (i.e., student workers) to serve as retention outreach specialist. The Student Success Advocate position is not a new position but has continued to exist as a vital role performed by members of the initiative since 2010.

Student Success Advocates serve as a campus wide retention agent who connects male students to on and off-campus resources, help them accomplish personal goals, and support their retention and graduating from college

The newly hired Student Success Advocates brought a Haitian flare to their outreach activities. Ironically, five of the six hires are individuals of Haitian descent. In Haitian Creole...

"Mwen vrema fyè de ou paske ou fè tout bagay ak siksès!"
"I am very proud of you because you do everything with success."

MAKING THE GRADE WENT VIRAL

MAKING THE GRADE

FRIDAY STUDY SESSIONS & SUCCESS SEMINARS

WHY STUDY ALONE WHEN YOU CAN STUDY WITH THE CCSU BROTHERHOOD & SISTERHOOD?

THE STUDY SESSIONS WILL MEET EVERY FRIDAY AND WILL PROVIDE YOU WITH THE OPPORTUNITY TO STUDY WITH OTHER STUDENTS WHO ARE SEEKING ADDITIONAL ACCOUNTABILITY FOR THEIR STUDY TIME. WE WANT TO HELP YOU GET YOUR WORK DONE, LEARN FROM YOUR PEERS, AND SUCCEED BY MAKING THE GRADE.

- GAIN ADVICE AND TIPS FROM OTHER STUDENTS
- GET HELP AND PROVIDE HELP TO OTHERS
- RECEIVE ASSISTANCE WITH YOUR CLASS PROJECTS AND PRESENTATIONS
- PREPARE FOR EXAMS, TESTS, AND QUIZZES
 - REFERRALS AND CONNECTIONS TO CAMPUS RESOURCES AND SERVICES
- LEARN TO STUDY SMARTER NOT HARDER

WHEN? EVERY FRIDAY 10-1

WHERE? THE AFRICANA CENTER

REFRESHMENTS PROVIDED!

HEALTHYfellowS • BROTHERHOOD • Promoting The Unity Of Brotherhood • CCSU

@CCSU_MENS_INITIATIVE

MAKING THE GRADE WENT VIRTUAL! Are you falling behind in your classes? Are you having difficulty remaining motivated? Do you dislike studying alone? Do you need someone to hold you accountable for getting your work done in a timely manner? For the remainder of the semester, the Brotherhood Initiative hosted a series of Making the Grade Group Study Sessions on Zoom. We focused on helping students make the grade. After the campus shut down due to the COVID-19 pandemic, we recognize that many of our peers were struggling with motivation and reported having difficulty completing online assignments. We set out to provide additional academic and accountability supports. The online Zoom group Student Study Sessions held students accountable for getting their work done (e.g., organization, planning, advice, managing their time, and/or encouragement). At the end of each study session, Student Success Advocate were available to review completed work and provide students with feedback. The study sessions were free and available to all CCSU students.

“I feel like it is very important for men to know they have helpers and supporters in life that will keep them grounded and not lose track”, said Mike Sanon, Student Success Advocate.

SUCCESS SEMINARS

STUDENTS HELPING STUDENTS

The success of CCSU college men is our number one priority. We believe that the most effective support programs are not created for but are created by and with students. We intentionally solicit feedback from students in order to find out what they need and how we can partner with them to get their needs met. The Success Seminars existed as a series of presentations coordinated by and for students. Each seminar focused on issues male students found important to their success. The Seminars began in the late fall and continued throughout the spring semester. We look forward to resuming the seminars in the fall semester.

If you are interested in more information, suggest a seminar topic, and/or if you would like to present at a future seminar, please contact William Fothergill at fothergillW@ccsu.edu.



Sisters joining forces with brothers in order to create a more just and equitable world for all.

The Sisters of the Brotherhood (SOB) exists as an initiative established to bring college women and men together to address important societal issues. SOB was founded by CCSU female students who committed themselves to making a difference in the lives of college men. SOB is led by our sister allies who are willing to partner with us to improve gender equity for both women and men.

THE BLUE DEVIL IN ORANGE TIGER COUNTRY

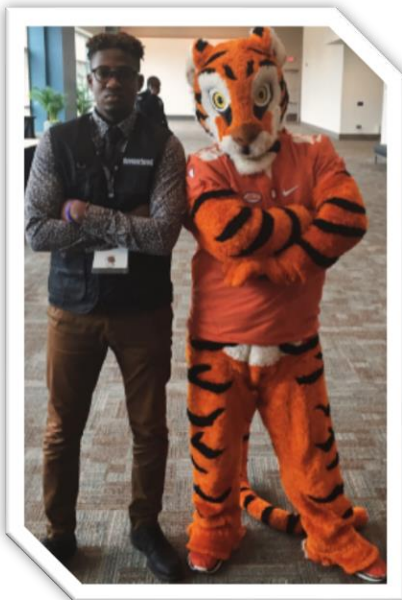
By Rachney Sainval

CLEMSON® UNIVERSITY



I attended the 2020 Clemson University's Men of Color National Summit with the Brotherhood Initiative. The two-day conference, held on March 3rd through March 4th, was held at the Greenville Convention Center in Greenville, South Carolina. The summit began on Tuesday and within an hour of being there, we got to see Magic Johnson live. He gave a powerful speech on the importance of college and how he transitioned from being just an NBA player into a businessman. At the end of Tuesday's program, we also got the chance to listen to Akbar Gbaja-Biamila (the host for American Ninja Warrior) who gave a speech on finding who you are and having backup plans when things go south. Wednesday was the second day of the summit. The second day wasn't as exciting as the first, but it was still very effective. Throughout the day we attended three concurrent sessions.

The sessions I attended were on mental health and suicide prevention, making the transition from undergrad to graduate school, and how to enhance scholarship applications. After that, we wrapped up the day by visiting downtown Greenville and finally packing to return home. Overall it was a great experience. I learned a lot of things and I also obtained skills while participating in those sessions, as well as networking and meeting new people. I would definitely consider attending the summit again.



Justin Merville (CCSU) and Alberto Gonzalez, Former United States Attorney General

REAL TALK IN THE PUBLIC SQUARE



Real Talk!

Welcome CCSU students! Come join us for weekly conversations that promotes understanding, common ground, and opportunities to discuss situations. Meet us on the 4th floor of Willard-DiLoreto!



Differences Between Men & Women and the Way They Spend and Invest their Money

By Edith Anger

Real Talk in the Public Square is a weekly forum that brings together college men & women for candid, constructive, and meaningful conversations about gender, equity, privilege and relationship issues.

The Real Talk conversation focused on the differences between how men and women manage money. “When it comes to shopping, the man goes straight into one store and comes out with a single pair of pants, while the woman wanders all over the mall and comes out with hundreds of dollars’ worth of goodies”. This states that men would rather get one thing they need from the stores, while women want to purchase many things, including items they do not need. Women tend to view shopping as an activity, while men focus strictly on the goal. In addition, some experts suggest that women have more trouble saving enough for retirement and that they’re more cautious about investing. Men show more interest in investing. The 2015 BlackRock survey found that men as a group are more interested in investing than women, and they enjoy managing their money more. Younger women still lag far behind their male counterparts. Only 36% of Millennial women say they enjoy managing their investments, compared to 70% of Millennial men”.

Question: Do you think that women spend more money compared to males? Article Website: <https://www.moneycrashers.com/men-women-money-sexes-differ-finances/>

The Connecticut Women's Consortium



Dear Black Male

Trainers: Marcus Stallworth, LMSW & Qur-an Webb, MSW
Virtual Training - 3 CECs - Cultural Competency

This workshop will focus on the depiction of black males in today’s world. The issues Black males go through and face. The cultural mistrust which influences perceptions and the quality of their relationships. Recognizing Black males varies in their individual needs and identifying supports that might be most effective. Consider how efforts to adequately provide for Black males can be linked to the fight for larger social justice goals for themselves and their communities.

<https://womensconsortium.configio.com/pd/296/virtual-training-dear-black-male>

5th ANNUAL DAD'S MATTER TOO CONFERENCE

Helping local fathers stay in their children's lives



Lt. Governor
Susan Bysiewicz

The 5th Annual “Dads Matter Too Conference, Achieving a Positive Family Legacy: A Statewide Summit on Fatherhood, was held at Central Connecticut State University on August 8-9, 2019. The conference was organized and cosponsored by the Department of Children and Families (DCF) Region 5 Fatherhood Engagement Leadership Team (FELT), Department of Social Services, and the Brotherhood Initiative at Central Connecticut State University. This year, the conference was held over two days and included several prominent panelist and guest speakers including remarks by



Lieutenant Governor Susan Bysiewicz, Provost of Connecticut State Colleges and Universities Dr. Jane Gates, Commissioners Vanessa

Dorantes of the Department of Children and Families and Commissioner Deidre S. Gifford of the Department of Social Services, and Dr. Zelma Toro, President of Central Connecticut State University.

Nearly three hundred individuals attended the statewide conference. The primary goal of the Dads Matter Too Conference is to “increase the involvement of fathers in those families who come to the attention of Connecticut’s child welfare system”. Conference participants viewed the documentary, “120 Years”, a portrayal of Scott Lewis, a man falsely accused of a crime who spent over 20 years in prison. The film examined the impact his incarceration had on his relationship with his two sons. The documentary, “Tre-Maison-Dasan”, acclaimed film, was shown. The film examined children of incarcerated parents through the lives of three boys who grew up with fracture relationships with their incarcerated parents. The presentation ended with a panel discussion with two (e.g., Tre and Maison) of the three young men highlighted in the documentary. The conference concluded with a presentation by Dr. Maysa Akbar whose presentation “Urban Trauma: Father Hungry”, examined the childhood trauma from a cultural and diversity lens.



From left to right

James Murray, DHHS, ACF, Office of Child Support Enforcement

Tom Killmurray, DHHS, ACF Region I

Representative Patricia Wilson-Pheanious, CT General Assembly

The Honorable Michael Ferguson, Chief Family Support Magistrate, CT Judicial Branch



The Rope to Courage

BY SHWAR ZAIDI



"Don't look down," the instructor warned. I could not let go of the wall as I was on top of the rope that was 40 feet above the ground. Everything in my body told me to give up and come back down, but a voice inside of me said I could prove myself that I can do anything. All I had to do was cross the rope.

For the first part of the experience, we all went outside for the low elements. We were blindfolded and, in a line, shortest in the front to lead the group to the tallest in the behind. We were being tested on trust for one another to help guide us into the maze. We reached the maze, and everybody went alone inside the maze without speaking to one another. We only signaled or made sounds to help one another make it out the maze safely.

I wanted to give up and take their blindfolds off because it felt like I was in circles and couldn't find the end. But with time, I got out and learned this course was to strengthen our devotion that eventually we did make it at the end because of our other senses such as our hands, ears, and touch.

The next task, we had a ball, and we had to put it from one net to another while going through different obstacles. The ball was attached to a net, and we all had to hold onto it without letting the ball fall. First, we went through the hoops, then through a very low rope and finally step on the different color boards without touching the grass. The ball was to be placed onto the hole of a net at the finish line without stepping onto the grass.

We had to start over four times because none of us knew how to communicate with one another. Everybody was speaking all at once, and nobody could understand what was going on. We



Ricardo Pierre-Paul

we were confusing ourselves and getting nervous on stepping each other toes that we kept dropping the ball or stepping on the grass. But on our fourth time, we tried a different method to calm down and listen to one another. Slowly but surely, we made it across the finish line. We learned from one another and how to work together efficiently by each of us contributing.

For someone who has high anxiety and high self-doubt, the experience was a roller coaster for me, especially when we were doing the high elements such as trying to cross the rope and ziplining.



Shwar Zaidi



Byron Dickens

When we were the high elements activities, I was shaking just by looking at how high the line was going to be. Everybody had to take turns. As my turn came around, I was terrified. My fears and anxiety were rushing high inside me. I wanted to face my fears and prove myself I can take risks. But I did not feel like dying at that moment. However, I slowly climbed up the wall each stone helping me up. I was trying to keep my balance, but my constant shaking was hard to control. When I made it up, I held on tight to the wall. I felt terror as I looked down, my head my spinning and the people always cheering me on down were a blur. I suddenly froze and couldn't move.

My anxiety was telling me I could not do it, that I would fall and wouldn't make it. I froze letting my negative thoughts interfere. But then a tiny voice inside of me said that I could do it. I have the control, and I can make it across.



Zachary Banks, Ropes Instructor and Cade Snow

That voice was the reason why I unfroze. Sluggishly I held onto my archer attached to me and let go of the wall and begun to move across the rope. I made it across, and just before I lost balance, I let go and gently my gear helped me safely make it to the ground. Relieved, that regardless of the people telling me to believe in myself that the problem was I couldn't believe in myself until finally, my voice motivated me just to let go.



“We want to challenge unhealthy images of college men by showcasing men who exemplify acceptable standards of conduct and virtue.”

IN THE SPOTLIGHT

JeanClaudel St. Simon

Over the years, we have witnessed the growth and maturation of several young men. In this edition of the Brotherhood Newsletter, we spotlight Mr. JeanClaudel St. Simon or more commonly known as Jean. For several years, he served as an active and committed participant of the Brotherhood Initiative. Jean has gifted his time to the retention work of the initiative. He successfully achieved many milestones during his time as CCSU and was awarded the Ebenezer D. Bassett Student Achievement Award. In 2019, Jean portrayed Mr. Ebenezer D. Bassett at the Bassett Hall Naming Ceremony. In December, Jean graduated from CCSU with a bachelor's degree in finance. We will sincerely miss Jean, and we wish him success as he prepares for the next phase of his life.



Reenactors at the Ebenezer D. Bassett Hall Naming Ceremony (from left to right) Patrick Dwyer, (Frederick Douglass), Anas Alomari, (President Ulysses S. Grant), and Jean St. Simon, (Ebenezer D. Bassett).

C-HIM MET TO DISCUSS MEN'S RESOURCE & RETENTION CENTER PROPOSAL

The Council on the Health Issues of Men (C-HIM) held its fall semester meeting on November 18, 2019. Nine of the council's members attended the meeting and discussed the establishment of a coordinated campus and community approach to address the gender achievement gap negatively impacting the success of CCSU male students. The council members further discussed the Brotherhood Initiative's proposal for the creation of a Men's Resource Retention Center and reviewed President Zulma Toro's supportive response. The meeting concluded with the members agreeing to review the university's Strategic Plan before furthering the development of the proposal.

C-HIM operates as a university wide advisory committee that partners with the Brotherhood Initiative to promote a men's health agenda on the Central Connecticut State University campus. The Council is composed of students, faculty, administrators, and community members who are committed to improving the health, retention, and graduation of male student. The Council was established to enhance the institution's response to issues impacting CCSU male student populations.

(Continued from page 1)

campaigns were launched to celebrate healthier and more empowered views of girlhood and womanhood. Just to name a few, the *Princess Project*, *Dove Campaign for Real Beauty*, *#LikeAGirl*, *Dove's Speak Is Beautiful*, the *Western Union's #TheRacelsOn*, and *Nike's Dream Crazier Campaign* all exist as examples of the various empowerment projects created to address disparities and to improve the narratives about women.

There is still more work to do, but television has come a long way in its ability to portray healthier images of women. There is consistent challenge to the themes and messages media presents about women. The public demands more from writers and producers and we are doing better at holding them accountable for the biases they present. The fight to address microaggressions, biases, stereotypes, and the unhealthy imagery of women remains a common goal of those committed to a more equitable society. We must all do our part to confront, challenge, and eliminate these barriers.

Do men deserve the same empathy? Over the past few months, I have observed a television culture that appears more tolerant of belittling and bashing men. Men are in fact the greater perpetrators. This puts to question how successful society has been indoctrinating men to accept false narratives about themselves. It appears acceptable to portray men as stupid, reckless, dumb, sex starved, violent, abusive, and irresponsible. I observed several sitcoms with these themes (e.g., *King of Queens*, *Two and a Half Men*, *The Bundies*, *Sons of Anarchy*, *Law & Order SVU*, *The Simpsons*, *American Dad*, *Family Guy*, and most shows on the Hallmark Channel).

I observed several shows that depicted men as childlike and where their television wives or girlfriends spoke down to them, scolded, punished, and disciplined them as if they were parenting a defiant child rather than their intimate partner. Somewhere the pendulum has swung in the opposite direction for men. Similar to the way women are treated on sitcoms, humor has covered up the injustice and has made microaggressions and stereotypes about men acceptable. What is missing from the equation is a lack of outrage against the assault on men and masculinities. Maybe some are afraid to acknowledge the double standard because they fear criticism from those who are unable to accept that injustice is injustice no matter one's gender. If it is

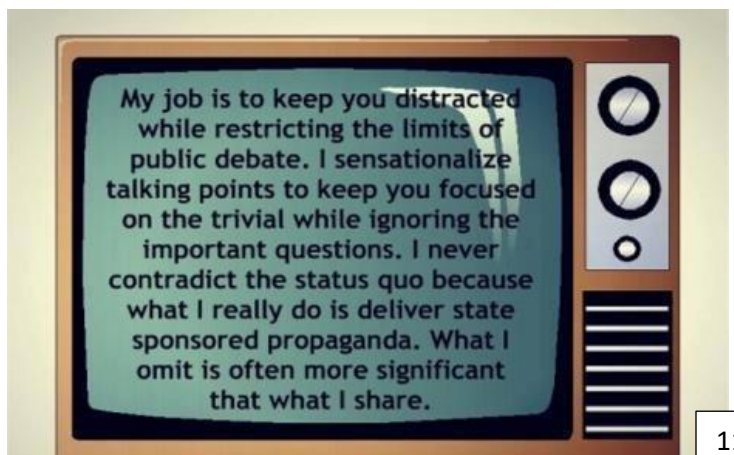
unacceptable and unwarranted to blanket our sisters with microaggressions and stereotypes than men deserve the same respect. Where is the outrage when Judge Judy (Judy Sheindlin) and others makes references about men being stupid, incapable of getting things done without women, embracing lowered expectations of men based on their gender, and/or making statements like, "That's the way men are" and comments about "mansplaining". I found several of the judge shows on television (e.g., Judge Judy, Judge Marilyn Milian, Peoples Court, Judge Glenda Hatchett, The Verdict With Judge Hatchett, and Judge Mablean Ephriam, Justice with Judge Mablean) inundated with microaggressions and toxic generalizations about men.

I also noticed double standards about violence. Justifiably so, we call out all aspects of violence against women, but we fail to speak out against the disproportionate levels of violence men perpetrate against other men. Television is flooded with themes of male violence. Is it invisible to most or have we become immune to these images in the media? The media normalizes male on male violence by calling it action films, thrillers, sci-fi, and/or horror flicks. We challenge sitcoms where female characters are frequently slapped, punched, or pushed their male costars. How long would these television shows last if violence against women was portrayed as frequently as it exists for men?

I did, try counting the number of violent act on television where men are blown up, shot, assaulted, strangled, and/or abused (e.g., made to feel pain, hurt, or suffer). Why do we condone male on male violence and trivialize its significance? Except for entertainment wrestling, how frequently do you see female to female physical violence on television?

(Continued on page 12)

THE SIGIFICANCE OF TELEVISION



(Continued from page 11)

To hit a man is justified, deserving, and warranted. We laugh when men are pushed, slapped, punched, or kicked. A hit to the groin has become a standard of humor in comedies as well as action films. We preach the message that it is not okay it hit women, but we fail to uplift the message that it is not okay it hit anyone. Where's the outrage. *Everyone Loves Raymond* is a highly acclaimed and award-winning sitcom. It's lead character Ray Barone (Ray Romano) is the example of the newly created imagery of manhood. The program plays to the stereotypes about men and once again masks the gender biases with humor.

In one episode, his brother Robert is physically assaulted by his girlfriend (Amy) after she found out about a past relationship he had with another women (Stefania). Robert was hit not only once but he was slapped twice across the face. What made the assault worst was Amy's stance. She stepped on the couch, to appear eye to eye with the much taller Robert, and then slapping him across the face. In the background you can hear the studio audience response to the assault. Initially the audience responded with uneasiness about Amy's conduct. By the second slap the audience found their confidence to respond to the assault with laughter. No outrage and no sympathy for the assault on Robert. Surrounded by the other members of his family, Robert appeared devastated and humiliated. None of the other characters spoke up for him or came to his aid. What is the definition of domestic violence on television when the victim is male?

See it for yourself on YouTube

<https://www.youtube.com/watch?v=hgu6GvfcF0Q>

Where are the media campaigns that focus on creating healthier identities for boys and men? Like their female counterparts, boys and men also face threats to their psychological development. Many of the messages we attribute as male positive are in fact unhealthy and lead to the high rates of suicide, violence, resistance to seeking help, and other disparities plaguing guy populations. I will address the branding of masculinities and male psychological development in a future article. We want healthier men, we demand healthier men, but we fail in our investments to develop healthier men. Why are we upset with society's "construction" of men and masculinities when we allow the media to provide us with the "blueprints"?

There is a need to address the sexism and misogyny targeting women on television and equally so we must challenge the gender biases, stereotypes, microaggressions, and misandry that is cleverly scripted about males. We must free men and women from the social constructs embedded in television and other form of media.

Boys are bombarded with unhealthy images of masculinity every day. We need healthy alternative that promote healthy male maturation and development. We need more campaigns like Dove's MEN+CARE that focus on healthy themes about masculinity. It is imperative that we hold media sources accountable. The unhealthy portrayal of men and women on television is not a gender issue but exist as issue of health equity. No, it's not funny when we assault our sisters with these unhealthy themes, images, and messages, and it's not funny when it happens to our brothers. Failure to act may result in more boys and men adopting the unhealthy images they see on tv.

Let me share a few scenes with you:

Unhealthy messaging

The King of Queens (Clowning)

<https://www.youtube.com/watch?v=Blmg8Evzmhw>

Top 10 Ray and Debra Fights in Everybody Loves Raymond

<https://www.youtube.com/watch?v=bl3tjdT0uBs>

Everybody Loves Raymond: Peggy Beats Up Ray

<https://www.youtube.com/watch?v=CMShM2V5cXo>

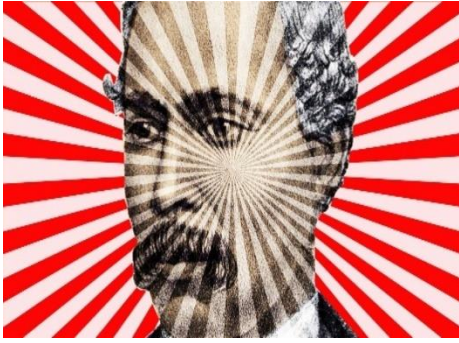
Everybody Loves Raymond: Bitch Slap

<https://www.youtube.com/watch?v=CMShM2V5cXo>

Everybody Loves Raymond: Meant to Be

<https://www.youtube.com/watch?v=hgu6GvfcF0Q>











BASSETT UPDATE



Due to the COVID-19 pandemic, the HEALTHYfellows Campaign will rescheduled the 10th Annual Ebenezer D. Bassett Student Achievement Award Ceremony. The campus closure may have interfered with the operations of the campus but will not deter the initiative from hosting its annual event. The rescheduled event will take place as a virtual ceremony in August. View the Bassett and Brotherhood websites for more details about the upcoming virtual ceremony.

WHO WILL JOIN THE LIST OF OUR DISTINGUISHED SCHOLARSHIP RECIPIENTS?

EBENEZER D. BASSETT SCHOLARSHIP HONOREES

Anthony J. Vinci	Daniel G. Herbert	Dominick Daniels	Josh Bouchard	Connor DeLaney
				
2016 \$500.00	2016 \$500.00	2017 \$500.00	2017 \$500.00	2018 \$500.00
Austin High	Brandon Palmer	Joseph Carangui	Freddy Rios	
				
2018 \$500.00	2018 \$500.00	2019 \$500.00	2019 \$500.00	2020 \$500.00

What does it mean when you see our golden heart?



The Golden Heart is the symbol of the HEALTHYfellows Campaign. It is the mission of the HEALTHYfellows Campaign to eliminate health disparities (e.g., wellness, education, health, service delivery, etc.) negatively impacting the lives of male students. Individuals or agencies displaying this symbol are members of our alliance and has agreed to serve as a personal resource for to male students. You are not alone when you have a men's resource zone. Support, Guidance, Information, Resources, and Advocacy.

ALONSO VELASQUEZ NAMED THE EBENEZER D. BASSETT STUDENT ACHIEVEMENT AWARD CHAIRPERSON

2019 graduate, Alonso Velasquez was appointed as the 2020 Chairperson of the Ebenezer D. Bassett Student Achievement Award Nomination Committee. Mr. Velasquez has agreed to serve with two other committee members (i.e. Eddie Rivera and Jean St. Simon). The three committee members are graduates of CCSU, Bassett Scholars, and members of the alumni chapter of the Brotherhood Initiative. Committee members will review, rate, and selecting this year's honorees. The work of the committee will take place remotely. Mr. Joseph R. Kierwiak IV has agreed to serve as the Chairperson of the Ebenezer. D. Bassett Scholarship Committee.



SPRING EVENTS

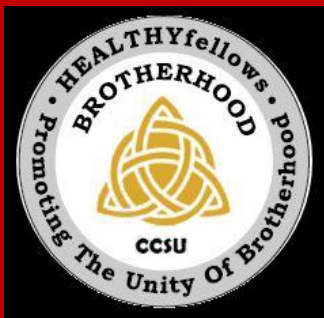
Man Enough Support Initiative
Men's Health & Wellness Forum
Friday, February 21, 2020

Don't Ignore Me:
Examining the Role of Fathers
in the Modern Family
Tuesday, February 26, 2019

Africana Center Conference
Thursday, March 5, 2020

Latina Leadership and Personal
Development Group
Documentary Viewing
The Operation
Wednesday, March 11, 2020

Ebenezer D. Bassett Student
Achievement Award Ceremony
Wednesday, April 15, 2020



BROTHERHOOD NEWSLETTER
HEALTHYfellows
Central Connecticut State University
Marcus White Hall, Room #207
860 - 832 - 1639
fothergillW@ccsu.edu



BASSETT HUMANITARIAN AWARD RECIPIENT BECOMES NEW RUTGERS UNIVERSITY PRESIDENT



In 2016, the CCSU Ebenezer D. Bassett Memorialization Committee established the Distinguished Humanitarian Award. Presented biannually, the award is bestowed upon individual who exemplify the legacy virtues of Mr. Bassett. The first recipients of the award included Dr. Jonathan Holloway, Howard K. Hill, U.S. Congressman John B. Larson, John Motley, Curtis D. Robinson, and Mary Sanders.

In 2016, Dr. Holloway was employed as a professor at Yale University and was later hired as the Provost at Northwestern University in Illinois. Dr. Holloway has continued to advance his career in higher education and was appointed as Rutgers University's 21st president. He will assume his responsibilities on July 1, 2020. Dr. Holloway continues to exemplify Mr. Bassett's legacy while representing the distinguished attributes embodied in the recipients of the Ebenezer D. Bassett Humanitarian Award. He is appreciated most for his commitment to education and the students he serves. Congratulation Dr. Jonathan Holloway for "Living the Legacy"!

<https://news.northwestern.edu/stories/2020/01/jonathan-holloway-rutgers/>



The BROTHERHOOD Newsletter contains a broad range of news articles that focus on improving the lives of male students. If you would like to contribute an article or news item, please contact us at manenoughccsu@gmail.com